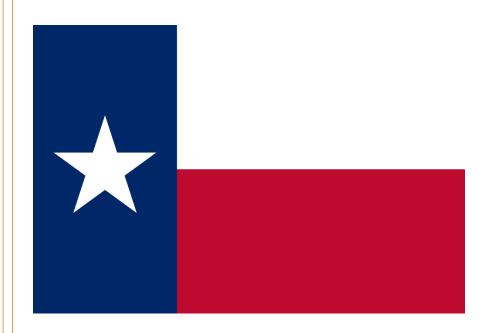
# **NCI Adult Consumer Survey Outcomes**

**Texas Report** 

2014-2015 Data





What is NCI?	8
What is the NCI Adult Consumer Survey?	8
What topics are covered by the survey?	8
How were people selected to participate?	10
Proxy Respondents	10
Limitations of Data	10
What is contained in this report?	11
Results: Demographics	12
GRAPH 1. AVERAGE AGE	13
GRAPH 2. GENDER	13
GRAPH 3. RACE	13
GRAPH 4. ETHNICITY	13
GRAPH 5. LEVEL OF ID	14
GRAPH 6. MOOD, ANXIETY, BEHAVIOR, PSYCHOTIC, AND OTHER MENTAL ILLNESS*	14
GRAPH 7. OTHER DISABILITIES*	14
GRAPH 8. TYPE OF RESIDENCE	15
GRAPH 9. TYPE OF RESIDENCE (CONTINUED)	15
GRAPH 10. PRIMARY MEANS OF EXPRESSION	15
GRAPH 11. PRIMARY LANGUAGE	15
GRAPH 12. OVERALL HEALTH	16
GRAPH 13. MOBILITY	16
GRAPH 14. SUPPORT NEEDED FOR SELF-INJUROUS BEHAVIOR	16
GRAPH 15. SUPPORT NEEDED FOR DISRUPTIVE BEHAVIOR	16
GRAPH 16. SUPPORT NEEDED FOR DESTRUCTIVE BEHAVIOR	
GRAPH 17. GUARDIANSHIP	17
GRAPH 18. WHO OWNS OR LEASES THE HOME IN WHICH THE PERSON LIVES	17
Choice	18

GRAPH 19. CHOSE HOME	19
GRAPH 20. CHOSE ROOMMATES	19
GRAPH 21. CHOSE PAID COMMUNITY JOB	20
GRAPH 22. CHOSE DAY PROGRAM OR REGULAR ACTIVITY	20
GRAPH 23. CHOSE STAFF	21
GRAPH 24. DECIDES DAILY SCHEDULE	21
GRAPH 25. DECIDES HOW TO SPEND FREE TIME	22
GRAPH 26. CHOOSES HOW TO SPEND MONEY	22
GRAPH 27. CHOSE CASE MANAGER/SERVICE COORDINATOR	
Community Inclusion	24
GRAPH 28. WENT OUT SHOPPING IN THE PAST MONTH	25
GRAPH 29. AVERAGE TIMES WENT OUT SHOPPING IN THE PAST MONTH	25
GRAPH 30. WENT OUT ON ERRANDS IN THE PAST MONTH	26
GRAPH 31. AVERAGE TIMES WENT OUT ON ERRANDS IN THE PAST MONTH	26
GRAPH 32. WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH	27
GRAPH 33. AVERAGE TIMES WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH	27
GRAPH 34. WENT OUT TO EAT IN THE PAST MONTH	28
GRAPH 35. AVERAGE TIMES WENT OUT TO EAT IN THE PAST MONTH	
GRAPH 36. WENT OUT TO A RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH	29
GRAPH 37. AVERAGE TIMES WENT OUT TO RELIGIOUS OR SPIRTUAL SERVICE IN THE PAST MONTH	29
GRAPH 38. WENT OUT FOR EXERCISE IN THE PAST MONTH	30
GRAPH 39. AVERAGE TIMES WENT OUT FOR EXERCISE IN THE PAST MONTH	
GRAPH 40. WENT ON VACATION IN THE PAST YEAR	31
GRAPH 41. AVERAGE TIMES WENT ON VACATION IN THE PAST YEAR	
Work	
GRAPH 42. HAS A PAID JOB IN THE COMMUNITY	33
GRAPH 43. TYPE OF PAID EMPLOYMENT IN THE COMMUNITY	33
GRAPH 44. AVERAGE BIWEEKLY HOURS BY TYPE OF EMPLOYMENT	34
GRAPH 45. AVERAGE BIWEEKLY GROSS WAGES BY TYPE OF EMPLOYMENT	34
GRAPH 46. AVERAGE BIWEEKLY HOURLY WAGE BY TYPE OF EMPLOYMENT	35
GRAPH 47. WORKED 10 OF THE LAST 12 MONTHS IN PAID COMMUNITY EMPLOYMENT	35

GRAPH 48. AVERAGE MONTHS OF EMPLOYMENT AT CURRENT PAID COMMUNITY JOB.		36
GRAPH 49. RECIEVES PAID VACATION AND/OR SICK TIME AT PAID COMMUNITY JOB		36
GRAPH 50. FOUR MOST COMMON FIELDS OF PAID COMMUNITY EMPLOYMENT		37
GRAPH 51. WANTS A PAID JOB IN THE COMMUNITY		37
GRAPH 52. HAS COMMUNITY EMPLOYMENT AS A GOAL IN SERVICE PLAN		38
GRAPH 53. ATTENDS A DAY PROGRAM OR REGULAR ACTIVITY		38
GRAPH 54. VOLUNTEERS		39
Self-Determination		.40
GRAPH 55. USES SELF-DIRECTED SUPPORTS		41
GRAPH 56. SOMEONE TALKS TO PERSON ABOUT THE BUDGET/SERVICES AVAILABLE		41
GRAPH 57. SOMEONE HELPS PERSON DECIDE HOW TO USE BUDGET/SERVICES		42
GRAPH 58. CAN MAKE CHANGES TO BUDGET/SERVICES IF NEEDED		42
GRAPH 59. WANTS MORE HELP DECIDING HOW TO USE BUDGET/SERVICES		43
GRAPH 60. RECEIVES INFORMATION ABOUT HOW MUCH MONEY IS LEFT IN BUDGET/S	SERVICES	43
GRAPH 61. INFORMATION ABOUT MONEY LEFT IN BUDGET/SERVICES IS EASY TO UND		
GRAPH 55. USES SELF-DIRECTED SUPPORTS		45
GRAPH 56. SOMEONE TALKS TO PERSON ABOUT THE BUDGET/SERVICES AVAILABLE		45
GRAPH 57. SOMEONE HELPS PERSON DECIDE HOW TO USE BUDGET/SERVICES		46
GRAPH 58. CAN MAKE CHANGES TO BUDGET/SERVICES IF NEEDED		46
GRAPH 59. WANTS MORE HELP DECIDING HOW TO USE BUDGET/SERVICES		47
GRAPH 60. RECEIVES INFORMATION ABOUT HOW MUCH MONEY IS LEFT IN BUDGET/S	SERVICES	47
GRAPH 61. INFORMATION ABOUT MONEY LEFT IN BUDGET/SERVICES IS EASY TO UND	ERSTAND	48
Relationships		. 48
GRAPH 62. HAS FRIENDS		49
GRAPH 63. HAS A BEST FRIEND		49
GRAPH 64. CAN SEE FRIENDS		50
GRAPH 65. CAN SEE FAMILY		50
GRAPH 66. FEELS LONELY		51
GRAPH 67. CAN GO ON A DATE		51
CDADH 68 CAN HEI DATHED DEADI E		52

Satisfaction	53
GRAPH 69. LIKES HOME	54
GRAPH 70. WANTS TO LIVE SOMEWHERE ELSE	54
GRAPH 71. TALKS WITH NEIGHBORS	55
GRAPH 72. LIKES PAID COMMUNITY JOB	55
GRAPH 73. WANTS TO WORK SOMEWHERE ELSE	56
GRAPH 74. LIKES DAY PROGRAM OR REGULAR ACTIVITY	56
GRAPH 75. WANTS TO GO SOMEWHERE ELSE OR DO SOMETHING ELSE DURING THE DAY	57
Service Coordination	58
GRAPH 76. MET CASE MANAGER/SERVICE COORDINATOR	59
GRAPH 77. CASE MANAGER/SERVICE COORDINATOR ASKS WHAT PERSON WANTS	59
GRAPH 78. CASE MANAGER/SERVICE COORDINATOR HELPS GET WHAT PERSON NEEDS	60
GRAPH 79. CASE MANAGER/SERVICE COORDINATOR CALLS PERSON BACK RIGHT AWAY	60
GRAPH 80. STAFF COME WHEN THEY ARE SUPPOSED TO	61
GRAPH 81. HAS HELP NEEDED TO FIX PROBLEMS WITH STAFF	61
GRAPH 82. PERSON HELPED MAKE SERVICE PLAN	62
Access	63
GRAPH 83. GETS NEEDED SERVICES	64
GRAPH 84. STAFF HAVE RIGHT TRAINING TO MEET PERSON'S NEEDS	64
GRAPH 85. ALWAYS HAS A WAY TO GET PLACES	65
GRAPH 86. ADDITIONAL SERVICES NEEDED (1 OF 3)	65
GRAPH 87. ADDITIONAL SERVICES NEEDED (2 OF 3)	66
GRAPH 88. ADDITIONAL SERVICES NEEDED (3 OF 3)	66
Health	67
GRAPH 89. HAS A PRIMARY CARE DOCTOR	68
GRAPH 90. IN POOR HEALTH	68
GRAPH 91. HAD AN ANNUAL PHYSICAL EXAM (IN THE PAST YEAR)	69
GRAPH 92. HAD A DENTAL EXAM (IN THE PAST YEAR)	69
GRAPH 93. HAD AN EYE EXAM OR VISION SCREENING (IN THE PAST YEAR)	70
GRAPH 94. HAD A HEARING TEST (IN THE PAST FIVE YEARS)	
Nation	al Core Indicators Adult Consumer Survey State Outcomes   v

GRAPH 95. HAD A PAP TEST (IN THE PAST THREE YEARS, WOMEN)	71
GRAPH 96. HAD A MAMMOGRAM (IN THE PAST TWO YEARS, WOMEN 40 AND OVER)	71
GRAPH 97. HAD A COLORECTAL CANCER SCREENING (IN THE PAST YEAR, AGE 50 AND OVER)	72
GRAPH 98. HAD A FLU VACCINE (IN THE PAST YEAR)	72
GRAPH 99. HAS EVER BEEN VACCINATED FOR PNEUMONIA	73
Medication	74
GRAPH 100. TAKES AT LEAST ONE MEDICATION FOR MOOD DISORDERS, ANXIETY, AND/OR PSYCHOTIC DISORDERS	75
GRAPH 101. HOW MANY MEDICATIONS TO TREAT FOR MOOD DISORDERS, ANXIETY AND/OR PSYCHOTIC DISORDERS DOES THIS PERSON TAKE?	75
GRAPH 102. TAKES AT LEAST ONE MEDICATION FOR BEHAVIOR CHALLENGES	76
GRAPH 103. HOW MANY MEDICATIONS TO TREAT FOR BEHAVIORAL CHALLENGES DOES THIS PERSON TAKE?	76
Wellness	77
GRAPH 104. ENGAGES IN REGULAR, MODERATE PHYSICAL ACTIVITY	78
GRAPH 105. BMI (BODY MASS INDEX)	78
GRAPH 106. CHEWS OR SMOKES TOBACCO	79
Respect and Rights	80
GRAPH 107. PEOPLE LET THIS PERSON KNOW BEOFRE ENTERING THEIR HOME	81
GRAPH 108. PEOPLE LET THIS PERSON KNOW BEFORE ENTERING THEIR BEDROOM	81
GRAPH 109. CAN BE ALONE AT HOME WITH VISITORS OR FRIENDS	82
GRAPH 110. HAS ENOUGH PRIVACY AT HOME	82
GRAPH 111. MAIL OR EMAIL IS NOT READ BY OTHERS WITHOUT PERMISSION	83
GRAPH 112. CAN USE PHONE AND INTERNET WITHOUT RESTRICTIONS	83
GRAPH 113. STAFF TREAT THEM WITH RESPECT	84
GRAPH 114. PARTICIPATED IN A SELF-ADVOCACY MEETING, CONFERENCE, OR EVENT	84
Safety	85
GRAPH 115. NEVER OR RARELY FEEL AFRAID OR SCARED AT HOME	86
GRAPH 116. NEVER OR RARELY FEEL AFRAID OR SCARED IN NEIGHBORHOOD	86
GRAPH 117. NEVER OR RARELY FEEL AFRAID OR SCARED AT WORK, DAY PROGRAM OR REGULAR ACTIVITY	87
GRAPH 118. SOMEONE TO GO TO FOR HELP IF AFRAID	87
Summary	88

### What is NCI?

The National Core Indicators© (NCI) program is a voluntary effort by state developmental disability agencies to gauge their own performance using a common and nationally validated set of measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) in collaboration with the Human Services Research Institute (HSRI). NCI has developed a set of more than 100 standard performance measures (or "indicators") that states use to assess the outcomes of services provided to individuals and their families. These indicators focus on areas such as: employment, rights, service planning, community inclusion, choice, health, and safety. During the 2014-15 data collection cycle, 41 states, the District of Columbia and 22 sub-state entities participated in NCI. Not all participating states complete each NCI survey every year.

