

# NCI State Report: Alabama

2010-11

National Association of State Directors of Developmental Disabilities Services Human Services Research Institute



## **Table of Contents**

Overview of NCI1
Purpose of this Report1
Demographics2
Consumer's Gender2
Consumer's Race2
Consumer's Ethnicity2
Consumer's Level of ID2
Other Disabilities Consumer Has3
Other Disabilities Consumer Has3
Type of Residence Consumer Is In3
Consumer's Age3
Community Inclusion4
Went Shopping In the Past Month4
Average Times Shopping In Past Month4
Went Out On Errands In the Past Month5
Average Times Went on Errands In Past Month5
Went Out For Entertainment In the Past Month6
Average Times Went Out For Entertainment In Past Month 6
Went Out To Eat In the Past Month7

Went To Religious Services or Spiritual Practice In the Past Month
8
Average Times Went To Religious Services or Spiritual Practice In Past Month8
Went Out For Exercise In the Past Month9
Average Times Went Out To Exercise In Past Month9
Went On a Vacation In the Past Year10
Average Times Went On Vacation In Past Year10
Choice and Decision-Making11
Chose Home11
Looked at More Than One Home11
Chose Roommates12
Chose Home Staff12
Chose Job13
Looked at More Than One Job13
Chose Job Staff14
Chose Day Activity14
Looked at More Than One Day Activity15
Chose Day Activity Staff15
Decides Daily Schedule16
Decides How To Spend Free Time16
Chooses How to Spend Money17

Chose Case Manager/Service Coordinator17
Relationships
Has Friends18
Has a Best Friend18
Can See Friends19
Can See Family19
Talks With Neighbors20
Can Go On Dates20
Feels Lonely21
Gets To Help Other People21
Satisfaction22
Likes Home
Likes Neighborhood22
Wants to Live Somewhere Else23
Likes Job23
Would Like to Work Somewhere Else24
Like Day Activity24
Would Like a Different Day Activity25
Service Coordination26
Has Met Case Manager/Service Coordinator
Case Manager/Service Coordinator Asks What Person Wants . 26
Case Manager/Service Coordinator Helps Get What Person Needs

Case manager/Service Coordinator Calls Back Right Away	27
Helped Make Service Plan	28
Access	29
Always Has a Way To Get Places	29
Usual Way To Get Places	29
Gets the Services Needed	30
Staff Have Adequate Training	30
Safety	31
Feels Safe at Home	31
Feels Safe In Neighborhood	31
Feels Safe at Work or Day Activity	32
Has Someone to Go To If Afraid	32
Health	33
Has a Primary Doctor	33
Had an Annual Physical Exam In the Past Year	33
In Poor Health	34
Had a Routine Dental Exam In the Past Year	34
Had a Vision Screening In the Past Year	35
Had a Hearing Test In the Past 5 Years	35
Had a Pap Test in Past 3 Years(Women)	36
Had a Mammogram in Past 2 Years(Women over 40)	36
Had a PSA Test in Past Year(Males over 50)	37

Has Had a Colorectal Cancer Screening in Past Year(Tho: 50)	
Had a Flu Vaccination In the Past Year	
Had a Vaccination For Pneumonia	
Wellness	
Engages in Moderate Physical Activity	
BMI	
Smokes Or Chews Tobacco	40
Medication	41
Takes Medication for Mood/Behavior/Anxiety Disorder	41
Rights and Respect	42
Has Enough Privacy at Home	42
Bedroom is Entered Without Permission	42
Home is Entered Without Permission	43
Can Be Alone With Visitors At Home	43
Mail Is Opened Without Permission	44
Allowed To Use Phone and Internet	44
Staff At Home Are Respectful	45
Staff At Work Are Respectful	45
Staff At Day Activity Are Respectful	46
Has Participated In a Self-Advocacy Group or Meeting	46
Self Determination	47
Uses Self-Directed Support Option	47

	Work	48
7	Has a Job in the Community	48
8	Type of Community Employment	48
8	Overall Employment	49
9	Individually-Supported Employment	49
9	Competitive Employment	50
9	Group-Supported Employment	50
0	Four Most Common Community Jobs	51
1	Worked 10 Out of Last 12 Months In Community Job	51
1	Length of Time At Current Community Job	52
2	Received Paid Vacation/Sick Time in Community Job	52
2	Wants a Job in the Community	53
2	Has Integrated Employment As a Goal In Service Plan	53
3	Goes to a Day Activity	54
3	Does Volunteer Work	
4	Summary	55

#### **Overview of NCI**

In December 1996, the National Association of State Directors of Developmental Disabilities Services (NASDDDS) Board of Directors launched the Core Indicators Project (CIP). The aim of CIP was to support state developmental disabilities authorities (SDDAs) in developing and implementing performance/outcome indicators and related data collection strategies that would enable them to measure service delivery system performance. This effort, now called National Core Indicators or NCI, strives to provide SDDAs with sound tools in support of their efforts to improve system performance and thereby to better serve people with developmental disabilities and their families. The Association's active sponsorship of NCI facilitates states pooling their knowledge, expertise and resources in this endeavor.

For a complete list of NCI states in 2010-11 and a complete list of NCI indicators, visit <u>http://www.nationalcoreindicators.org</u>.

#### **Purpose of this Report**

This report is intended to provide states a look at their NCI data compared to the average of all other participating NCI states in a reasonably sized and easy to review format. For 2010-11, the "Average of NCI States" figure includes data from 15 states. This State Report will not replace the annual NCI Consumer Outcomes Report.

It should be noted that this report only contains data from the 2010-11 Adult Consumer Survey. Future State Reports will include all NCI data (e.g., Family Survey data, Staff stability data, etc.) collected during that year.

Alabama has been a NCI State since 2001-02. Alabama's NCI Contact Lead, Jeff Williams, is the Director of Quality and Planning, Division of Intellectual Disabilities Services. In 2010-11, Alabama conducted 501 Consumer Surveys.



20%

0%

3%

Non-Hispanic

0%

Hispanic



0%

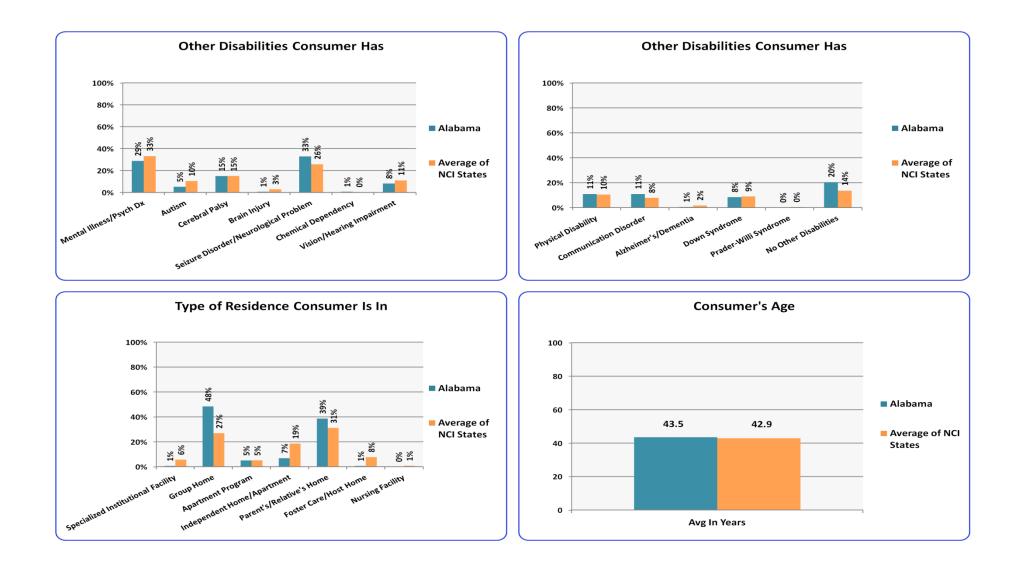
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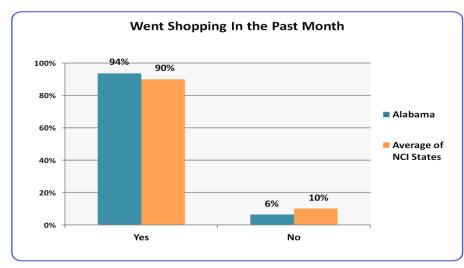
Mild

