



NCI State Report: Maine

2010-11

National Association of State Directors of Developmental
Disabilities Services

Human Services Research Institute



**NATIONAL CORE
INDICATORS**

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Overview of NCI

In December 1996, the National Association of State Directors of Developmental Disabilities Services (NASDDDS) Board of Directors launched the Core Indicators Project (CIP). The aim of CIP was to support state developmental disabilities authorities (SDDAs) in developing and implementing performance/outcome indicators and related data collection strategies that would enable them to measure service delivery system performance. This effort, now called National Core Indicators or NCI, strives to provide SDDAs with sound tools in support of their efforts to improve system performance and thereby to better serve people with developmental disabilities and their families. The Association's active sponsorship of NCI facilitates states pooling their knowledge, expertise and resources in this endeavor.

For a complete list of NCI states in 2010-11 and a complete list of NCI indicators, visit <http://www.nationalcoreindicators.org>.

Purpose of this Report

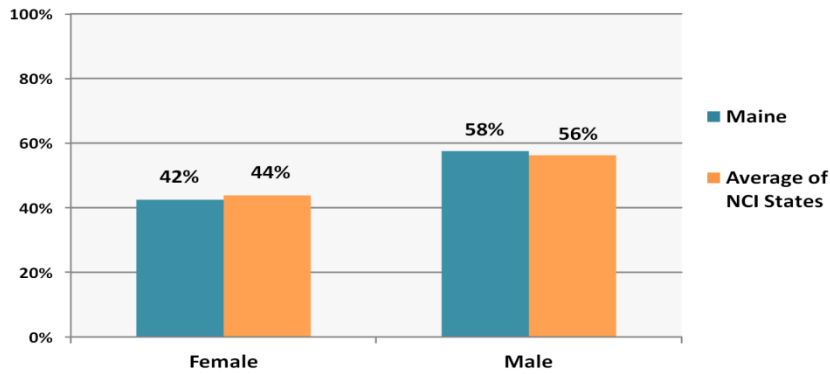
This report is intended to provide states a look at their NCI data compared to the average of all other participating NCI states in a reasonably sized and easy to review format. For 2010-11, the "Average of NCI States" figure includes data from 15 states. This State Report will not replace the annual NCI Consumer Outcomes Report.

It should be noted that this report only contains data from the 2010-11 Adult Consumer Survey. Future State Reports will include all NCI data (e.g., Family Survey data, Staff stability data, etc.) collected during that year.

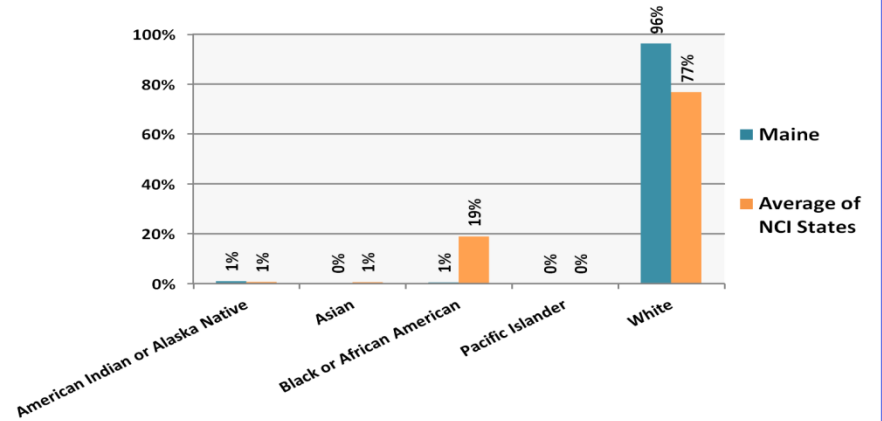
Maine has been a NCI State since 2002-03. Maine's NCI Contact Lead, Karen Glew, is the Quality Improvement Manager, Office of Continuous Quality Improvement Services. In 2010-11, Maine conducted 414 Consumer Surveys.