## What is the NCI Adult Consumer Survey?

The NCI Adult Consumer Survey is an interview conducted with a person who is receiving services from the state; it is used to gather data on approximately 60 consumer outcomes, and it is regularly refined and tested to ensure that it is valid and reliable. Interviewers meet with individuals to ask questions about where they live and work, the kinds of choices they make, the activities they participate in within their communities, their relationships with friends and family, and their health and well-being.

## What topics are covered by the survey?

The National Core Indicators are organized by "domains" or topics. These domains are further broken down into sub-domains, each of which has a statement that indicates the concerns being measured. Each sub-domain includes one or more "indicators" of how the state performs in this area. The table on the following page lists the domains, sub-domains, and concern statements addressed by the NCI Adult Consumer Survey indicators.

TABLE 1. NCI ADULT CONSUMER SURVEY - DOMAINS, SUB-DOMAINS, CONCERN STATEMENTS

Domain	Sub-Domain	Concern Statement
Individual Outcomes	Work	People have support to find and maintain community integrated employment.
	Community Inclusion	People have support to participate in everyday community activities.
	Choice and Decision- Making	People make choices about their lives and are actively engaged in planning their services and supports.
	Self Determination	People have authority and are supported to direct and manage their own services.
	Relationships	People have friends and relationships.
	Satisfaction	People are satisfied with the services and supports they receive.
Health, Welfare, and Rights	Safety	People are safe from abuse, neglect, and injury.
	Health	People secure needed health services.
	Medications	Medications are managed effectively and appropriately.
	Wellness	People are supported to maintain healthy habits.
	Respect/Rights	People receive the same respect and protections as others in the community.
System Performance	Service Coordination	Service coordinators are accessible, responsive, and support the person's participation in service planning.
	Access	Publicly-funded services are readily available to individuals who need and qualify for them.

## How were people selected to participate?

Each state is instructed to attempt to complete a minimum of 400 surveys with a random sample of individuals age 18 or older who are receiving at least one publicly funded service besides case management. A sample size of 400 allows valid comparisons to be made across states with a 95% confidence level and a +/- 5% margin of error. Both the confidence level and margin of error used are widely accepted for reviewing results, regardless of population size. Most states draw a sample greater than 400 to account for refusals and inaccurate contact information. For more information on sampling, please see appendix A of the national report, accessible at <a href="http://www.nationalcoreindicators.org/resources/reports/">http://www.nationalcoreindicators.org/resources/reports/</a>

## **Proxy Respondents**

Proxy responses are allowed only for Section II (Community Inclusion, Choices, Respect/Rights, and Access to Needed Services), which is based on objective measures, and may provide supplemental information for the Background Information Section. Proxy respondents are used only when the individual cannot complete the survey or chooses to have a proxy respondent. Only people who know the individual well – such as family, friends, or staff – are acceptable respondents. To avoid conflict of interest, service coordinators are not allowed to provide proxy responses for individuals on their caseloads.

### **Limitations of Data**

The NCI Adult Consumer Survey tool is not intended to be used for monitoring individuals or providers; instead, it assesses system-wide performance. The NCI Average should not be interpreted as necessarily defining "acceptable" levels of performance or satisfaction. Instead, it describes average levels of performance or satisfaction across the states. It is up to public managers, policy-makers, and other stakeholders to decide what is an acceptable or unacceptable result (i.e., scale score or percentage of individuals achieving the indicated outcome).

## What is contained in this report?

This report compares the 2014-15 NCI Adult Consumer Survey demographic and individual outcome results from Texas to the NCI Average (the average of all state percentages). The data shown in this report are unweighted and unadjusted. To see comparable data for all states, refer to Appendix B of the Adult Consumer Survey National Report, accessible at

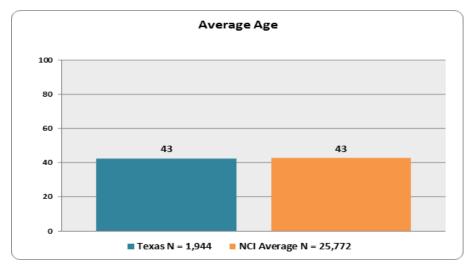
http://www.nationalcoreindicators.org/resources/reports/. Thirty-two (32) states, the District of Columbia, and one regional council submitted valid samples of Adult Consumer Survey data. All results are shown in chart form along with descriptive text to the right of each outcome chart. **Please note,** if a state had fewer than 20 respondents to a certain question, the state is excluded from the analysis for that particular question.

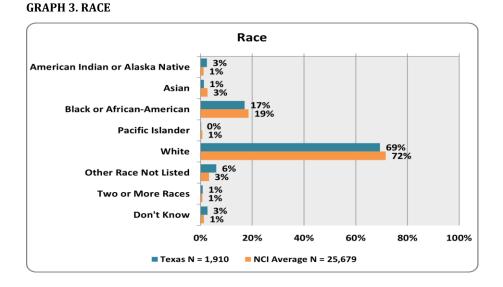
State and national data results for the NCI Adult Consumer Survey can also be found online at <a href="http://www.nationalcoreindicators.org">http://www.nationalcoreindicators.org</a>.

Results:	<b>Demograp</b>	hics
----------	-----------------	------

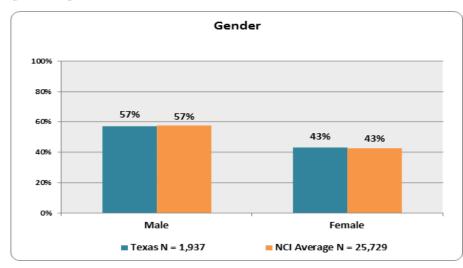
 ${\it Illustrates\ the\ demographic\ profile\ of\ survey\ participants}$ 

#### **GRAPH 1. AVERAGE AGE**

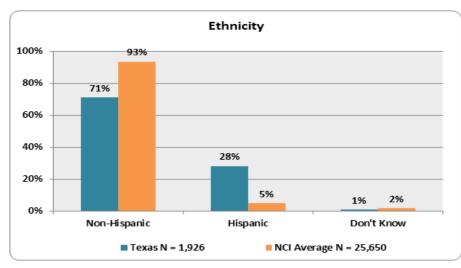




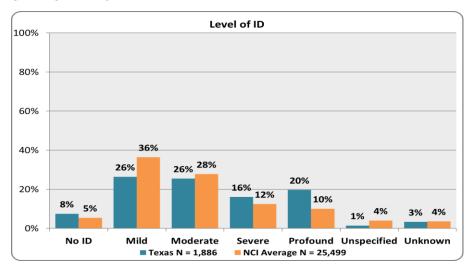
#### **GRAPH 2. GENDER**



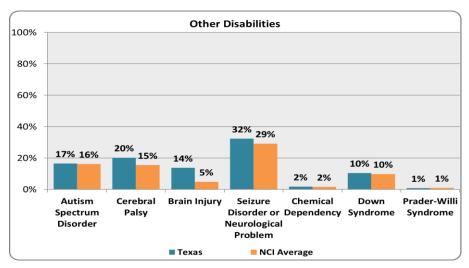
#### **GRAPH 4. ETHNICITY**



#### **GRAPH 5. LEVEL OF ID**

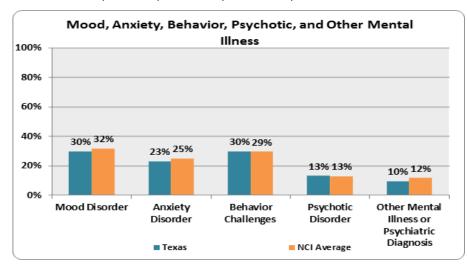


#### **GRAPH 7. OTHER DISABILITIES\***

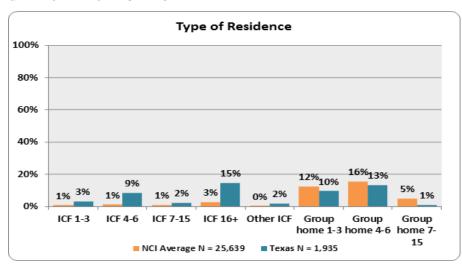


\*Categories are not mutually exclusive

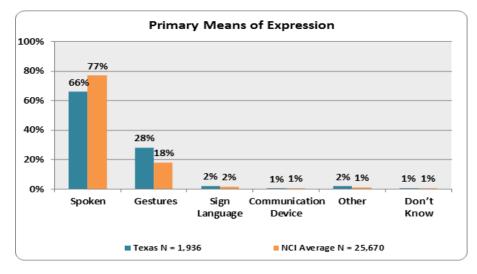
#### GRAPH 6. MOOD, ANXIETY, BEHAVIOR, PSYCHOTIC, AND OTHER MENTAL ILLNESS\*



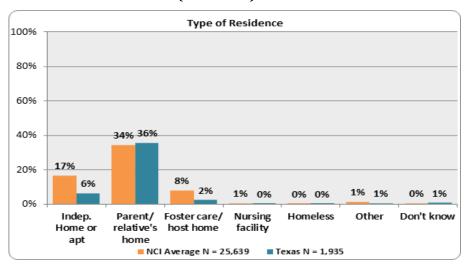
#### **GRAPH 8. TYPE OF RESIDENCE**



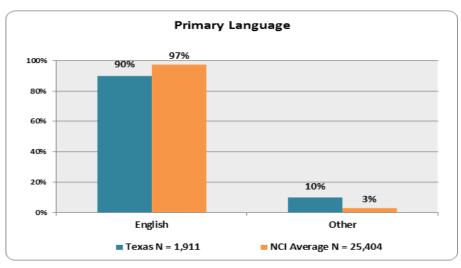
#### **GRAPH 10. PRIMARY MEANS OF EXPRESSION**



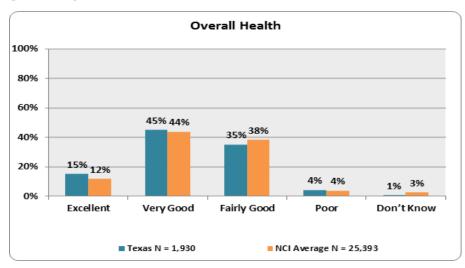
#### **GRAPH 9. TYPE OF RESIDENCE (CONTINUED)**



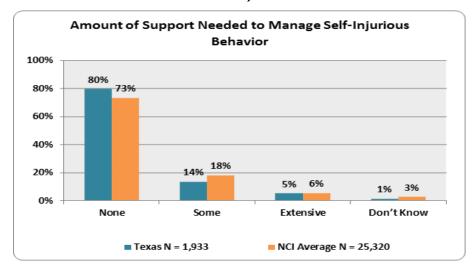
#### **GRAPH 11. PRIMARY LANGUAGE**



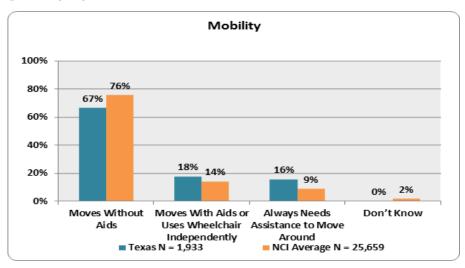
#### **GRAPH 12. OVERALL HEALTH**



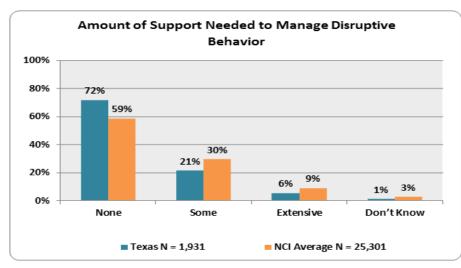
#### **GRAPH 14. SUPPORT NEEDED FOR SELF-INJUROUS BEHAVIOR**



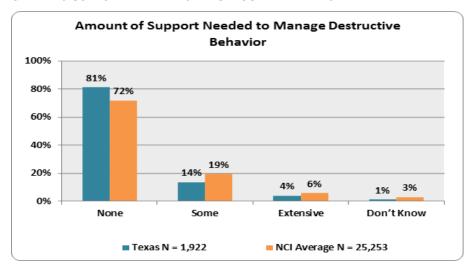
#### **GRAPH 13. MOBILITY**



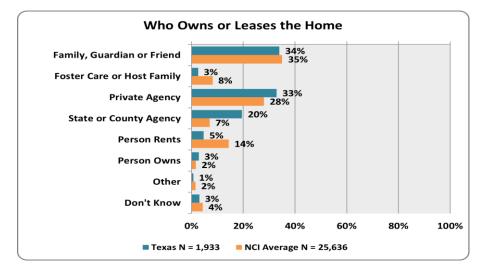
#### **GRAPH 15. SUPPORT NEEDED FOR DISRUPTIVE BEHAVIOR**



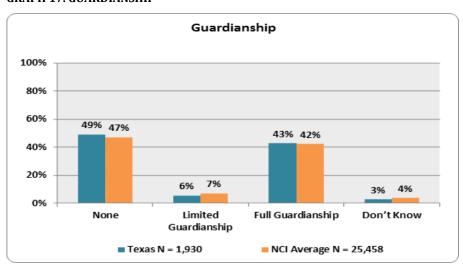
**GRAPH 16. SUPPORT NEEDED FOR DESTRUCTIVE BEHAVIOR** 



GRAPH 18. WHO OWNS OR LEASES THE HOME IN WHICH THE PERSON LIVES



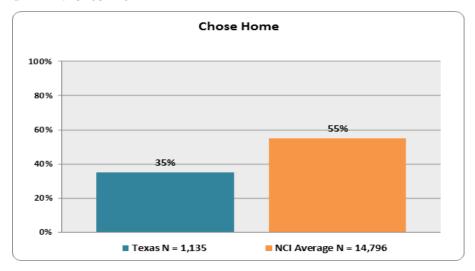
#### **GRAPH 17. GUARDIANSHIP**



## **Choice**

People make choices about their lives and are actively engaged in planning their services and supports.