Moderate

severe

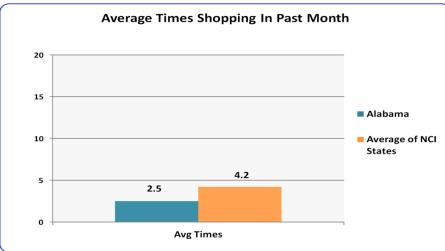
profound



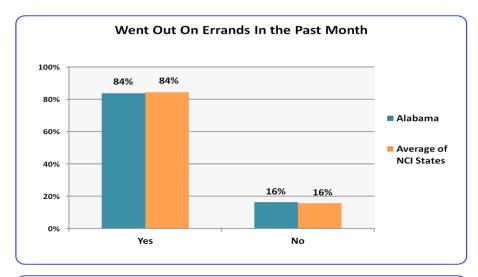


## **Community Inclusion**

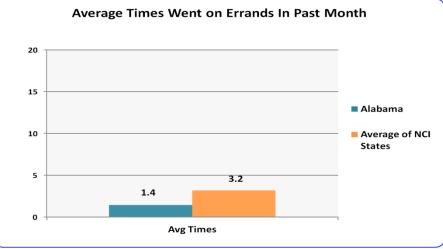
This graph illustrates 94% of respondents from Alabama and 90% of respondents across NCI States reported they went shopping in the past month.



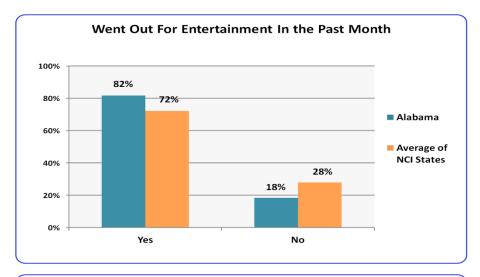
This graph illustrates, on average, respondents from Alabama went shopping 2.5 times in the past month, and respondents across NCI States went an average of 4.2 times in the past month.



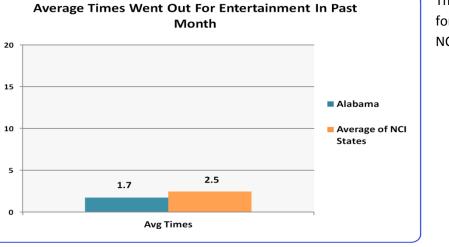
This graph illustrates 84% of respondents from Alabama and 84% of respondents across NCI States reported they went on errands in the past month.



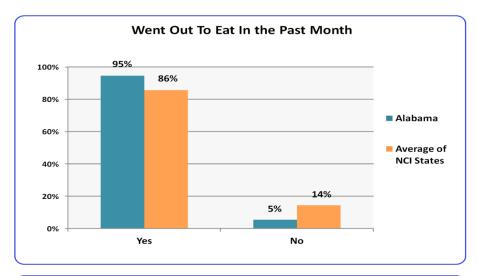
This graph illustrates, on average, respondents from Alabama went on errands 1.4 times in the past month, and respondents across NCI States went an average of 3.2 times in the past month.



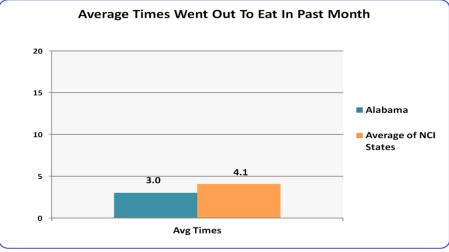
This graph illustrates 82% of respondents from Alabama and 72% of respondents across NCI States reported they went out for entertainment in the past month.



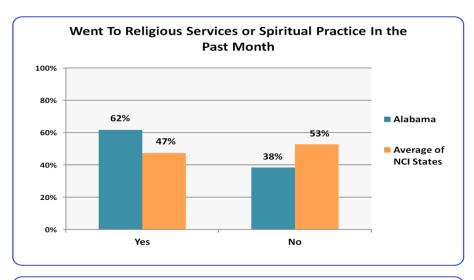
This graph illustrates, on average, respondents from Alabama went out for entertainment 1.7 times in the past month, and respondents across NCI States went an average of 2.5 times in the past month.



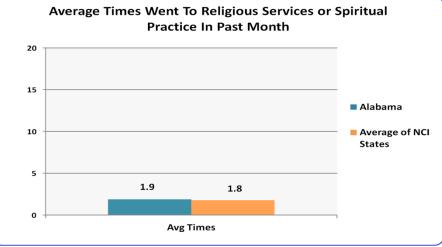
This graph illustrates 95% of respondents from Alabama and 86% of respondents across NCI States reported they went out to eat in the past month.



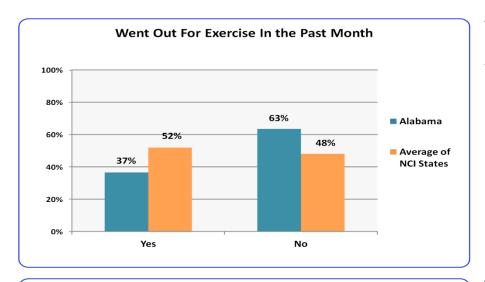
This graph illustrates, on average, respondents from Alabama went out to eat 3.0 times in the past month, and respondents across NCI States went an average of 4.1 times in the past month.



This graph illustrates 62% of respondents from Alabama and 47% of respondents across NCI States reported they went to religious or spiritual services in the past month.

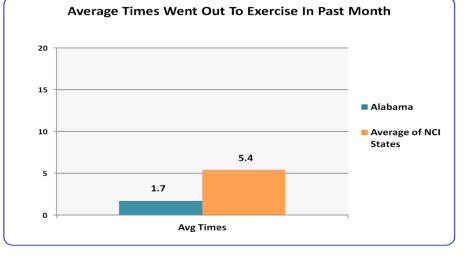


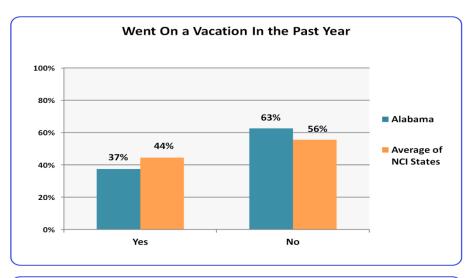
This graph illustrates, on average, respondents from Alabama went out for religious or spiritual services 1.9 times in the past month, and respondents across NCI States went an average of 1.8 times in the past month.



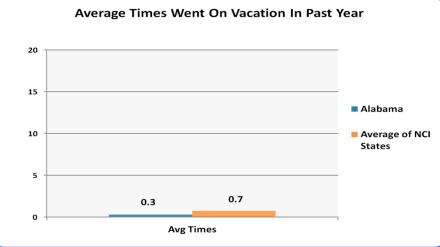
This graph illustrates 37% of respondents from Alabama and 52% of respondents across NCI States reported they went out for exercise in the past month.

This graph illustrates, on average, respondents from Alabama went out for exercise 1.7 times in the past month, and respondents across NCI States went an average of 5.4 times in the past month.