Demographics

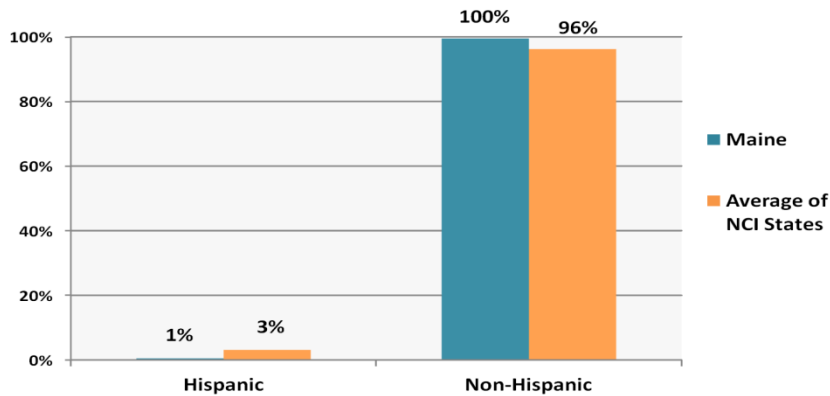
Consumer's Gender



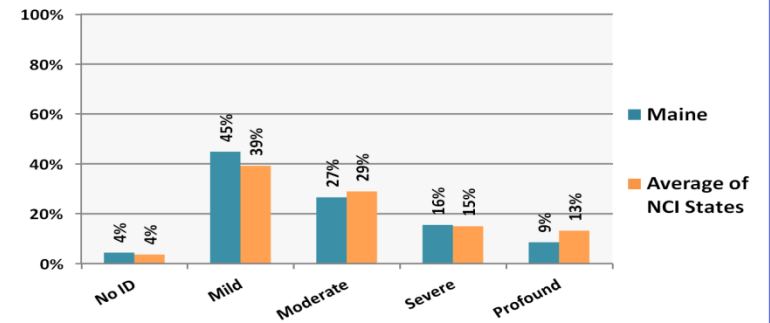
Consumer's Race



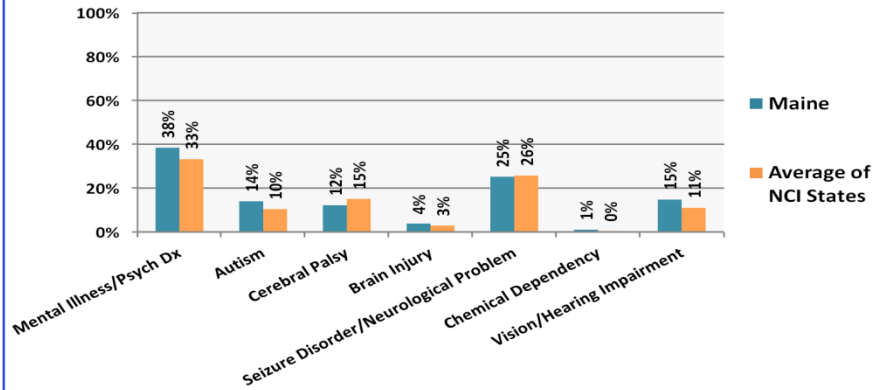
Consumer's Ethnicity



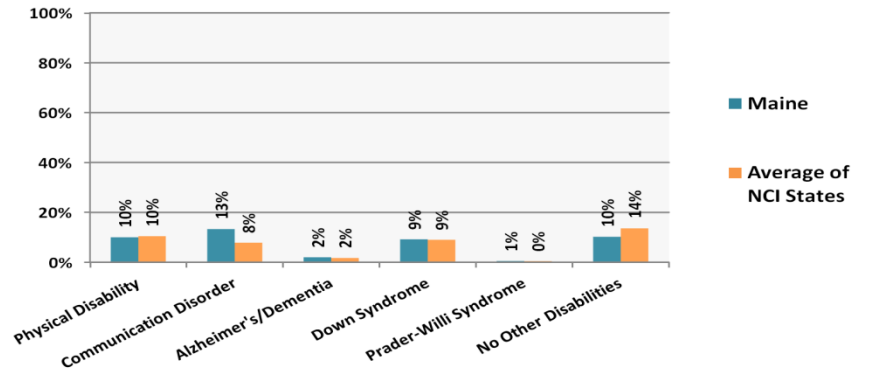
Consumer's Level of ID



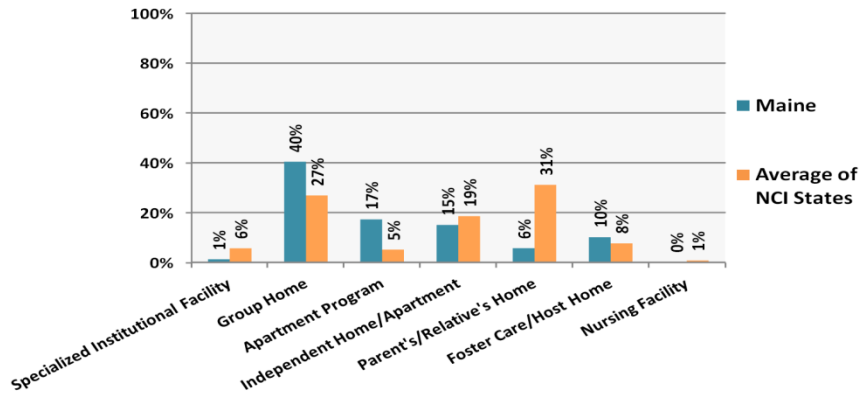
Other Disabilities Consumer Has