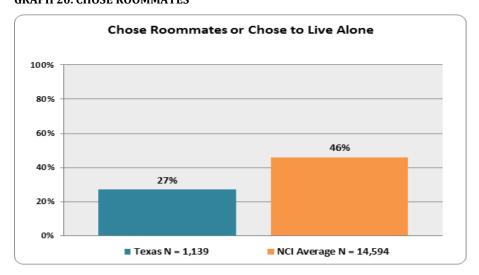
#### **GRAPH 19. CHOSE HOME**



This graph illustrates that 35% of respondents from Texas and 55% across NCI states reported that they chose or had some input in choosing where they live.

States ranged from 18% to 82%.

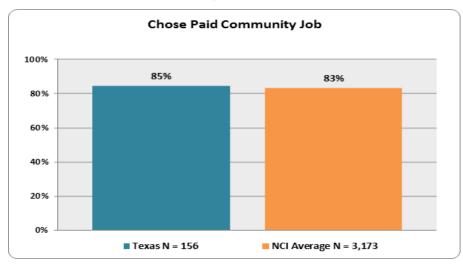
#### **GRAPH 20. CHOSE ROOMMATES**



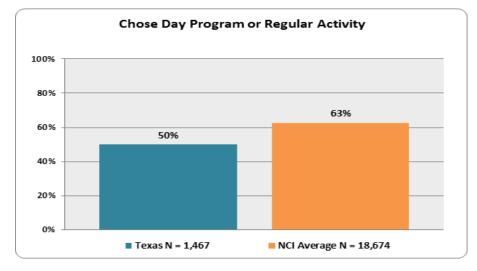
This graph illustrates that 27% of respondents from Texas and 46% across NCI states reported that they chose or had some input in choosing the people with whom they live, or that they chose to live alone.

States ranged from 10% to 78%.

**GRAPH 21. CHOSE PAID COMMUNITY JOB** 



**GRAPH 22. CHOSE DAY PROGRAM OR REGULAR ACTIVITY** 



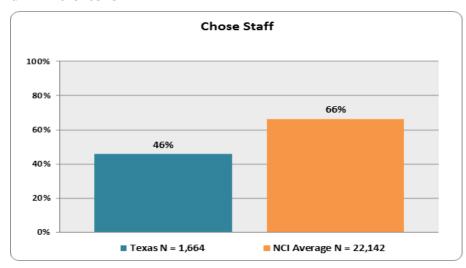
This graph illustrates that among respondents with a paid job in the community, 85% from Texas and 83% across NCI states reported that they chose or had some input in choosing where they work.

States ranged from 43% to 98%.

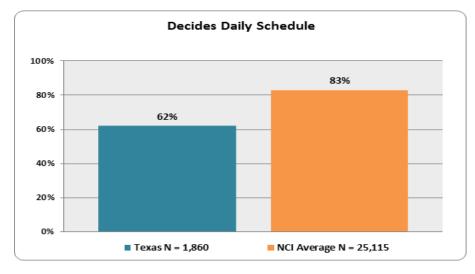
This graph illustrates that 50% from Texas and 63% across NCI states reported that they chose or had some input in choosing where they go during the day.

States ranged from 21% to 86%.

#### **GRAPH 23. CHOSE STAFF**



#### **GRAPH 24. DECIDES DAILY SCHEDULE**



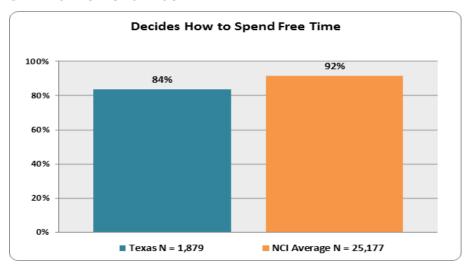
This chart illustrates that 46% of respondents from Texas and 66% across NCI states reported that they chose or could request to change their staff.

States ranged from 25% to 93%.

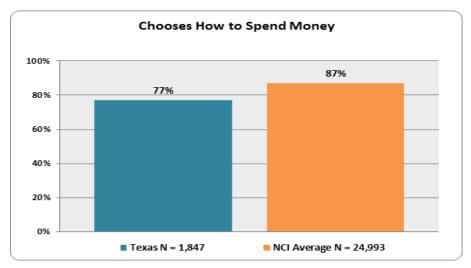
This graph illustrates that 62% of respondents from Texas and 83% across NCI states reported that they decide or have input in choosing their daily schedule.

States ranged from 62% to 96%.

#### **GRAPH 25. DECIDES HOW TO SPEND FREE TIME**



**GRAPH 26. CHOOSES HOW TO SPEND MONEY** 



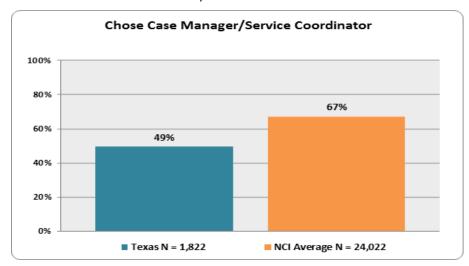
This graph illustrates that 84% of respondents from Texas and 92% across NCI states reported that they decide or have input in choosing how to spend free time.

States ranged from 83% to 98%.

This graph illustrates that 77% of respondents from Texas and 87% across NCI states reported that they choose or have input in choosing how to spend their money.

States ranged from 70% to 99%.

**GRAPH 27. CHOSE CASE MANAGER/SERVICE COORDINATOR** 



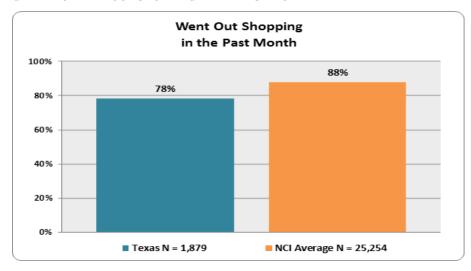
This graph illustrates that 49% of respondents from Texas and 67% across NCI states reported that they chose or were aware they could request to change their case manager/service coordinator.

States ranged from 28% to 98%.

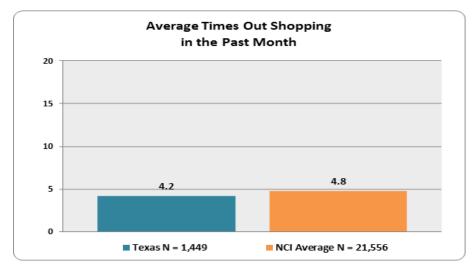
# **Community Inclusion**

People have support to participate in everyday community activities.

#### GRAPH 28. WENT OUT SHOPPING IN THE PAST MONTH



GRAPH 29. AVERAGE TIMES WENT OUT SHOPPING IN THE PAST MONTH



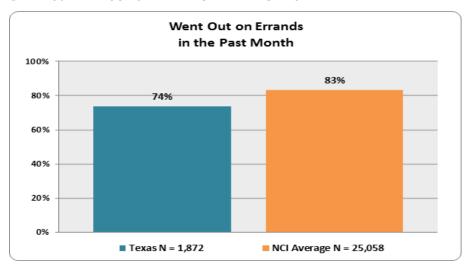
This graph illustrates that 78% of respondents from Texas and 88% across NCI states reported that they went out shopping in the past month.

States ranged from 77% to 96%.

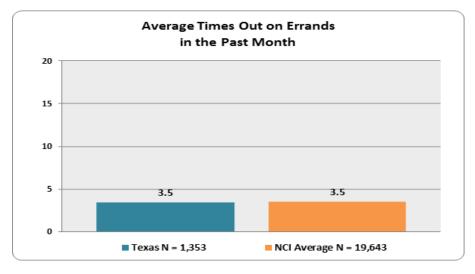
This graph illustrates that respondents from Texas went out shopping an average of 4.2 times in the past month, and respondents across NCI states went an average of 4.8 times.

States ranged from 2.9 to 7.4 times.

#### GRAPH 30. WENT OUT ON ERRANDS IN THE PAST MONTH



GRAPH 31. AVERAGE TIMES WENT OUT ON ERRANDS IN THE PAST MONTH



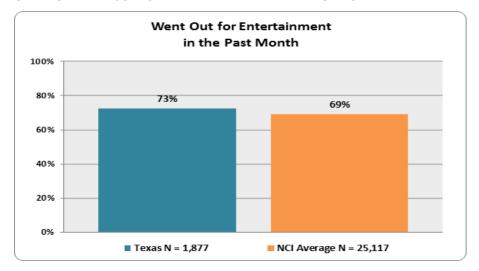
This graph illustrates that 74% of respondents from Texas and 83% across NCI states reported that they went out on errands or for appointments in the past month.

States ranged from 60% to 92%.

This graph illustrates that respondents from Texas went out on errands or for appointments an average of 3.5 times in the past month, and respondents across NCI states went an average of 3.5 times.

States ranged from 1.8 to 7.7 times.

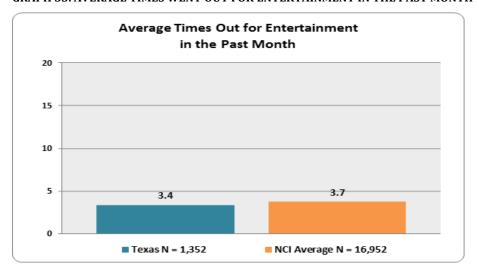
GRAPH 32. WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH



This graph illustrates that 73% of respondents from Texas and 69% across NCI states reported that they went out for entertainment in the past month.

States ranged from 55% to 88%.

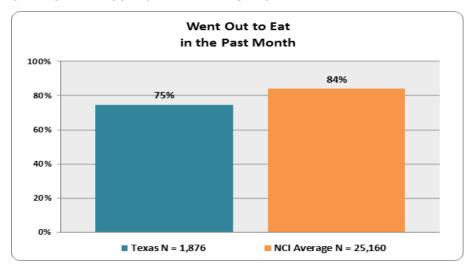
GRAPH 33. AVERAGE TIMES WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH



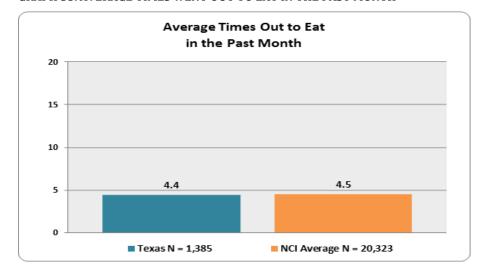
This graph illustrates that respondents from Texas went out for entertainment an average of 3.4 times in the past month, and respondents across NCI states went an average of 3.7 times.

States ranged from 2.6 to 7.0 times.

GRAPH 34. WENT OUT TO EAT IN THE PAST MONTH



GRAPH 35. AVERAGE TIMES WENT OUT TO EAT IN THE PAST MONTH



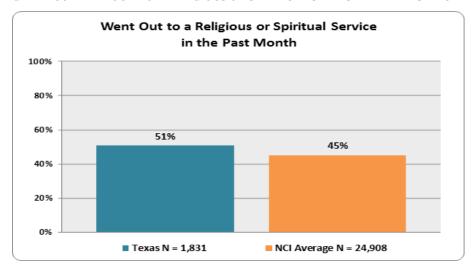
This graph illustrates that 75% of respondents from Texas and 84% across NCI states reported that they went out to eat in the past month.

States ranged from 72% to 93%.

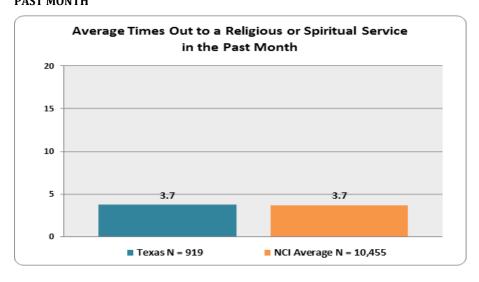
This graph illustrates that respondents from Texas went out to eat an average of 4.4 times in the past month, and respondents across NCI states went an average of 4.5 times.

States ranged from 2.8 to 8.4 times.

#### GRAPH 36. WENT OUT TO A RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH



GRAPH 37. AVERAGE TIMES WENT OUT TO RELIGIOUS OR SPIRTUAL SERVICE IN THE PAST MONTH



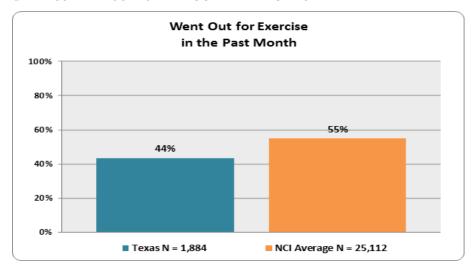
This graph illustrates that 51% of respondents from Texas and 45% across NCI states reported that they went out to a religious service or spiritual practice in the past month.