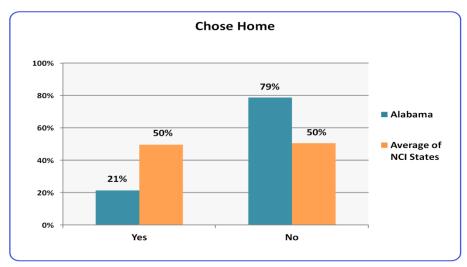




This graph illustrates 37% of respondents from Alabama and 44% of respondents across NCI States reported they went on vacation in the past year.

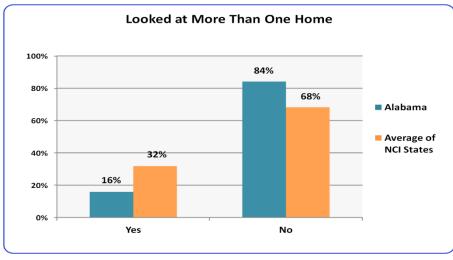


This graph illustrates, on average, respondents from Alabama went on vacation 0.3 times in the past year and respondents across NCI States went an average of 0.7 times in the past year

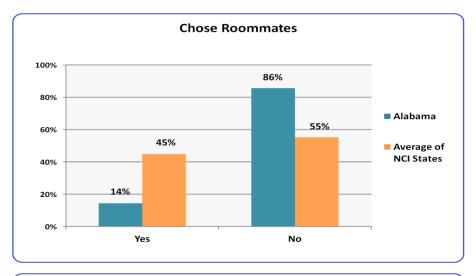


## Choice and Decision-Making

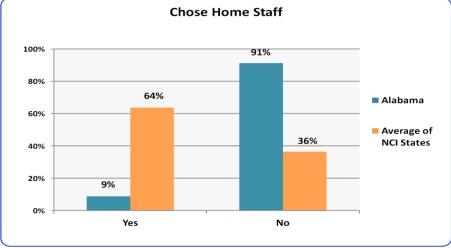
This graph illustrates 21% of respondents from Alabama and 50% of respondents across NCI States reported they chose or had some input in choosing their where they live.



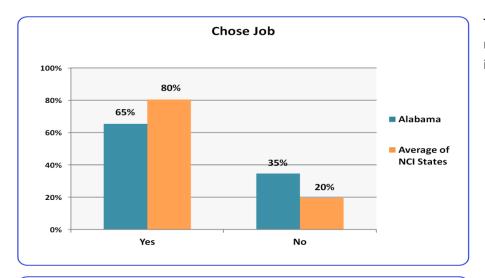
This graph illustrates 16% of respondents from Alabama and 32% of respondents across NCI States reported they looked at more than one home before choosing where to live.



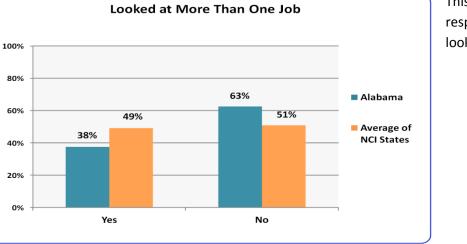
This graph illustrates 14% of respondents from Alabama and 45% of respondents across NCI States reported they chose or had some input in choosing their roommates.



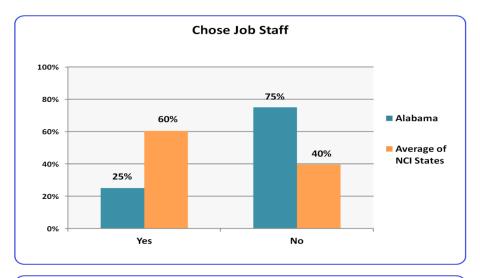
This graph illustrates 9% of respondents from Alabama and 64% of respondents across NCI States reported they chose or were aware they could request to change the staff who help them at home.



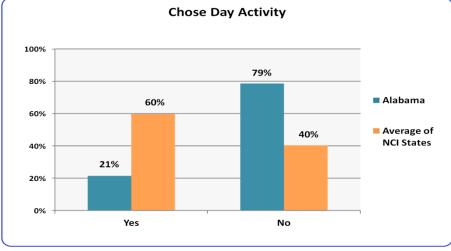
This graph illustrates 65% of respondents from Alabama and 80% of respondents across NCI States reported they chose or had some input in choosing their job.



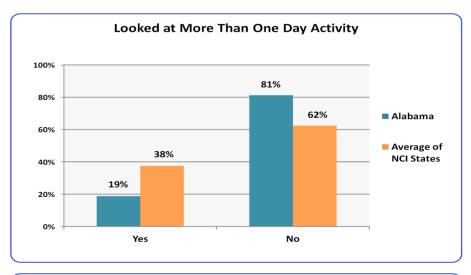
This graph illustrates 38% of respondents from Alabama and 49% of respondents across NCI States reported they chose their job after looking at more than one place.



This graph illustrates 25% of respondents from Alabama and 60% of respondents across NCI States reported they chose or were aware they could request a change in job staff.

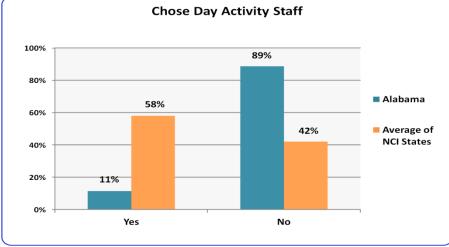


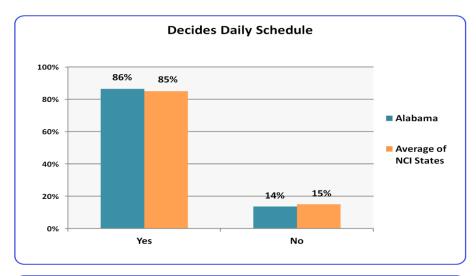
This graph illustrates 21% of respondents from Alabama and 60% of respondents across NCI States reported they chose or had some input in choosing their day activity.



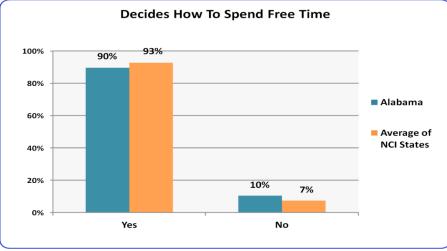
This graph illustrates 19% of respondents from Alabama and 38% of respondents across NCI States reported they chose their day activity after looking at more than one place.

This graph illustrates 11% of respondents from Alabama and 58% of respondents across NCI States reported they chose or could request a change in day activity staff.

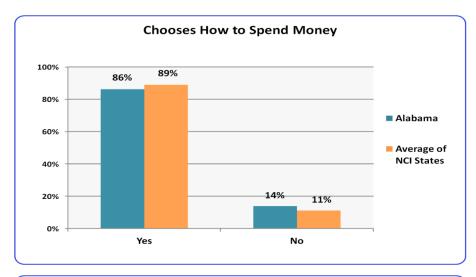




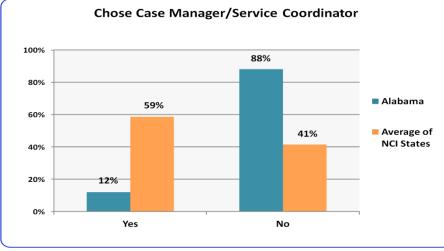
This graph illustrates 86% of respondents from Alabama and 85% of respondents across NCI States reported they choose or have input in choosing their daily schedule.



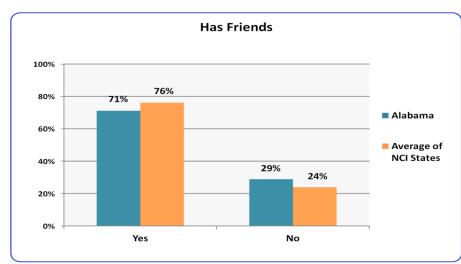
This graph illustrates 90% of respondents from Alabama and 93% of respondents across NCI States reported they choose or have input in choosing how to spend free time.



