Chapter 1: NCI-IDD Overview and Methodology

National Core Indicators—Intellectual and Developmental Disabilities (NCI-IDD) History and Activities
Methodology
Data Analysis

Chapter 2: Demographics

Age
Age Group
Gender
Marital Status
Person is a parent
Person’s child co-resides in home (if child is under 18)
Race
Residential Designation
Type of Residence – ICFs/ID, Nursing facilities or other specialized institutional settings
Type of Residence – Group Residential Setting
Type of Residence – Other Home Settings
Length of Time at Current Residence
Person’s residence owned or controlled by provider agency
Person is named on the lease
Person owns home
Has ID Diagnosis
Level of ID
Mood, Anxiety, Behavior, Psychotic, and Other Mental Illness
Other Disabilities
Other Disabilities
Health Conditions
Preferred Means of Communication
Primary Language
Mobility
Support Needed to Manage Self-Injurious Behavior
Support Needed to Manage Disruptive Behavior
Support Needed to Manage Destructive Behavior
Level of Guardianship
Guardian’s Relationship to Person
Funding source
Person receives Medicare
Amount of daily support received at home

**Choice and Decision-Making**

Chose or had some input in choosing where they live if not living in the family home
Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone
Chose or had some help in choosing where they work
Chose or had some input in choosing day program or workshop
Chose staff or were aware they could request to change staff
Chooses or has help deciding their daily schedule
Has enough choice in daily schedule
Chooses or has help deciding how to spend free time
Has enough choice in how to spend free time
Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

Life Decisions Scale

Everyday Choices Scale

Can change their case manager/service coordinator if wants to

**Work**

Has a paid community job; individual, group and/or in a business that primarily hires people with disabilities

Type of paid community job

Average biweekly hours by type of paid community job

Average hourly wage at paid community job by type of community employment

Average length of employment in current paid community job

Receives paid time off

Four most common job industries

Job industries

Does not have paid community job and would like a job in the community

Reasons does not want a paid community job

Reasons does not want a paid community job

Has community employment as a goal in their service plan

Takes classes, training or does something to get a job or do better at current job

Attends day program or sheltered workshop

Volunteers

**Self-Determination**

Using a self-directed supports option

People who make decisions or have input in making decisions for how budget for services is used

Hires or manages staff

Can make changes to individual budget/services if needed

Has enough help deciding how to use their individual budget/services
Gets information about how much money is left in budget/services.
Information about budget/services is easy to understand.
Frequency with which the person gets information about budget/services.

**Community Inclusion, Participation and Leisure**

- Went out shopping at least once in the past month
- Went out on errands at least once in the past month
- Went out for entertainment at least once in the past month
- Went out to a restaurant or coffee shop at least once in the past month
- Went out to religious service or spiritual practice at least once in the past month
- Participates as a member in community group
- Went away on vacation in the past year

**Community Inclusion Scale**

- Able to go out and do the things like to do in the community
- Gets to do things likes to do in the community as much as wants
- Has enough things likes to do when at home
- Gets help to learn new things

**Relationships**

- Has friends who are not staff or family members
- Has best friend
- Wants help to make or keep in contact with friends
- Has friends (may be staff or family) and can see their friends when they want
- Reasons cannot see friends if sometimes or often unable to
- Has other ways of talking, chatting, or communicating with friends when cannot see them
- Can see or communicate with their family when they want
- Often feels lonely
- Can go on a date or is married or living with partner
Satisfaction

Likes home or where lives
Reasons does not like home
Wants to live somewhere else
Likes paid community job
Wants to work somewhere else
Attends a day program or workshop and wants to go more, less, or the same amount of time
Wants to go out shopping more, less or the same amount as last month
Wants to go out for entertainment more, less or the same amount as last month
Wants to go out to a restaurant or coffee shop more, less or the same amount as last month
Wants to go out to a religious service or spiritual practice more, less or the same amount as last month
Wants to be a part of more community groups
Services and Supports help person live a good life

Service Coordination

Has met or spoken with case manager/service coordinator
Case manager/service coordinator asks person what s/he wants
Able to contact case manager/service coordinator when wants
Staff come and leave when they are supposed to
Took part in last service planning meeting, or had the opportunity but chose not to
Understood what was talked about at last service planning meeting
Last service planning meeting included people person wanted to be there
Person was able to choose services they get as part of service plan
Talked about learning new things at last service planning meeting
Remembers what is in the service plan of those who report having or maybe having a service plan
Service plan includes things that are important to person
Knows who to ask if s/he wants to change something about services
Of those who say they want to learn to perform ADLs more independently, the percentage who have a goal in the service plan to increase independence or improve function skill performance in ADLs.

Of those who say they want a paid job in the community, the percentage who have community employment as a goal in the service plan.

**Access**

- Has a way to get places need to go
- Has a way to get places when wants to do something outside of home
- Staff have right training to meet person’s needs
- Additional services needed

**Health**

- Has a primary care doctor or primary care practitioner
- In poor health
- Had a complete physical exam in the past year
- Had a dental exam in the past year
- Had an eye exam or vision screening in the past year
- Had a hearing test in the past five years
- Had a Pap test in the past three years
- Had a mammogram test in the past two years
- Last colorectal cancer screening
- Had a flu vaccine in the past year

**Medication**

- Takes at least one medication for mood, anxiety, psychotic disorder and/or behavioral challenge
- Takes medication for mood, anxiety, and/or psychotic disorders
- Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders if taking at least one medication for this purpose
- Takes medication for behavior challenges
- Number of medications taken for behavior challenges if taking at least one for this purpose
Has a behavior plan
Has a behavior plan (among those who take medication for a behavior challenge)

**Wellness**

Exercises or does physical activity at least once per week for 10 minutes or more at a time
Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard
Mass Index (BMI) category
Uses nicotine or tobacco products

**Rights and Respect**

Others (who do not live in the home) let person know before entering home
Has a key to the home
Wants a key to the home
Can lock bedroom if wants
Others let person know before coming into person’s bedroom
Has a place to be alone in the home
Can be alone with friends or visitors at home
There are rules about having friends or visitors in the home
Can stay at home if others in the house go somewhere (if not living alone)
Others read person’s mail or email without asking
Can use phone and internet when wants
Has a cell phone or smartphone
Wants a cell phone or smartphone
Reasons does not have a cell phone or smartphone
Staff treat person with respect
Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to
Has voted in local, state, or federal election, or had the opportunity and chose not to
Safety

There is at least one place where the person feels afraid or scared

Has someone to talk to if ever feels afraid or scared