States ranged from 27% to 70%.

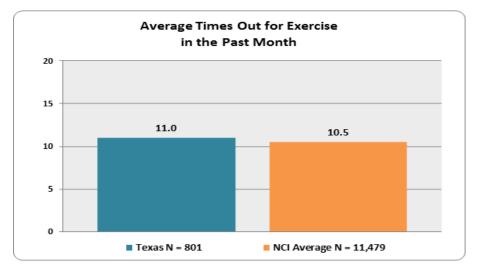
This graph illustrates that respondents from Texas went out to a religious service or spiritual practice an average of 3.7 times in the past month, and respondents across NCI states went an average of 3.7 times.

States ranged from 3.3 to 4.2 times.

#### GRAPH 38. WENT OUT FOR EXERCISE IN THE PAST MONTH



GRAPH 39. AVERAGE TIMES WENT OUT FOR EXERCISE IN THE PAST MONTH



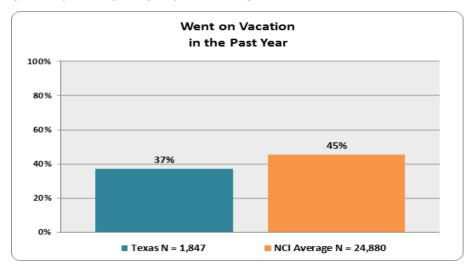
This graph illustrates that 44% of respondents from Texas and 55% across NCI states reported that they went out for exercise in the past month.

States ranged from 22% to 83%.

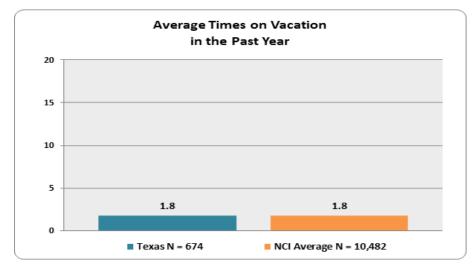
This graph illustrates that respondents from Texas went out for exercise an average of 11.0 times in the past month, and respondents across NCI states went an average of 10.5 times.

States ranged from 5.1 to 14.5 times.

GRAPH 40. WENT ON VACATION IN THE PAST YEAR



GRAPH 41. AVERAGE TIMES WENT ON VACATION IN THE PAST YEAR



This graph illustrates that 37% of respondents from Texas and 45% across NCI states reported that they went on vacation in the past year.

States ranged from 22% to 74%.

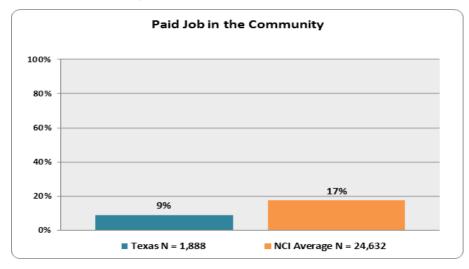
This graph illustrates that respondents from Texas went on vacation an average of 1.8 times in the past year, and respondents across NCI states went an average of 1.8 times.

States ranged from 1.2 to 5.0 times.

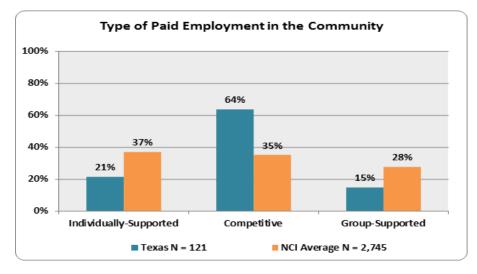
## Work

People have support to find and maintain community integrated employment.

**GRAPH 42. HAS A PAID JOB IN THE COMMUNITY** 



GRAPH 43. TYPE OF PAID EMPLOYMENT IN THE COMMUNITY<sup>1</sup>



This graph illustrates that 9% of respondents from Texas and 17% across NCI states were reported to have a paid job in the community.

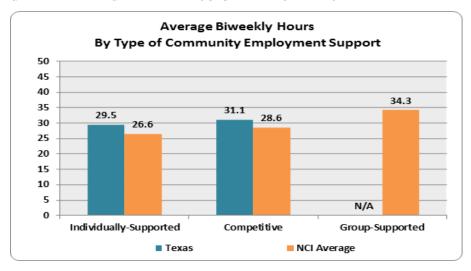
States ranged from 5% to 41%.

This graph illustrates that respondents with a paid job in the community work in the following position types—in Texas and across NCI states, respectively: 21% and 37% in individually-supported positions, 64% and 35% in competitive positions, and 15% and 28% in group-supported positions.

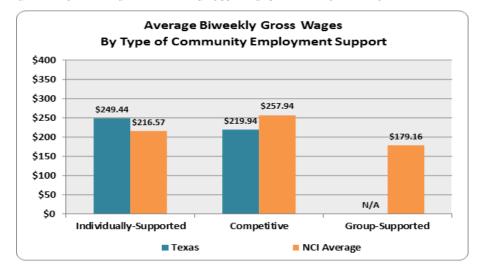
State averages ranged from 12% to 61% in individually-supported employment; from 6% to 73% in competitive employment; and from 0% to 67% in group-supported employment.

<sup>&</sup>lt;sup>1</sup> A paid community job refers to an integrated job that consists of one of three types of employment: (1)Competitive – an individual job in which the person *does not* receive state or other funded supports. (2) Individually-supported- an individual job in which the person *does* receive state or other funded supports; or (3) Group-supported- a job that takes part in an integrated setting, but is does done with a group of individuals with disabilities (e.g., work crew)

GRAPH 44. AVERAGE BIWEEKLY HOURS BY TYPE OF EMPLOYMENT



GRAPH 45. AVERAGE BIWEEKLY GROSS WAGES BY TYPE OF EMPLOYMENT



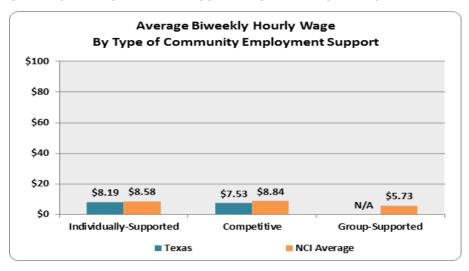
This graph illustrates the average number of hours that respondents with a paid job in the community—in Texas and across NCI states, respectively—worked in a typical two-week period: 29.5 and 26.6 in individually-supported employment, 31.1 and 28.6 in competitive positions, and 34.3 nationally in group-supported employment.

States ranged from 15.2 to 42.7 hours in individually-supported employment; from 16.0 to 38.2 hours in competitive employment; and from 21.3 to 53.1 hours in group-supported employment.

This graph illustrates the average gross wages earned in a typical two-week period among respondents with a paid job in the community—in Texas and across NCI states, respectively: \$249.44 and \$216.57 individually-supported, \$219.94 and \$257.94 competitive, and \$179.16 nationally group-supported.

States ranged from \$147.59 to \$321.87 in individually-supported employment; from \$145.23 to \$344.20 hours to in competitive employment; and from \$135.29 to \$256.94 in group-supported employment.

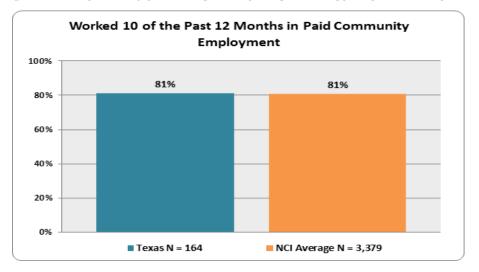
GRAPH 46. AVERAGE BIWEEKLY HOURLY WAGE BY TYPE OF EMPLOYMENT



This graph illustrates the average hourly wage among respondents with a paid job in the community, in Texas and across NCI states, respectively: \$8.19 and \$8.58 in individually-supported jobs, \$7.53 and \$8.54 in competitive jobs, and \$5.73 nationally in groupsupported jobs.

States ranged from \$6.32 to \$10.30 in individually-supported employment; from \$7.53 to \$10.01 hours to in competitive employment; and from \$4.59 to \$6.90 in group-supported employment.

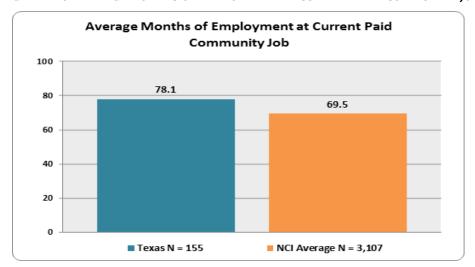
GRAPH 47. WORKED 10 OF THE LAST 12 MONTHS IN PAID COMMUNITY EMPLOYMENT



This graph illustrates that among respondents with a paid job in the community, 81% from Texas and 81% across NCI states were reported to have worked 10 of the last 12 months in a paid community job.

States ranged from 40% to 94%.

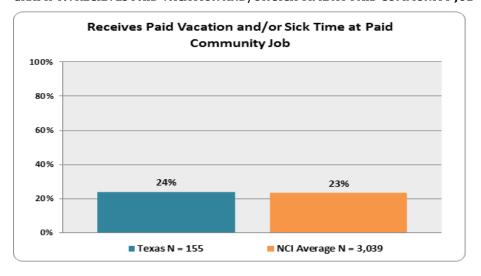
GRAPH 48. AVERAGE MONTHS OF EMPLOYMENT AT CURRENT PAID COMMUNITY JOB



This graph illustrates that respondents with a paid community job had been at their job an average of 78.1 months in Texas and an average of 69.5 months across NCI states.

States ranged from 35.2 to 119.0months.

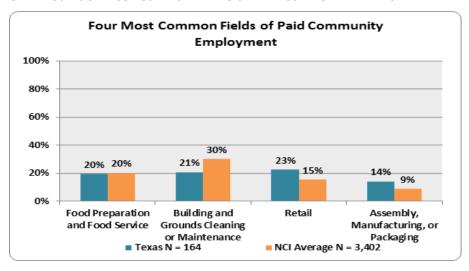
GRAPH 49. RECIEVES PAID VACATION AND/OR SICK TIME AT PAID COMMUNITY JOB



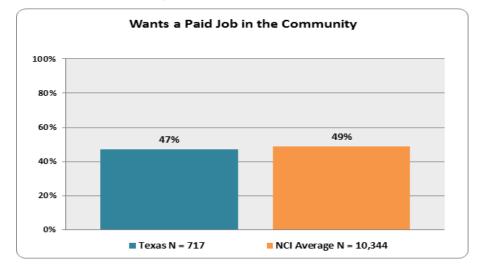
This graph illustrates that among respondents with a paid community job, 24% from Texas and 23% across NCI states were reported to receive paid vacation or sick time.

States ranged from 2% to 57%.

GRAPH 50. FOUR MOST COMMON FIELDS OF PAID COMMUNITY EMPLOYMENT



**GRAPH 51. WANTS A PAID JOB IN THE COMMUNITY** 



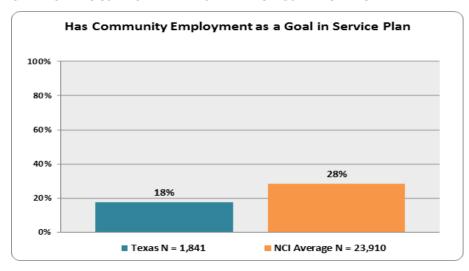
This graph illustrates the percentage of respondents working in the most common job industries, in Texas and across NCI states, respectively: 20% and 20% in food preparation and service; 21% and 30% in building and grounds cleaning or maintenance; 23% and 15% in retail; and 14% and 9% in assembly, manufacturing, or packaging.

States ranged from 4% to 34% in food preparation and service; 15% to 48% in building and grounds cleaning or maintenance; 3% to 26% in retail; and 1% to 22% in assembly, manufacturing, or packaging.

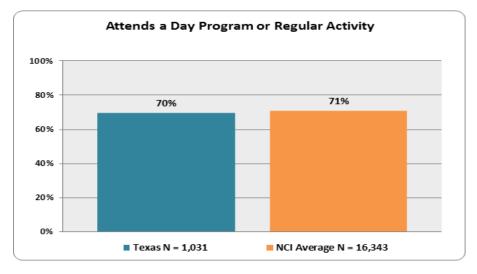
This graph illustrates that among respondents without a paid job in the community, 47% from Texas and 49% across NCI states reported they'd like a paid job in the community.

States ranged from 24% to 74%.

GRAPH 52. HAS COMMUNITY EMPLOYMENT AS A GOAL IN SERVICE PLAN



**GRAPH 53. ATTENDS A DAY PROGRAM OR REGULAR ACTIVITY** 



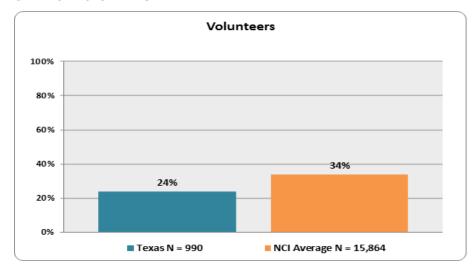
This graph illustrates that 18% of respondents from Texas and 28% across NCI states were reported to have community employment as a goal in their service plan.