This graph illustrates 86% of respondents from Alabama and 89% of respondents across NCI States reported they choose or have input in choosing how to spend their money.

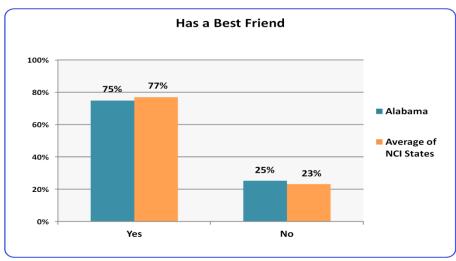


This graph illustrates 12% of respondents from Alabama and 59% of respondents across NCI States reported they chose or were aware they could request to change their case manager/service coordinator.

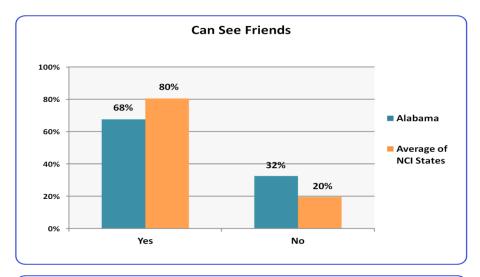


## Relationships

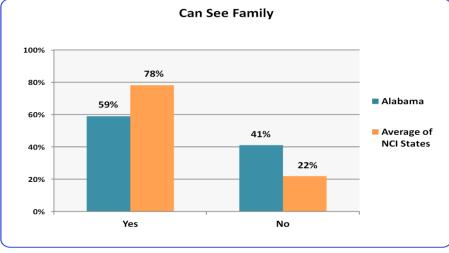
This graph illustrates 71% of respondents from Alabama and 76% of respondents across NCI States reported they have friends other than staff and family.



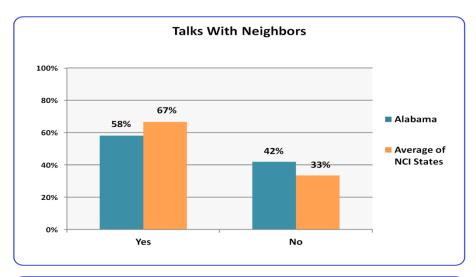
This graph illustrates 75% of respondents from Alabama and 77% of respondents across NCI States reported they have a best friend.



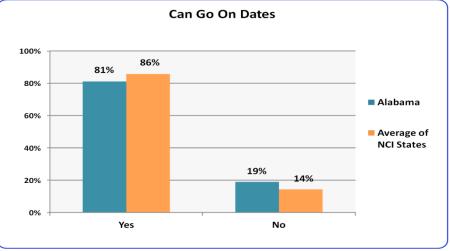
This graph illustrates 68% of respondents from Alabama and 80% of respondents across NCI States reported they have the support needed to see friends when they want to.



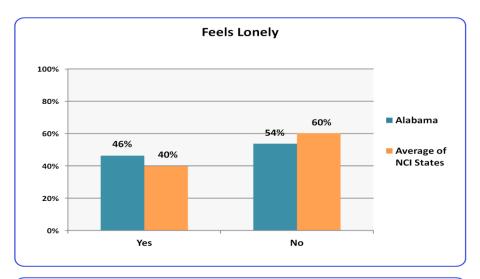
This graph illustrates 59% of respondents from Alabama and 78% of respondents across NCI States reported they have the support needed to see family when they want to.



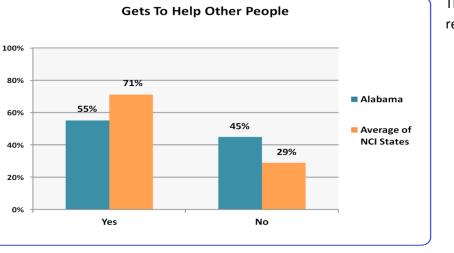
This graph illustrates 58% of respondents from Alabama and 67% of respondents across NCI States reported they talk to their neighbors often.



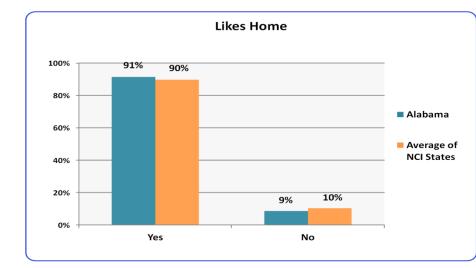
This graph illustrates 81% of respondents from Alabama and 86% of respondents across NCI States reported they could go on a date, or can date with some restrictions, if they want to.



This graph illustrates 46% of respondents from Alabama and 40% of respondents across NCI States reported they feel lonely at least half of the time.

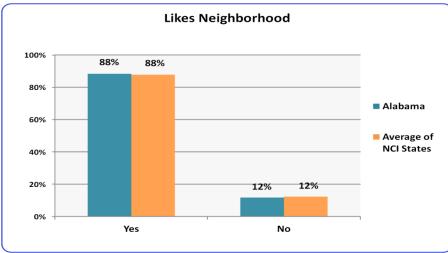


This graph illustrates 55% of respondents from Alabama and 71% of respondents across NCI States reported they get to help others.

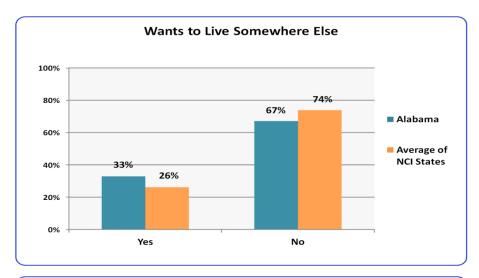


## Satisfaction

This graph illustrates 91% of respondents from Alabama and 90% of respondents across NCI States reported they like where they live.

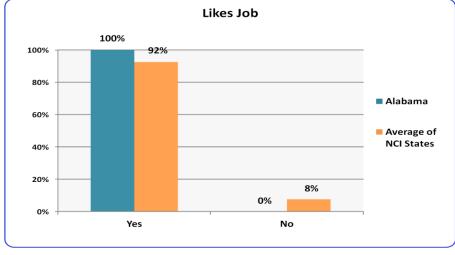


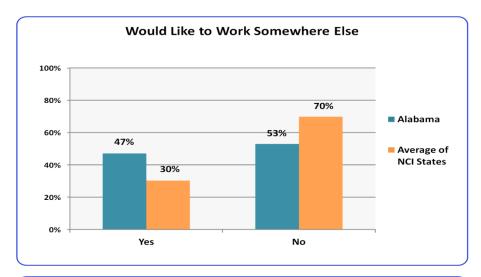
This graph illustrates 88% of respondents from Alabama and 88% of respondents across NCI States reported they like their neighborhood.



This graph illustrates 33% of respondents from Alabama and 26% of respondents across NCI States reported they want to live somewhere else.

This graph illustrates 100% of respondents from Alabama and 92% of respondents across NCI States reported they like their job.





100%

80%

60%

40%

20%

0%

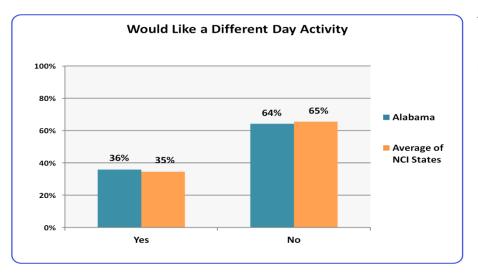
Yes

This graph illustrates 47% of respondents from Alabama and 30% of respondents across NCI States reported they want to work somewhere else.

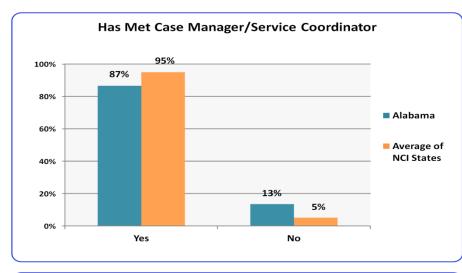
Like Day Activity 91% 89% Alabama Average of NCI States 9% 11%

No

This graph illustrates 91% of respondents from Alabama and 89% of respondents across NCI States reported they like their day activity.

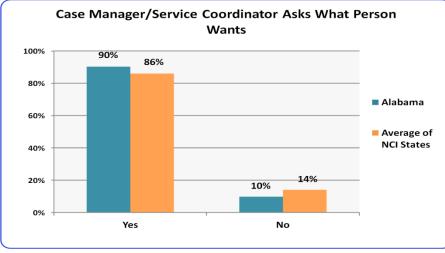


This graph illustrates 36% of respondents from Alabama and 35% of respondents across NCI States reported they want to go or do something else during the day.

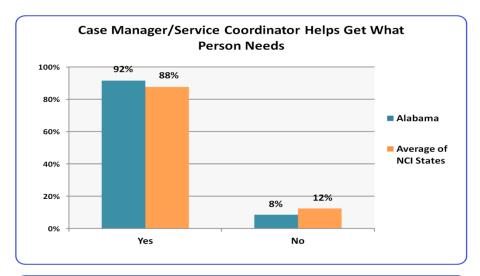


#### **Service Coordination**

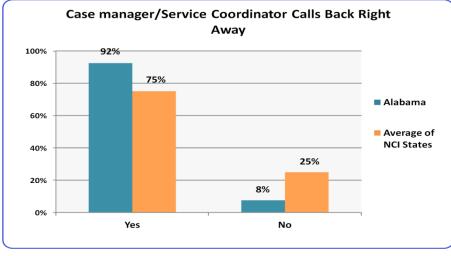
This graph illustrates 87% of respondents from Alabama and 95% of respondents across NCI States reported they have met their case manager/service coordinator.



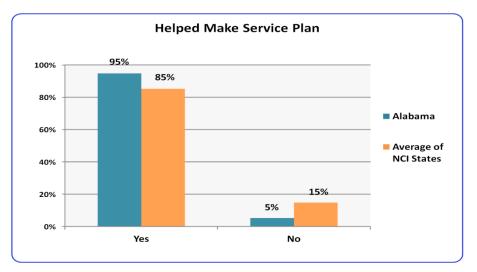
This graph illustrates 90% of respondents from Alabama and 86% of respondents across NCI States reported their case manager/service coordinator asks what the person wants.



This graph illustrates 92% of respondents from Alabama and 88% of respondents across NCI States reported their case manager/service coordinator helps get what person needs.

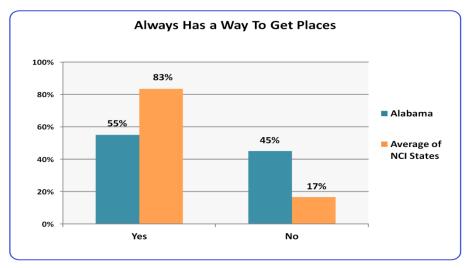


This graph illustrates 92% of respondents from Alabama and 75% of respondents across NCI States reported their case manager/service coordinator calls back right away.

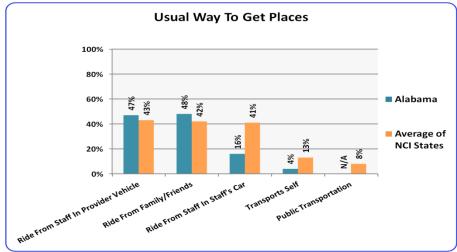


This graph illustrates 95% of respondents from Alabama and 85% of respondents across NCI States reported they helped make their service plan.

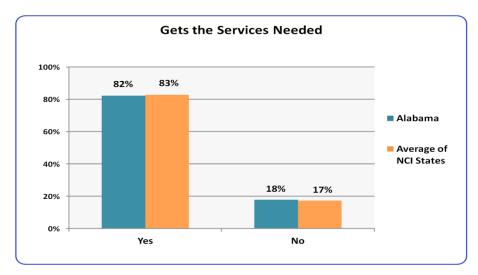
#### Access



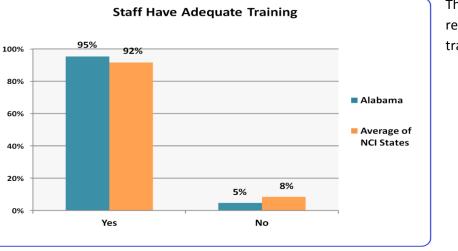
This graph illustrates 55% of respondents from Alabama and 83% of respondents across NCI States reported they always have adequate transportation.



This graph illustrates the typical way respondents from Alabama and across NCI States get places are, respectively: 47% and 43% from staff in provider vehicle; 48% and 42% from family or friends; 16% and 41% from staff in staff's car; 4% and 13% transport themselves; and 8% across NCI states use public transportation.

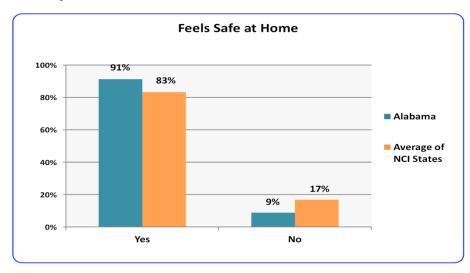


This graph illustrates 82% of respondents from Alabama and 83% of respondents across NCI States reported they get the services they need.

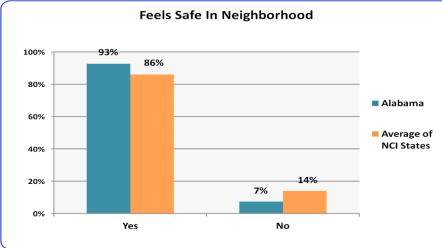


This graph illustrates 95% of respondents from Alabama and 92% of respondents across NCI States reported their staff have adequate training.

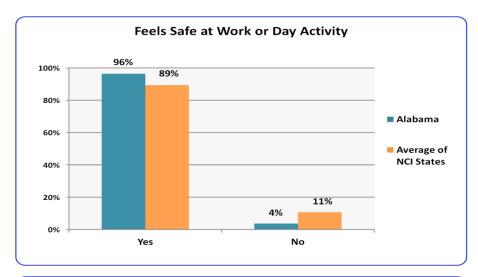
## Safety



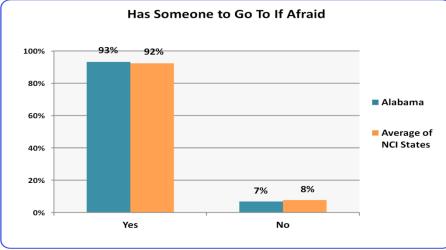
This graph illustrates 91% of respondents from Alabama and 83% of respondents across NCI States reported they never feel scared at home.



This graph illustrates 93% of respondents from Alabama and 86% of respondents across NCI States reported they never feel scared in their neighborhood.

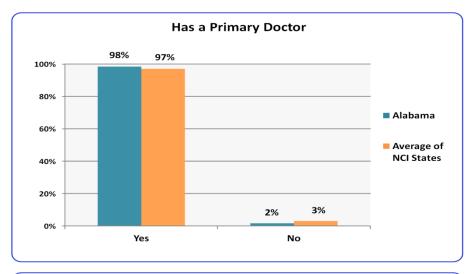


This graph illustrates 96% of respondents from Alabama and 89% of respondents across NCI States reported they never feel scared at their work or day activity.