States ranged from 2% to 78%.

This graph illustrates that 70% of respondents from Texas and 71% across NCI states reported that they attend a day program or regular activity.

States ranged from 44% to 95%.

# **GRAPH 54. VOLUNTEERS**



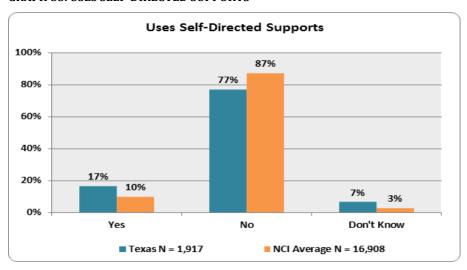
This graph illustrates that 24% of respondents from Texas and 34%  $\,$ across NCI states reported that they volunteer.

States ranged from 18% to 52%.

# **Self-Determination**

People have authority and are supported to direct and manage their own services.

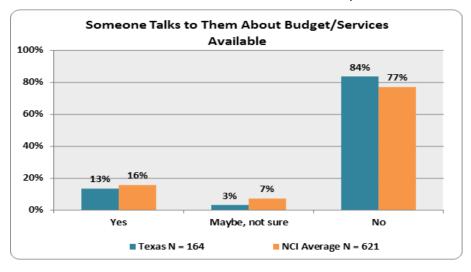
# **GRAPH 55. USES SELF-DIRECTED SUPPORTS**



This graph illustrates that 17% of respondents from Texas and 10% across NCI states were reported to use a self-directed supports option; 77% and 87% do not use a self-direction option and 7% and 3% don't know.

States ranged from 0% to 26%.

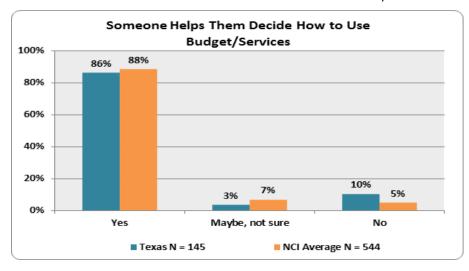
GRAPH 56. SOMEONE TALKS TO PERSON ABOUT THE BUDGET/SERVICES AVAILABLE



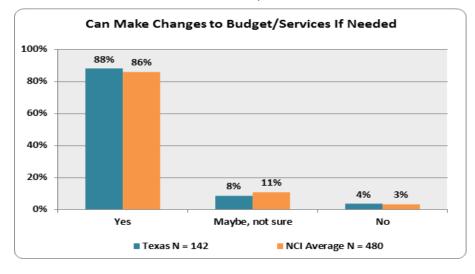
This graph illustrates that among respondents using self-directed supports, 13% from Texas and 16% across NCI states reported that someone talked to them about their budget and the services they can get; 3% and 7% responded "maybe, not sure" and 84% and 77% do not have someone who talks to them about their budget or services.

States ranged from 3% to 31%.

GRAPH 57. SOMEONE HELPS PERSON DECIDE HOW TO USE BUDGET/SERVICES



GRAPH 58. CAN MAKE CHANGES TO BUDGET/SERVICES IF NEEDED



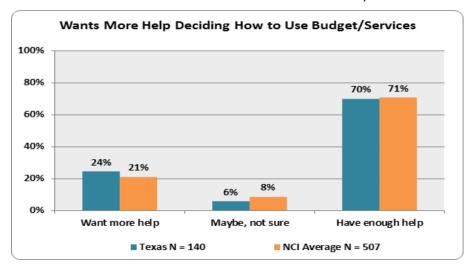
This graph illustrates that among respondents using self-directed supports, 86% from Texas and 88% across NCI states reported that they have help deciding how to use their individual budget and services 3% and 7% may have someone or are not sure; and 10% and 5% do not have someone.

States ranged from 84% to 100%.

This graph illustrates that among respondents using self-directed supports, 88% from Texas and 86% across NCI states reported that they can make changes to their budget and services if needed; 8% and 11% may be able to make changes to their budget or services; and 4% and 3% cannot.

States ranged from 74% to 96%.

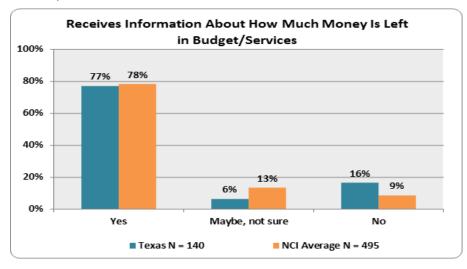
GRAPH 59. WANTS MORE HELP DECIDING HOW TO USE BUDGET/SERVICES



This graph illustrates that among respondents using self-directed supports, 24% from Texas and 21% across NCI states reported that they want more help deciding how to use their budget and services; 6% and 8% may want more help and 70% and 71% have enough help.

States ranged from 5% to 38%.

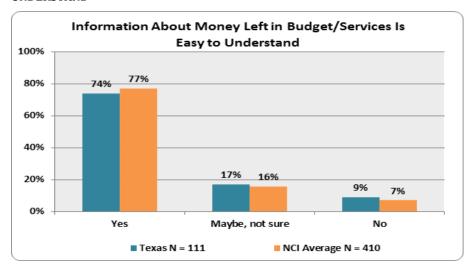
GRAPH 60. RECEIVES INFORMATION ABOUT HOW MUCH MONEY IS LEFT IN BUDGET/SERVICES



This graph illustrates that among respondents using self-directed supports, 77% from Texas and 78% across NCI states reported that they get information about how much money is left in their budget and services; 6% and 13% may get enough information; and 16% and 9%.

States ranged from 71% to 96%.

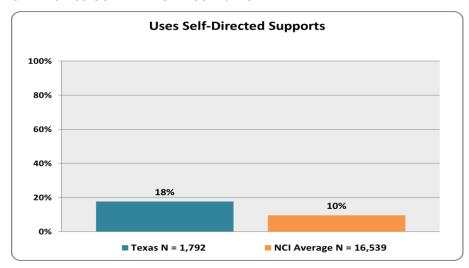
GRAPH 61. INFORMATION ABOUT MONEY LEFT IN BUDGET/SERVICES IS EASY TO UNDERSTAND



This graph illustrates that among respondents who use self-directed supports and receive information about their budget and services, 74% from Texas and 77% across NCI states say the information they receive is easy to understand; 17% and 16% are not sure and 9% and 7% do not think the information is easy to understand.

States ranged from 64% to 96%.

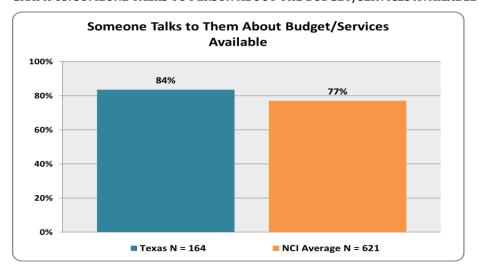
#### **GRAPH 62. USES SELF-DIRECTED SUPPORTS**



This graph illustrates that 18% of respondents from Texas and 10% across NCI states were reported to use a self-directed supports option.

States ranged from 0% to 28%.

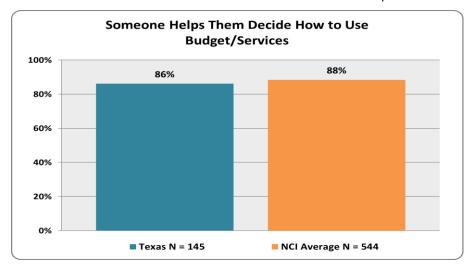
GRAPH 63. SOMEONE TALKS TO PERSON ABOUT THE BUDGET/SERVICES AVAILABLE



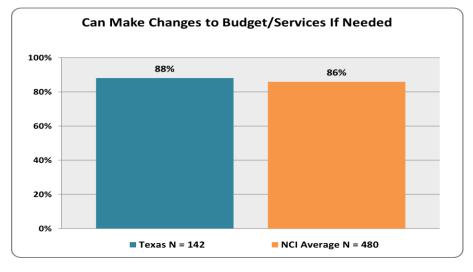
This graph illustrates that among respondents using self-directed supports, 84% from Texas and 77% across NCI states reported that someone talked to them about their budget and the services they can get.

States ranged from 64% to 90%.

GRAPH 64. SOMEONE HELPS PERSON DECIDE HOW TO USE BUDGET/SERVICES



GRAPH 65. CAN MAKE CHANGES TO BUDGET/SERVICES IF NEEDED



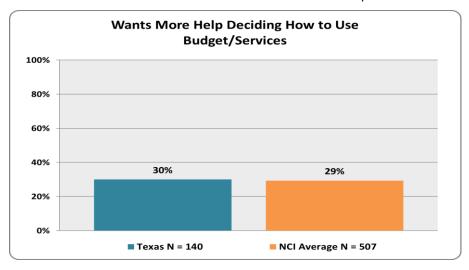
This graph illustrates that among respondents using self-directed supports, 86% from Texas and 88% across NCI states reported that they have help deciding how to use their individual budget and services.

States ranged from 84% to 100%.

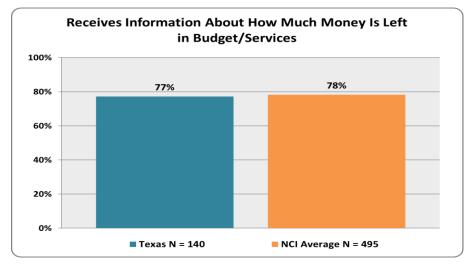
This graph illustrates that among respondents using self-directed supports, 88% from Texas and 86% across NCI states reported that they can make changes to their budget and services if needed.

States ranged from 74% to 96%.

GRAPH 66. WANTS MORE HELP DECIDING HOW TO USE BUDGET/SERVICES



GRAPH 67. RECEIVES INFORMATION ABOUT HOW MUCH MONEY IS LEFT IN BUDGET/SERVICES



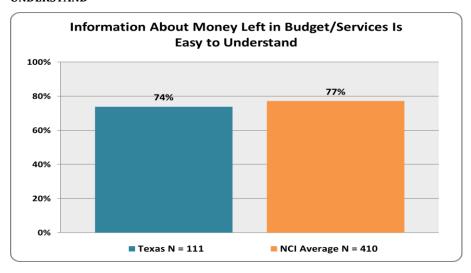
This graph illustrates that among respondents using self-directed supports, 30% from Texas and 29% across NCI states reported that they want more help deciding how to use their budget and services.

States ranged from 10% to 46%.

This graph illustrates that among respondents using self-directed supports, 77% from Texas and 78% across NCI states reported that they get information about how much money is left in their budget and services.

States ranged from 71% to 96%.

# GRAPH 68. INFORMATION ABOUT MONEY LEFT IN BUDGET/SERVICES IS EASY TO **UNDERSTAND**



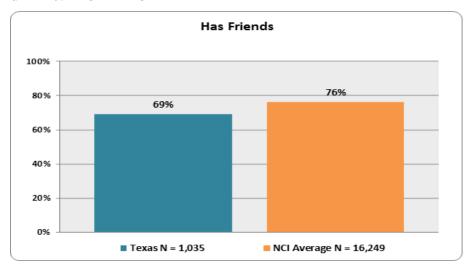
This graph illustrates that among respondents who use self-directed supports and receive information about how much money left in their budget and services, 74% from Texas and 77% across NCI states say the information they receive is easy to understand.

States ranged from 64% to 96%.

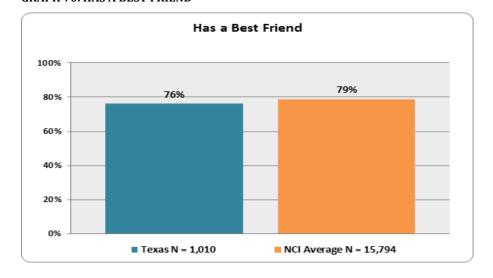
# Relationships

People have friends and relationships.

#### **GRAPH 69. HAS FRIENDS**



GRAPH 70. HAS A BEST FRIEND



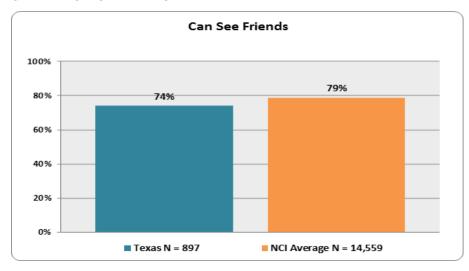
This graph illustrates that 69% of respondents from Texas and 76% across NCI states reported that they have friends other than family or paid staff.

States ranged from 58% to 87%.

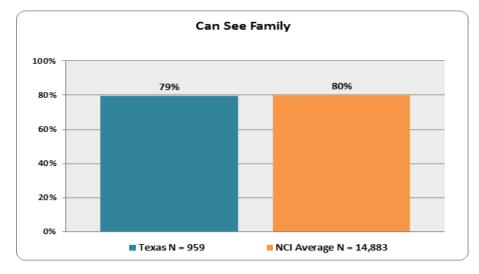
This graph illustrates that 76% of respondents from Texas and 79% across NCI states reported that they have a best friend (who may be family or paid staff).