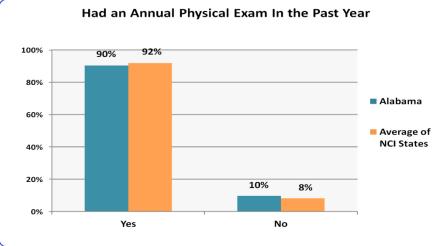


This graph illustrates 93% of respondents from Alabama and 92% of respondents across NCI States reported they have someone to go to for help if they feel scared.

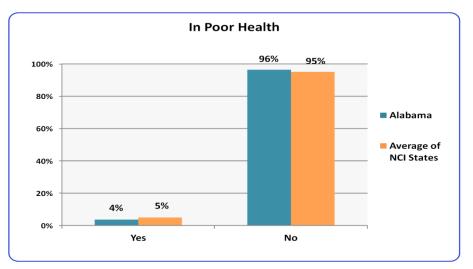
#### Health



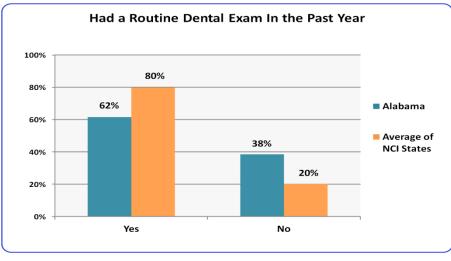
This graph illustrates 98% of respondents from Alabama and 97% of respondents across NCI States have a primary care doctor.



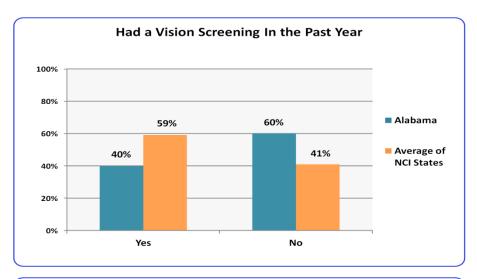
This graph illustrates 90% of respondents from Alabama and 92% of respondents across NCI States had a physical exam in the past year.



This graph illustrates 4% of respondents from Alabama and 5% of respondents across NCI States were reported to be in poor health.



This graph illustrates 62% of respondents from Alabama and 80% of respondents across NCI States had a dental exam in the past year.



100%

80%

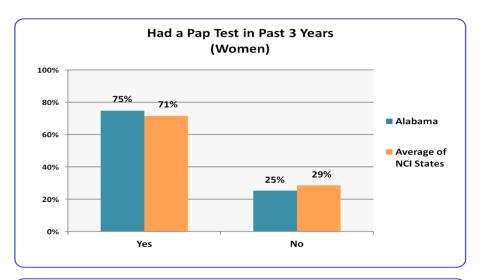
40%

0%

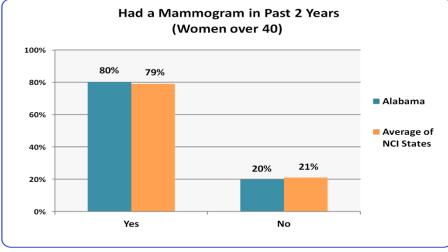
This graph illustrates 40% of respondents from Alabama and 59% of respondents across NCI States had a vision screening in the past year.

Had a Hearing Test In the Past 5 Years 61% Alabama 55% 60% 45% Average of 39% NCI States 20% Yes No

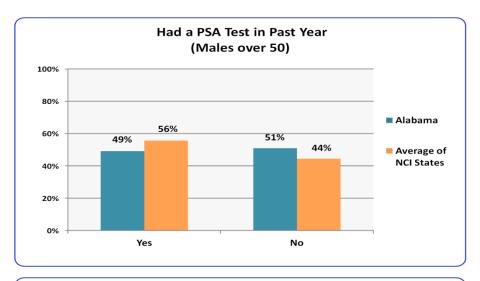
This graph illustrates 55% of respondents from Alabama and 61% of respondents across NCI States had a hearing test in the past five years.



This graph illustrates of female respondents, 75% from Alabama and 71% across NCI States had a Pap Test in the past three years.



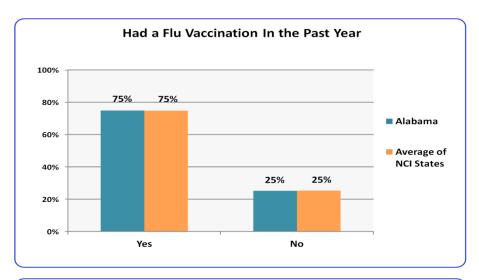
This graph illustrates of female respondents over 40, 80% from Alabama and 79% across NCI States had a Mammogram in the past two years.



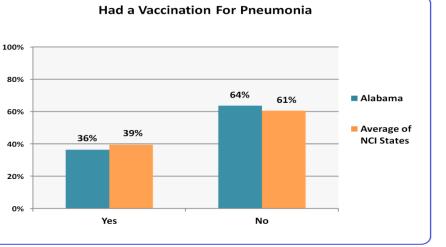
Has Had a Colorectal Cancer Screening in Past Year (Those over 50) 100% 88% 81% 80% Alabama 60% Average of NCI States 40% 19% 20% 12% 0% Yes No

This graph illustrates of male respondents over 50, 49% from Alabama and 56% across NCI States had a PSA Test in the past year.

This graph illustrates of respondents over 50, 12% from Alabama and 19% across NCI States had a Colorectal Cancer Screening in the past year.

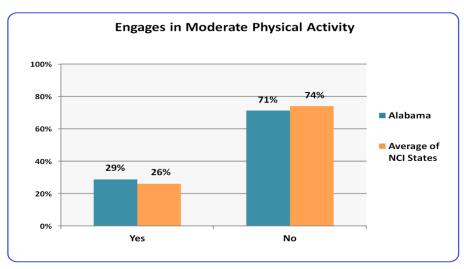


This graph illustrates 75% of respondents from Alabama and 75% of respondents across NCI States had a flu vaccine in the past year.

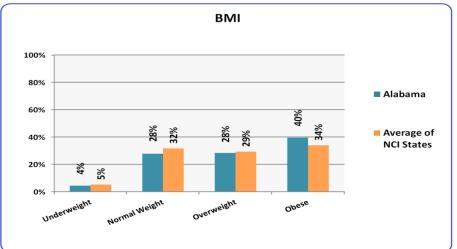


This graph illustrates 36% of respondents from Alabama and 39% of respondents across NCI States had ever been vaccinated for pneumonia.

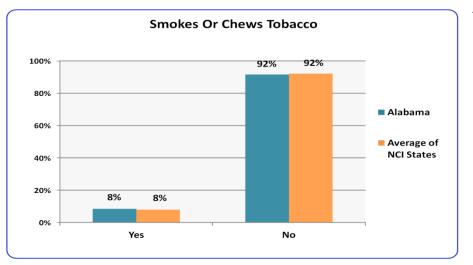




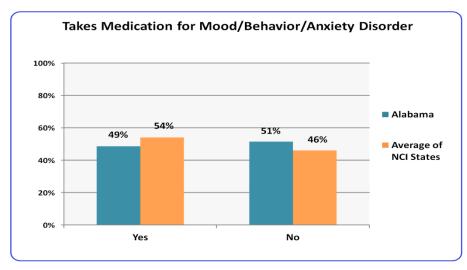
This graph illustrates 29% of respondents from Alabama and 26% of respondents across NCI States engage in moderate physical activity (a minimum of 30 minutes of activity 3 times a week).



This graph illustrates based on Body Mass Index (BMI), respondents from Alabama and across NCI States are in the following categories, respectively: 4% and 5% underweight, 28% and 32% within a normal weight, 28% and 29% overweight, and 40% and 34% obese.

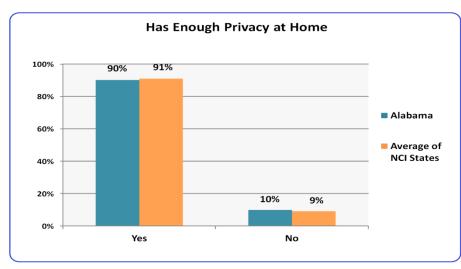


This graph illustrates 8% of respondents from Alabama and 8% of respondents across NCI States smoke or chew tobacco.



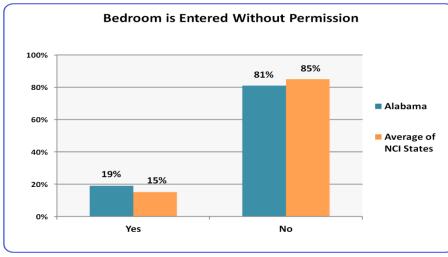
## Medication

This graph illustrates 49% of respondents from Alabama and 54% of respondents across NCI States reportedly take at least one medication for a mood, behavior, or anxiety disorder.

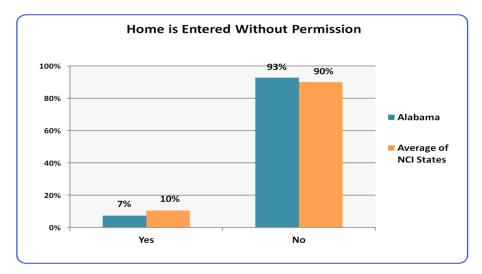


# **Rights and Respect**

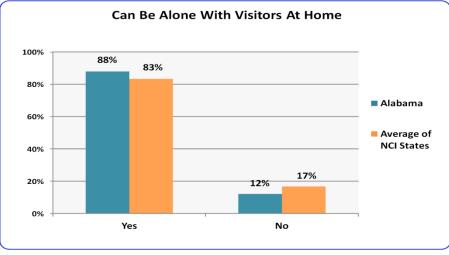
This graph illustrates 90% of respondents from Alabama and 91% of respondents across NCI States reported they have enough privacy at home.



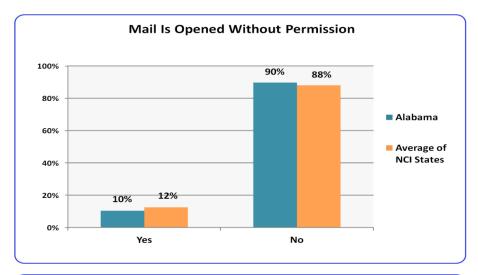
This graph illustrates 19% of respondents from Alabama and 15% of respondents across NCI States reported people enter their bedroom without asking permission.



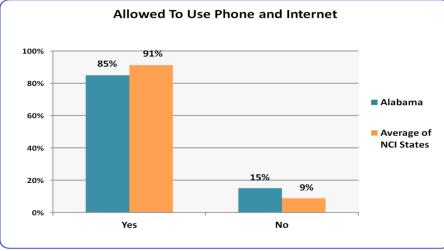
This graph illustrates 7% of respondents from Alabama and 10% of respondents across NCI States reported people enter their home without asking permission.



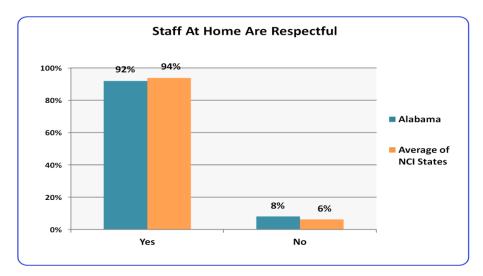
This graph illustrates 88% of respondents from Alabama and 83% of respondents across NCI States reported they can be alone at home with visitors.



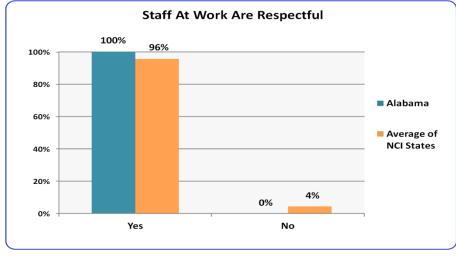
This graph illustrates 10% of respondents from Alabama and 12% of respondents across NCI States reported their mail or email is opened without permission.



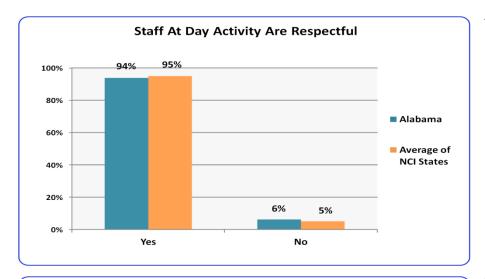
This graph illustrates 85% of respondents from Alabama and 91% of respondents across NCI States reported they can use the phone and internet without restrictions.



This graph illustrates 92% of respondents from Alabama and 94% of respondents across NCI States reported staff at home are nice and polite.

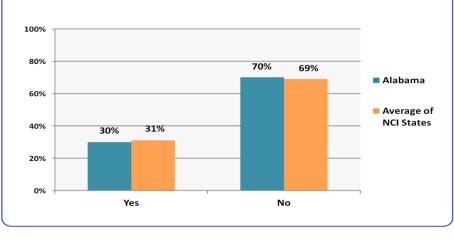


This graph illustrates 100% of respondents from Alabama and 96% of respondents across NCI States reported staff at their work are nice and polite.

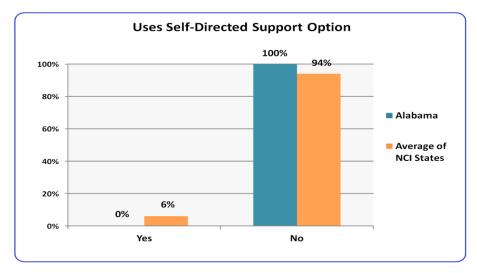


This graph illustrates 94% of respondents from Alabama and 95% of respondents across NCI States reported staff at their day activity are nice and polite.

This graph illustrates 30% of respondents from Alabama and 31% of respondents across NCI States reported they participated in a self-advocacy event, or chose not to.



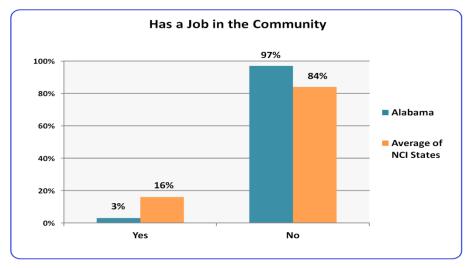
Has Participated In a Self-Advocacy Group or Meeting



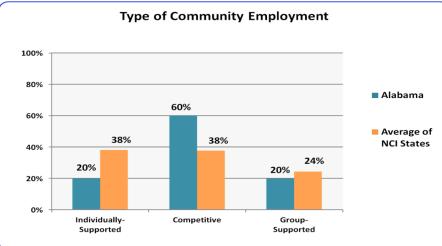
## **Self Determination**

This graph illustrates 0% of respondents from Alabama and 6% of respondents across NCI States were using a self-directed supports option.

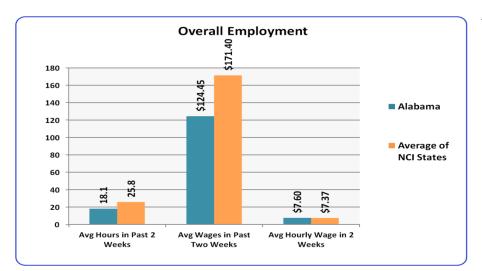
#### Work



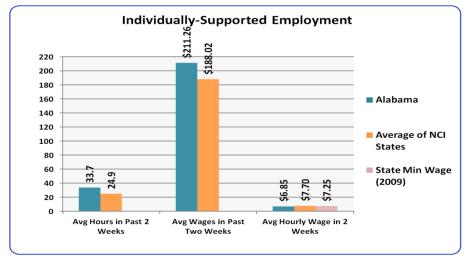
This graph illustrates 3% of respondents from Alabama and 16% of respondents across NCI States were working in community-based employment.