States ranged from 55% to 92%.

#### **GRAPH 71. CAN SEE FRIENDS**



### **GRAPH 72. CAN SEE FAMILY**



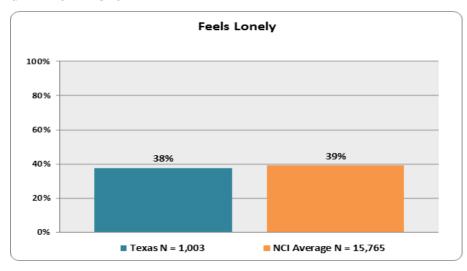
This graph illustrates that 74% of respondents from Texas and 79% across NCI states reported that they can see their friends when they want.

States ranged from 60% to 91%.

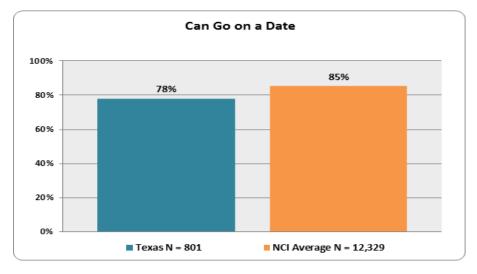
This graph illustrates that 79% of respondents from Texas and 80% across NCI states reported that they can see their family when they want.

States ranged from 69% to 92%.

#### **GRAPH 73. FEELS LONELY**



**GRAPH 74. CAN GO ON A DATE** 



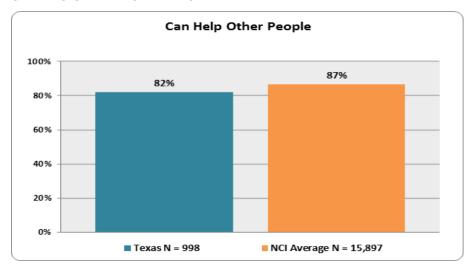
This graph illustrates that 38% of respondents from Texas and 39% across NCI states reported that they feel lonely at least half the time.

States ranged from 27% to 50%.

This graph illustrates that 78% of respondents from Texas and 85% across NCI states reported that they can date, are married or can date with some restrictions.

States ranged from 56% to 95%.

# **GRAPH 75. CAN HELP OTHER PEOPLE**



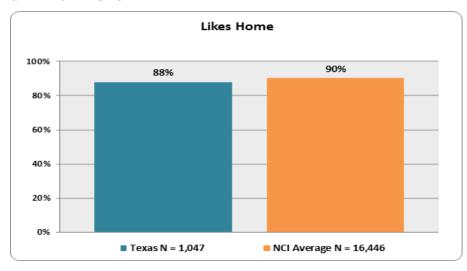
This graph illustrates that 82% of respondents from Texas and 87%across NCI states reported that they can help others if they want to.

States ranged from 36% to 96%.

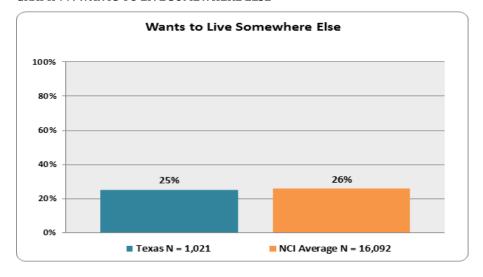
# **Satisfaction**

People are satisfied with the services and supports they receive.

#### **GRAPH 76. LIKES HOME**



**GRAPH 77. WANTS TO LIVE SOMEWHERE ELSE** 



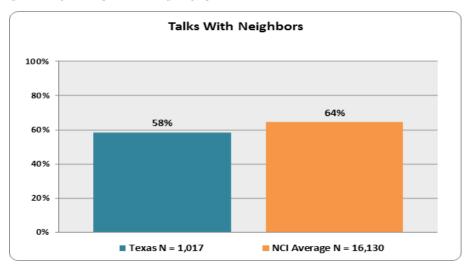
This graph illustrates that 88% of respondents from Texas and 90% across NCI states reported that they like their home.

States ranged from 84% to 96%.

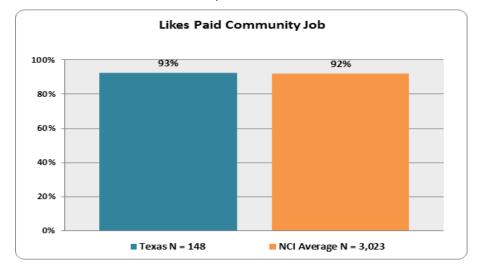
This graph illustrates that 25% of respondents from Texas and 26% across NCI states reported that they want to live somewhere else.

States ranged from 12% to 39%.

#### **GRAPH 78. TALKS WITH NEIGHBORS**



# **GRAPH 79. LIKES PAID COMMUNITY JOB**



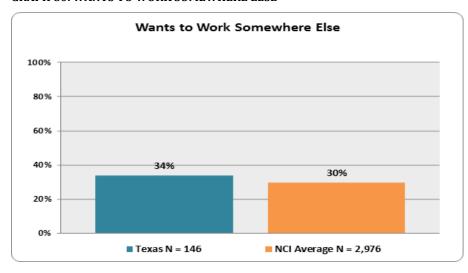
This graph illustrates that 58% of respondents from Texas and 64% across NCI states reported that they talk with their neighbors.

States ranged from 45% to 91%.

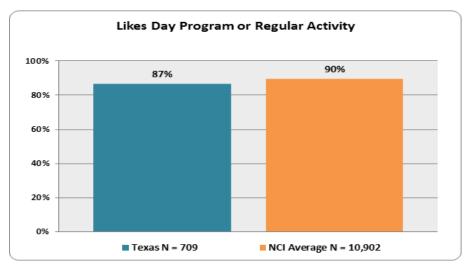
This graph illustrates that among respondents with a paid community job, 93% from Texas and 92% across NCI states reported that they like where they work.

States ranged from 85% to 100%.

#### GRAPH 80. WANTS TO WORK SOMEWHERE ELSE



**GRAPH 81. LIKES DAY PROGRAM OR REGULAR ACTIVITY** 



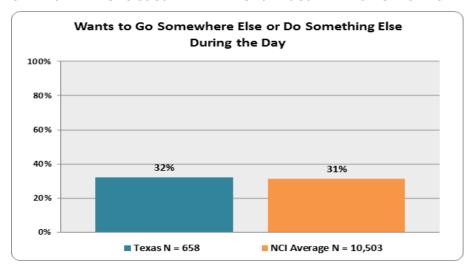
This graph illustrates that among respondents with a paid community job, 34% from Texas and 30% across NCI states reported that they want to work somewhere else.

States ranged from 15% to 45%.

This graph illustrates that 87% from Texas and 90% across NCI states reported that they like their day program or regular activity.

States ranged from 79% to 96%.

### GRAPH 82. WANTS TO GO SOMEWHERE ELSE OR DO SOMETHING ELSE DURING THE DAY



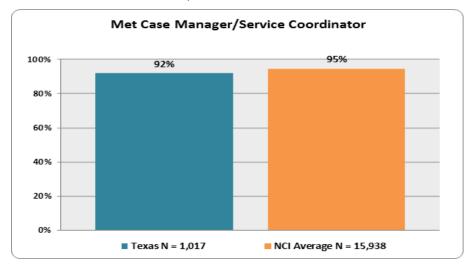
This graph illustrates that 32% from Texas and 31% across NCI states reported that they want to go somewhere else or do something else during the day.

States ranged from 7% to 60%.

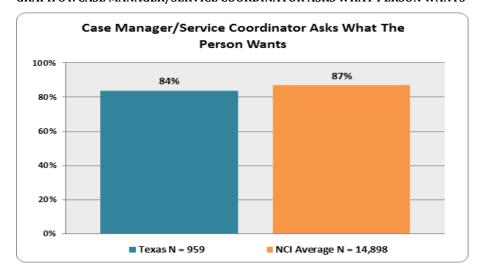
Service Coordination	
----------------------	--

Case Managers/Service Coordinators are accessible, responsive, and support the person's participation in service planning.

**GRAPH 83. MET CASE MANAGER/SERVICE COORDINATOR** 



GRAPH 84. CASE MANAGER/SERVICE COORDINATOR ASKS WHAT PERSON WANTS



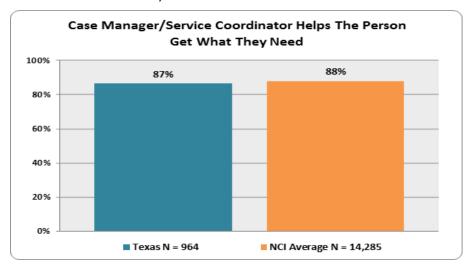
This graph illustrates that 92% of respondents from Texas and 95% across NCI states reported that they met their case manager/service coordinator.

States ranged from 75% to 99%.

This graph illustrates that 84% of respondents from Texas and 87% across NCI states reported that their case manager/service coordinator asks them what they want.

States ranged from 68% to 97%.

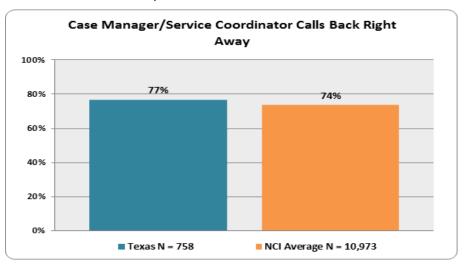
### GRAPH 85. CASE MANAGER/SERVICE COORDINATOR HELPS GET WHAT PERSON NEEDS



This graph illustrates that 87% of respondents from Texas and 88% across NCI states reported their case manager/service coordinator helps them get what they need.

States ranged from 77% to 97%.

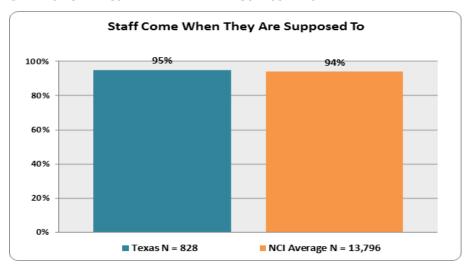
GRAPH 86. CASE MANAGER/SERVICE COORDINATOR CALLS PERSON BACK RIGHT AWAY



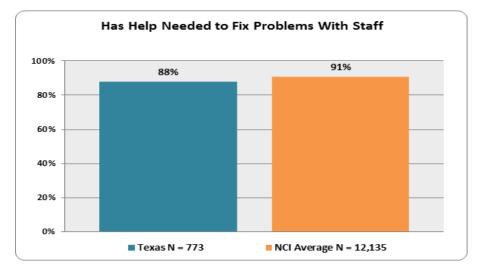
This graph illustrates that 77% of respondents from Texas and 74% across NCI states reported that if they leave a message, their case manager/service coordinator calls them back right away.

States ranged from 47% to 92%.

#### GRAPH 87. STAFF COME WHEN THEY ARE SUPPOSED TO



### GRAPH 88. HAS HELP NEEDED TO FIX PROBLEMS WITH STAFF



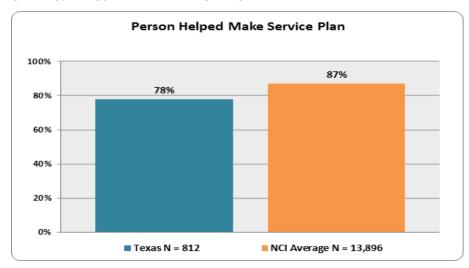
This graph illustrates that 95% of respondents from Texas and 94% across NCI states reported their staff come when they are supposed to.

States ranged from 85% to 99%.

This graph illustrates that 88% of respondents from Texas and 91% across NCI states reported that they get the help they need to work out problems with their staff.

States ranged from 83% to 99%.

# **GRAPH 89. PERSON HELPED MAKE SERVICE PLAN**



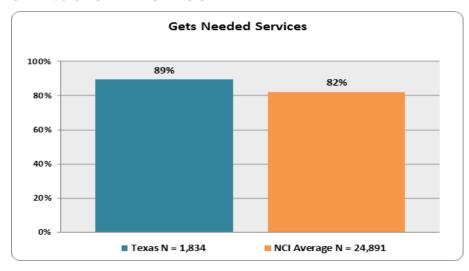
This graph illustrates that 78% of respondents from Texas and 87%across NCI states reported that they helped make their service plan.

States ranged from 68% to 96%.

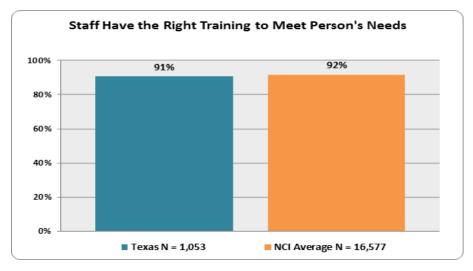
# Access

Publicly-funded services are readily available to individuals who need and qualify for them.

#### **GRAPH 90. GETS NEEDED SERVICES**



GRAPH 91. STAFF HAVE RIGHT TRAINING TO MEET PERSON'S NEEDS



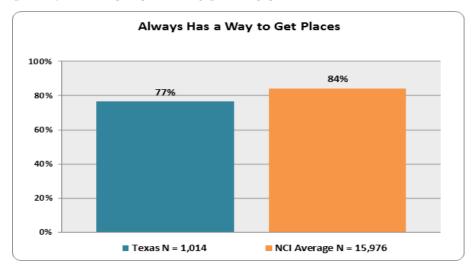
This graph illustrates that 89% of respondents from Texas and 82% across NCI states reported that they get all the services they need.

States ranged from 57% to 94%.

This graph illustrates that 91% of respondents from Texas and 92% across NCI states reported their staff have the right training to meet their needs.

States ranged from 82% to 99%.

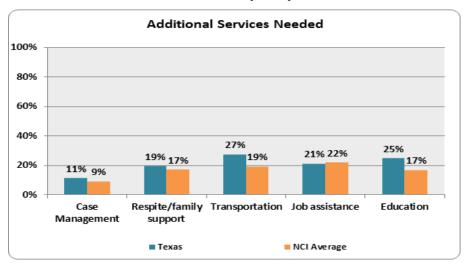
#### **GRAPH 92. ALWAYS HAS A WAY TO GET PLACES**



States ranged from 52% to 97%.

when they want to go somewhere.

**GRAPH 93. ADDITIONAL SERVICES NEEDED (1 OF 3)** 



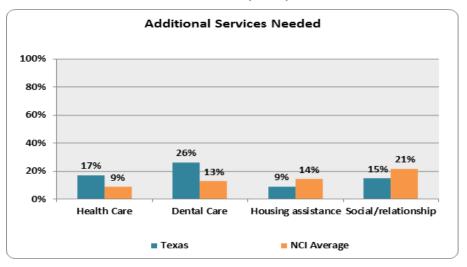
This chart illustrates the proportion of respondents from Texas and across NCI states need the following services: 11% and 9% case management; '9% and 17% respite or family support, 27% and 19% transportation; 21% and 22% job assistance, 25% and 17% education.

This graph illustrates that 77% of respondents from Texas and 84%

across NCI states reported that they always have a way to get places

States ranged from 0% to 48% for case management; 2% to 35% for respite or family support, 0% to 35% for transportation; 0% to 56% for job assistance, 0% to 38% for education.

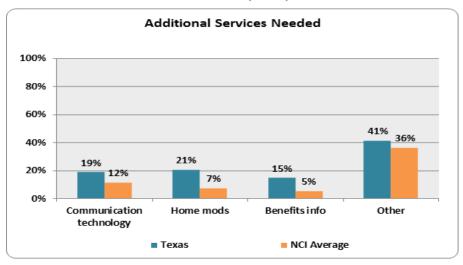
**GRAPH 94. ADDITIONAL SERVICES NEEDED (2 OF 3)** 



This chart illustrates the proportion of respondents from Texas and across NCI states need the following services: 17% and 9% health care; 26% and 13% dental care; 9% and 14% housing assistance; 15% and 21% social or relationships.

States ranged from 2% to 26% for health care; 0% to 31% for dental care; 3% to 51% for housing assistance; 3% to 47% for social or relationships.

**GRAPH 95. ADDITIONAL SERVICES NEEDED (3 OF 3)** 



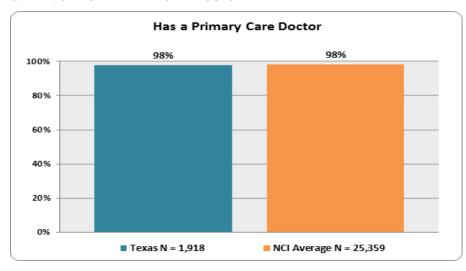
This chart illustrates the proportion of respondents from Texas and across NCI states need the following services: 19% and 12% communication technology; 21% and 7% Home modifications; 15% and 5% information about benefits and 41% and 36% other.

States ranged from 0% to 27% for communication technology; 0% to 23% for home modifications; 0% to 23% for information about benefits; and 7% to 65% for other.

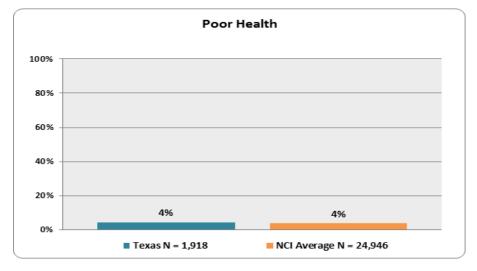
# Health

People secure needed health services.

#### **GRAPH 96. HAS A PRIMARY CARE DOCTOR**



# **GRAPH 97. IN POOR HEALTH**



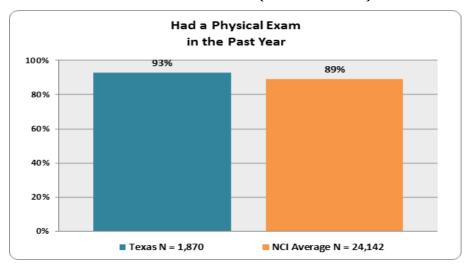
This graph illustrates that 98% of respondents from Texas and 98% across NCI states were reported to have a primary care doctor.

States ranged from 96% to 100%.

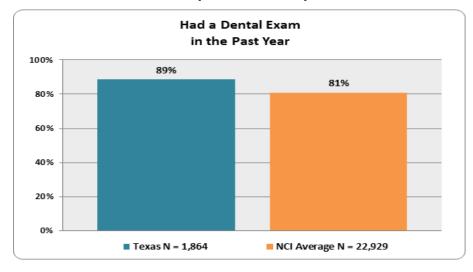
This graph illustrates that 4% of respondents from Texas and 4% across NCI states were reported to be in poor health.

States ranged from 1% to 10%.

## GRAPH 98. HAD AN ANNUAL PHYSICAL EXAM (IN THE PAST YEAR)



# GRAPH 99. HAD A DENTAL EXAM (IN THE PAST YEAR)



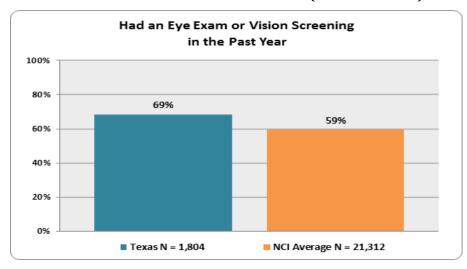
This graph illustrates that 93% of respondents from Texas and 89% across NCI states were reported to have had a physical exam in the past year.

States ranged from 71% to 98%.

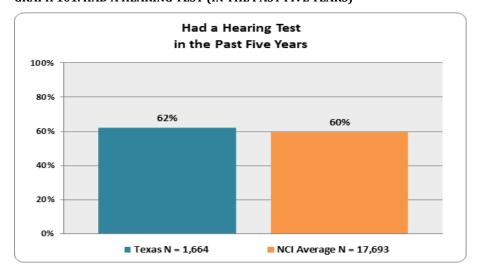
This graph illustrates that 89% of respondents from Texas and 81% across NCI states were reported to have had a dental exam in the past year.

States ranged from 66% to 95%.

# GRAPH 100. HAD AN EYE EXAM OR VISION SCREENING (IN THE PAST YEAR)



GRAPH 101. HAD A HEARING TEST (IN THE PAST FIVE YEARS)



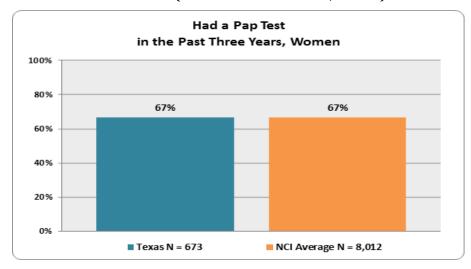
This graph illustrates that 69% of respondents from Texas and 59% across NCI states were reported to have had an eye exam or vision screening in the past year.

States ranged from 36% to 76%.

This graph illustrates that 62% of respondents from Texas and 60% across NCI states were reported to have had a hearing test in the past five years.

States ranged from 36% to 95%.

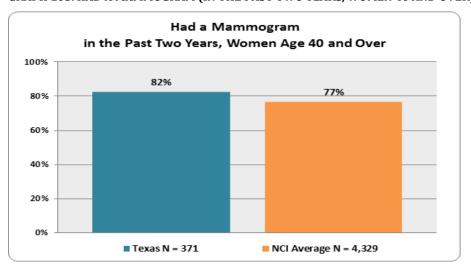
## GRAPH 102. HAD A PAP TEST (IN THE PAST THREE YEARS, WOMEN)



This graph illustrates that among female respondents, 67% from Texas and 67% across NCI states were reported to have had a pap test in the past three years.

States ranged from 47% to 98%.

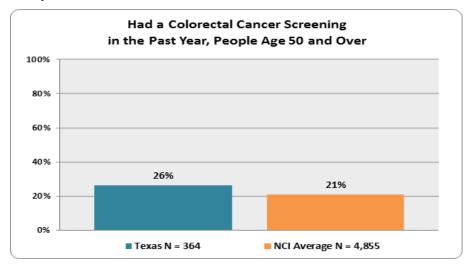
GRAPH 103. HAD A MAMMOGRAM (IN THE PAST TWO YEARS, WOMEN 40 AND OVER)



This graph illustrates that among female respondents age 40 and over, 82% from Texas and 77% across NCI states were reported to have had a mammogram in the past two years.

States ranged from 54% to 93%.

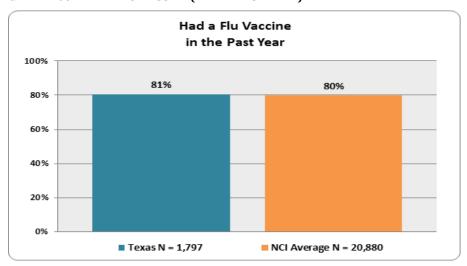
GRAPH 104. HAD A COLORECTAL CANCER SCREENING (IN THE PAST YEAR, AGE 50 AND OVER)



This graph illustrates that among respondents age 50 and older, 26% from Texas and 21% across NCI states were reported to have had a colorectal cancer screening in the past year.

States ranged from 2% to 31%.

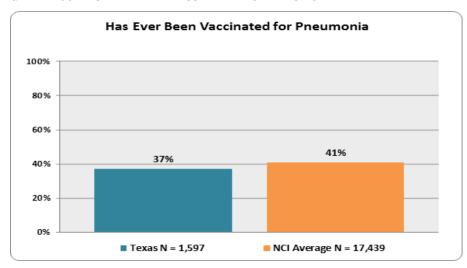
# GRAPH 105. HAD A FLU VACCINE (IN THE PAST YEAR)



This graph illustrates that 81% of respondents from Texas and 80% across NCI states were reported to have had a flu vaccine in the past year.

States ranged from 50% to 92%.

### **GRAPH 106. HAS EVER BEEN VACCINATED FOR PNEUMONIA**



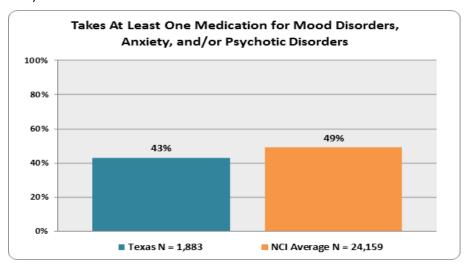
This graph illustrates that 37% of respondents from Texas and 41% across NCI states were reported to have ever had a pneumonia vaccine.

States ranged from 16% to 94%.

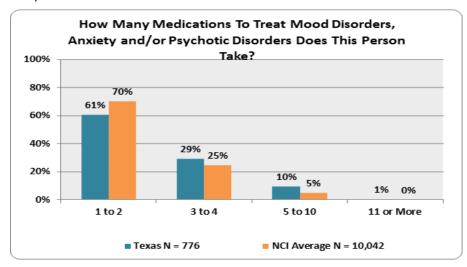
# **Medication**

Medications are managed effectively and appropriately.

GRAPH 107. TAKES AT LEAST ONE MEDICATION FOR MOOD DISORDERS, ANXIETY, AND/OR PSYCHOTIC DISORDERS



GRAPH 108. HOW MANY MEDICATIONS TO TREAT FOR MOOD DISORDERS, ANXIETY AND/OR PSYCHOTIC DISORDERS DOES THIS PERSON TAKE?



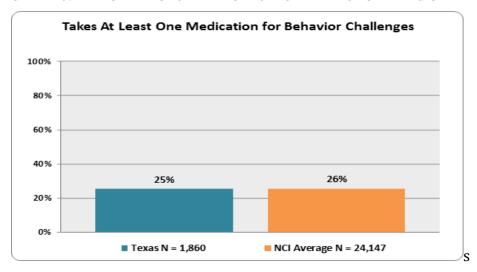
This graph illustrates that respondents from Texas and from across NCI states 43% and 49%, respectively were reported to take at least one medication for mood disorders, anxiety, and/or psychotic disorders.

States ranged from 21% to 69%.

This graph illustrates that among respondents from Texas and across NCI states who were reported to take at least one medication to treat mood disorders, anxiety and/or psychotic disorders, the number of medications taken was 61% and 70% 1-2 medications, 29% and 25% 3-4 medications, 10% and 5% 5-10 medications and 1% and 0% 11 or more medications for mood disorders, anxiety and/or psychotic disorders.

States ranged from 54% to 100% 1-2 medications, 0% to 36% 3-4 medications, 0% to 11% 5-10 medications and 0% to 2% 11 or more medications for mood disorders, anxiety and/or psychotic disorders.