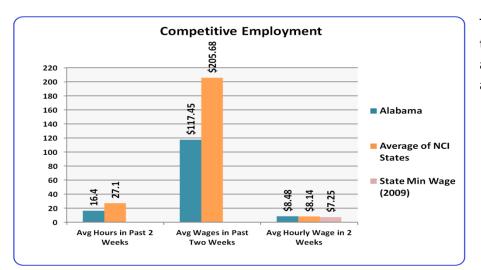
This graph illustrates the type of community-based employment respondents were in from Alabama and across NCI States, respectively: 20% and 38% individually-supported; 60% and 38% competitive; and 20% and 24% group-supported.



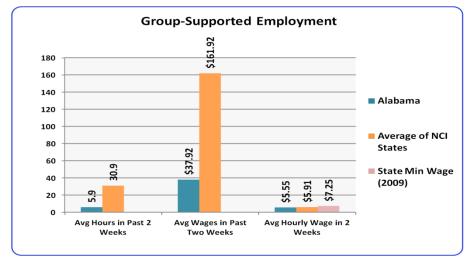
This graph illustrates all those employed, over a typical two-week period, in Alabama and across NCI States, respectively: work an average of 18.1 and 25.8 hours; earn an average wage of \$124.45 and \$171.40; and make an average hourly salary of \$7.60 and \$7.37.



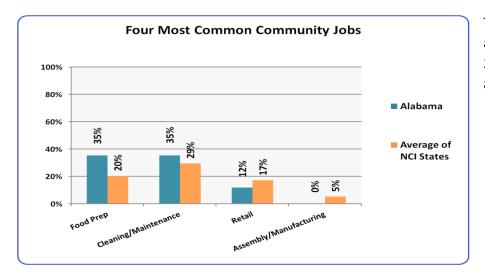
This graph illustrates those in individually-supported employment, over a typical two-week period, in Alabama and across NCI States, respectively: work an average of 33.7 and 24.9 hours; earn an average wage of \$211.26 and \$188.02; and make an average hourly salary of \$6.85 and \$7.70.



This graph illustrates those in competitive employment, over a typical two-week period, in Alabama and across NCI States, respectively: work an average of 16.4 and 27.1 hours; earn an average wage of \$117.45 and \$205.68; and make an average hourly salary of \$8.48 and \$8.14.

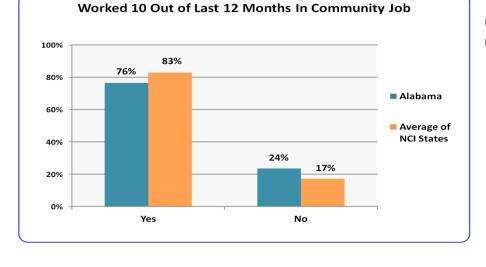


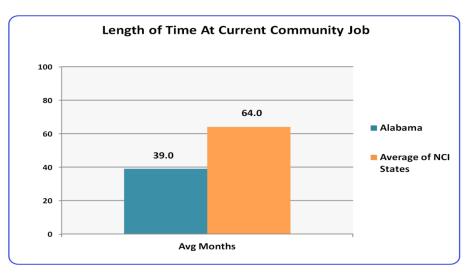
This graph illustrates those in group-supported employment, over a typical two-week period, in Alabama and across NCI States, respectively: work an average of 5.9 and 30.9 hours; earn an average wage of \$37.92 and \$161.92; and make an average hourly salary of \$5.55 and \$5.91.



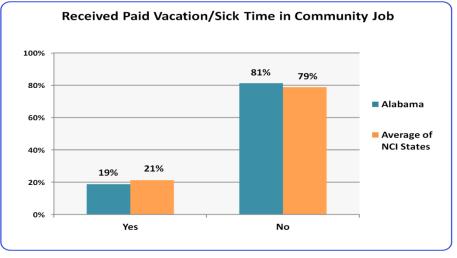
This graph illustrates of those employed the common jobs in Alabama and across NCI States, respectively: 35% and 20% food prep; 35% and 29% cleaning or maintenance; 12% and 17% retail; 0% and 5% assembly or manufacturing.

This graph illustrates 76% of respondents from Alabama and 83% of respondents across NCI States were working 10 out of the last 12 months in their community job.

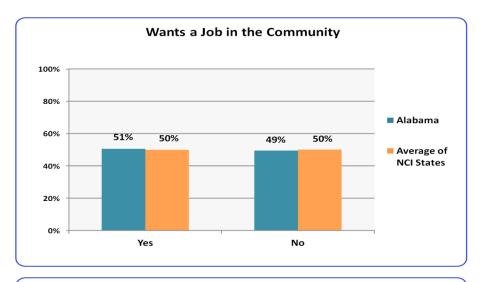




This graph illustrates, on average, respondents from Alabama were working in their current job for 39.0 months, and respondents across NCI States were working in their current job for 64.0 months.

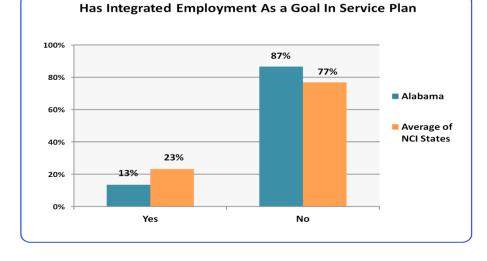


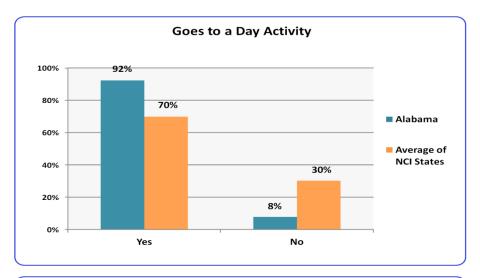
This graph illustrates 19% of respondents from Alabama and 21% of respondents across NCI States received paid vacation or sick time.



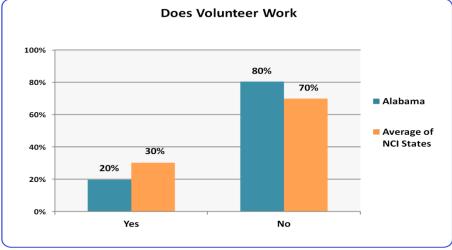
This graph illustrates of those not in community employment, 51% of respondents from Alabama and 50% of respondents across NCI States reported they would like a job.

This graph illustrates, 13% of respondents from Alabama and 23% of respondents across NCI States have integrated employment as a goals in their service plan.





This graph illustrates, 92% of respondents from Alabama and 70% of respondents across NCI States reported they have a day activity.



This graph illustrates, 20% of respondents from Alabama and 30% of respondents across NCI States reported they did volunteer work.

#### Summary

Recommendations/best practices for interpreting results:

- The NCI State Report allows the state to compare its own results against the average across all NCI states reporting for that particular year.
- The NCI State Report will be generated on an annual basis, enabling states to track system-level changes in performance and outcomes over time as well as in relation to the average across all NCI states.

Cautions:

- All the data presented in this report are "raw" data, meaning no statistical testing was performed. For individual state-to-state comparisons, please refer to the 2010-10 NCI Consumer Survey Report, which is posted on the NCI website (<u>http://www.nationalcoreindicators.org</u>).
- A few of these charts show results for questions that had a small number of survey responses (e.g., questions on self-directed supports). To locate the n's (number of responses) for each question, please review the aforementioned 2010-11 NCI Consumer Survey Report.

To review additional NCI reports, visit <u>http://www.nationalcoreindicators.org</u>.

For further information regarding this State Report, please contact Josh Engler at jengler@hsri.org.