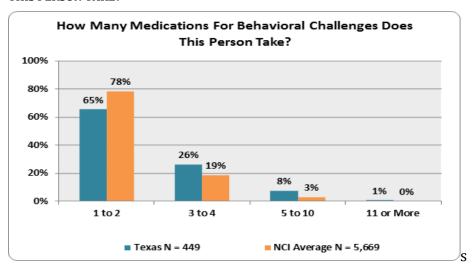
GRAPH 109. TAKES AT LEAST ONE MEDICATION FOR BEHAVIOR CHALLENGES



This graph illustrates that 25% of respondents from Texas and 26% across NCI states were reported to take at least one medication for behavior challenges.

States ranged from 6% to 42%.

GRAPH 110. HOW MANY MEDICATIONS TO TREAT FOR BEHAVIORAL CHALLENGES DOES THIS PERSON TAKE?



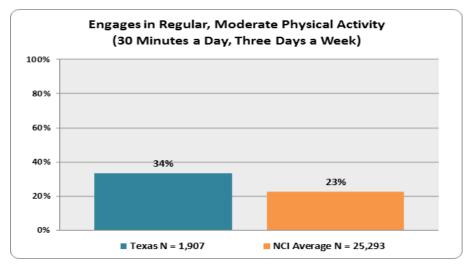
This graph illustrates that among respondents from Texas and across NCI states who were reported to take at least one medication to treat behavioral challenges, the number of medications taken was 1-2 medications 65% and 78%, 3-4 medications 26% and 19%, 5-10 medications 8% and 3%, and 11 or more medications 1% and 0% for behavioral challenges.

States ranged from 64% to 97% 1-2 medications, 3% to 31% 3-4 medications, 0% to 8% 5-10 medications and 0% to 2% 11 or more medications for behavioral challenges.

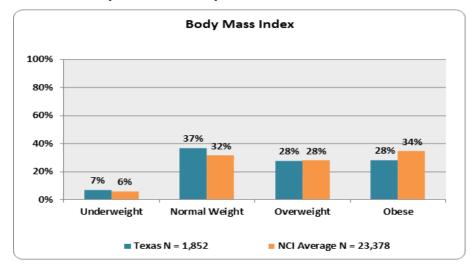
# Wellness

People are supported to maintain healthy habits.

GRAPH 111. ENGAGES IN REGULAR, MODERATE PHYSICAL ACTIVITY



**GRAPH 112. BMI (BODY MASS INDEX)** 



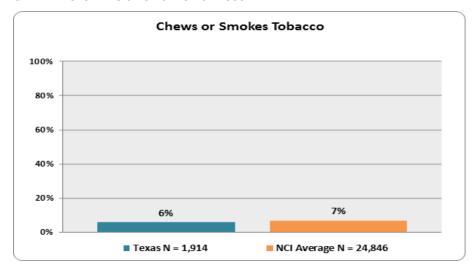
This graph illustrates that 34% of respondents from Texas and 23% across NCI states were reported to engage in moderate physical activity at least 30 minutes a day three days a week.

States ranged from 7% to 37%.

This graph illustrates that respondents from Texas and across NCI states fall into the following BMI categories, respectively: 7% and 6% underweight, 37% and 32% within a normal weight, 28% and 28% overweight, and 28% and 34% obese.

States ranged from 3% to 22% underweight; 23% to 39% normal weight; 23% to 32% overweight; and 22% to 45% obese.

## **GRAPH 113. CHEWS OR SMOKES TOBACCO**



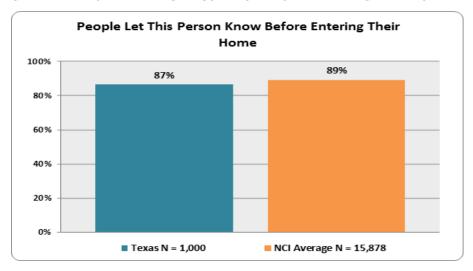
This graph illustrates that 6% of respondents from Texas and 7% across NCI states were reported to chew or smoke tobacco.

States ranged from 0% to 14%.

# **Respect and Rights**

People receive the same respect and protections as others in the community.

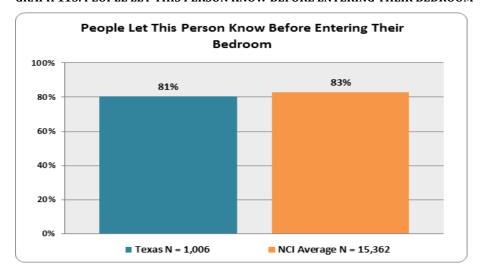
#### GRAPH 114. PEOPLE LET THIS PERSON KNOW BEOFRE ENTERING THEIR HOME



This graph illustrates that 87% of respondents from Texas and 89% across NCI states reported that people let this person know before entering their home.

States ranged from 75% to 98%.

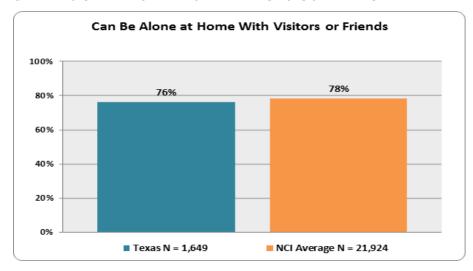
### GRAPH 115. PEOPLE LET THIS PERSON KNOW BEFORE ENTERING THEIR BEDROOM



This graph illustrates that 81% of respondents from Texas and 83% across NCI states reported that people let this person know before entering their bedroom.

States ranged from 69% to 93%.

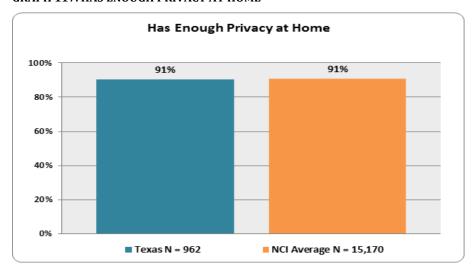
#### GRAPH 116. CAN BE ALONE AT HOME WITH VISITORS OR FRIENDS



This graph illustrates that 76% of respondents from Texas and 78% across NCI states reported that they could be alone at home with visitors or friends.

States ranged from 63% to 93%.

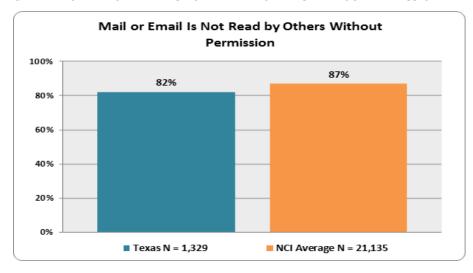
### **GRAPH 117. HAS ENOUGH PRIVACY AT HOME**



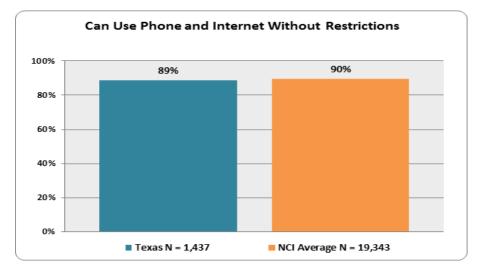
This graph illustrates that 91% of respondents from Texas and 91% across NCI states reported that they have enough privacy at home.

States ranged from 81% to 98%.

GRAPH 118. MAIL OR EMAIL IS NOT READ BY OTHERS WITHOUT PERMISSION



GRAPH 119. CAN USE PHONE AND INTERNET WITHOUT RESTRICTIONS



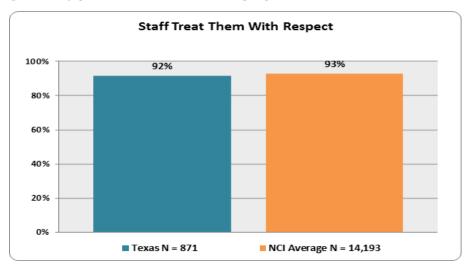
This graph illustrates that 82% of respondents from Texas and 87% across NCI states reported others do not read their mail or email without their permission.

States ranged from 59% to 99%.

This graph illustrates that 89% of respondents from Texas and 90% across NCI states reported that they can use the phone and Internet without restrictions.

States ranged from 81% to 97%.

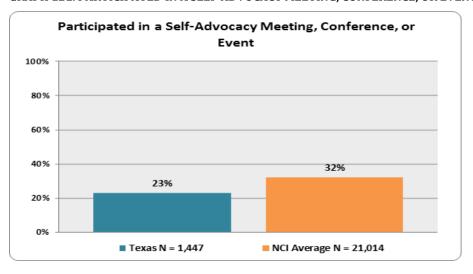
#### **GRAPH 120. STAFF TREAT THEM WITH RESPECT**



This graph illustrates that 92% of respondents from Texas and 93% across NCI states reported that their staff treat them with respect.

States ranged from 86% to 98%.

GRAPH 121. PARTICIPATED IN A SELF-ADVOCACY MEETING, CONFERENCE, OR EVENT



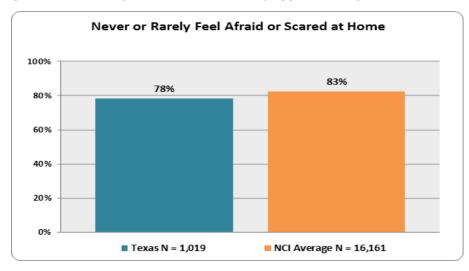
This graph illustrates that 23% of respondents from Texas and 32% across NCI states reported that they have participated in a self-advocacy meeting, conference, or event—or were given the opportunity and chose not to.

States ranged from 17% to 54%.

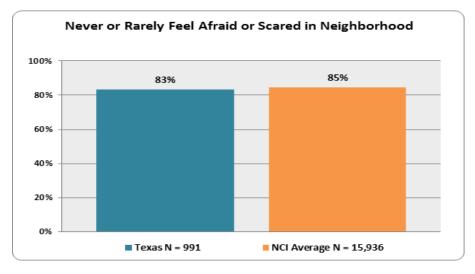
# **Safety**

People are safe from abuse, neglect, and injury.

GRAPH 122. NEVER OR RARELY FEEL AFRAID OR SCARED AT HOME



GRAPH 123. NEVER OR RARELY FEEL AFRAID OR SCARED IN NEIGHBORHOOD



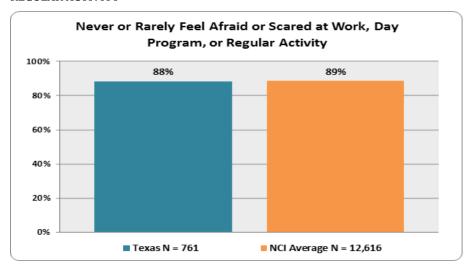
This graph illustrates that 78% of respondents from Texas and 83% across NCI states reported that they never or rarely feel afraid or scared in their home.

States ranged from 71% to 96%.

This graph illustrates that 83% of respondents from Texas and 85% across NCI states reported that they never or rarely feel afraid or scared in their neighborhood.

States ranged from 77% to 97%.

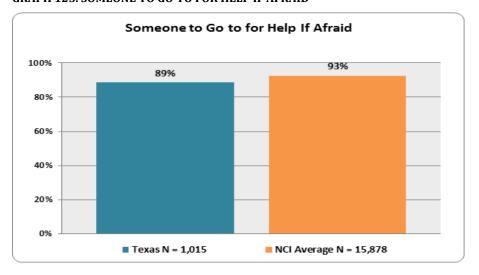
GRAPH 124. NEVER OR RARELY FEEL AFRAID OR SCARED AT WORK, DAY PROGRAM OR REGULAR ACTIVITY



This graph illustrates that 88% of respondents from Texas and 89% across NCI states reported that they never or rarely feel afraid or scared at their work, day program, or regular activity.

States ranged from 80% to 98%.

GRAPH 125. SOMEONE TO GO TO FOR HELP IF AFRAID



This graph illustrates that 89% of respondents from Texas and 93% across NCI states reported that they have someone to go to for help if they ever feel afraid.

States ranged from 86% to 97%.

# **Summary**

Recommendations/best practices for interpreting results:

- The NCI State Report allows the state to compare its own results against the average across all NCI states reporting for that particular year.
- The NCI State Report will be generated on an annual basis, enabling states to track system-level changes in performance and outcomes over time as well as in relation to the average across all NCI states.

## Cautions:

- The data presented in this report are raw data, meaning no statistical testing was performed. The NCI average was derived from an average of all participating states, with weighting applied to the large CA sample. For more information on the weights used for the California sample, and for individual state-to-state comparisons, please refer to the 2014-15 NCI Adult Consumer Survey Report, which is posted on the NCI website (<a href="http://www.nationalcoreindicators.org">http://www.nationalcoreindicators.org</a>).
- A few of these charts show results for questions that had a small number of survey responses (e.g., questions on self-directed supports). These should be interpreted with particular caution, since the response averages may be influenced by a small number of responses.

To review additional NCI reports, visit <a href="http://www.nationalcoreindicators.org">http://www.nationalcoreindicators.org</a>.

For further information regarding this State Report, please contact the National Core Indicators Director at HSRI, Alixe Bonardi at abonardi@hsri.org