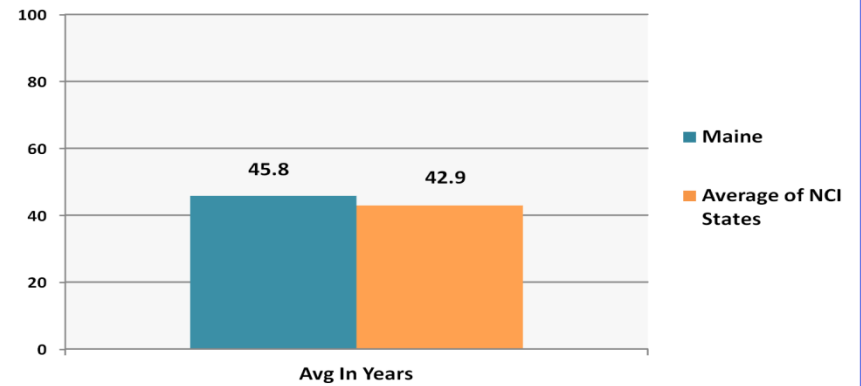
Other Disabilities Consumer Has



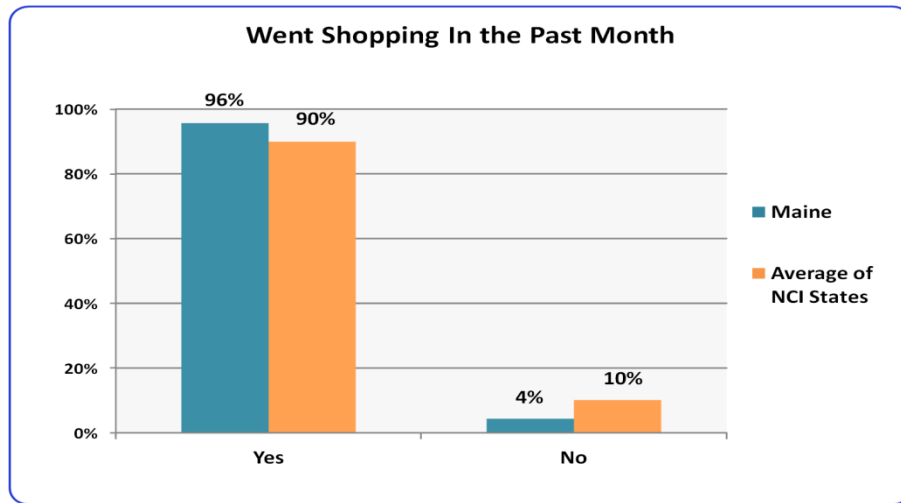
Type of Residence Consumer Is In



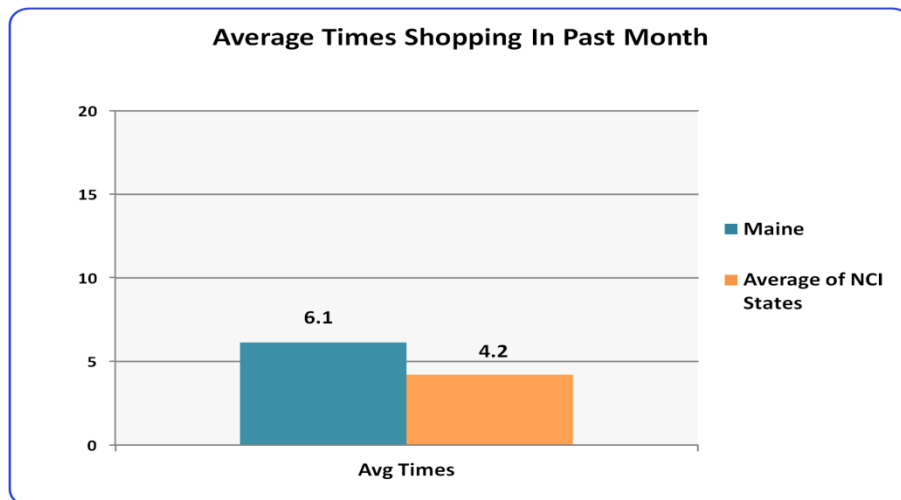
Consumer's Age



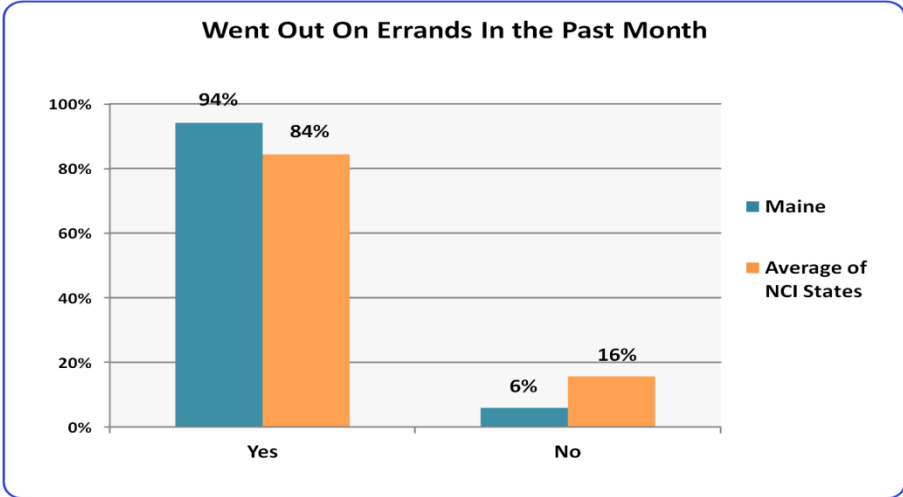
Community Inclusion



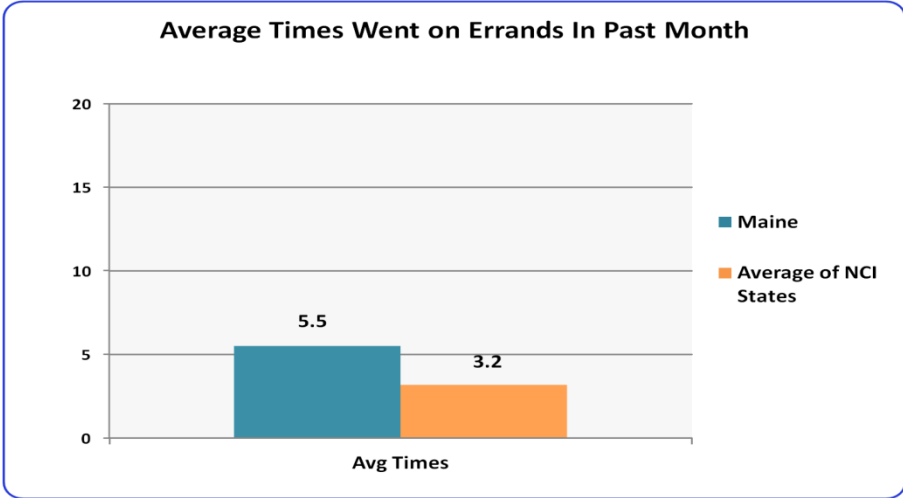
This graph illustrates 96% of respondents from Maine and 90% of respondents across NCI States reported they went shopping in the past month.



This graph illustrates, on average, respondents from Maine went shopping 6.1 times in the past month, and respondents across NCI States went an average of 4.2 times in the past month.

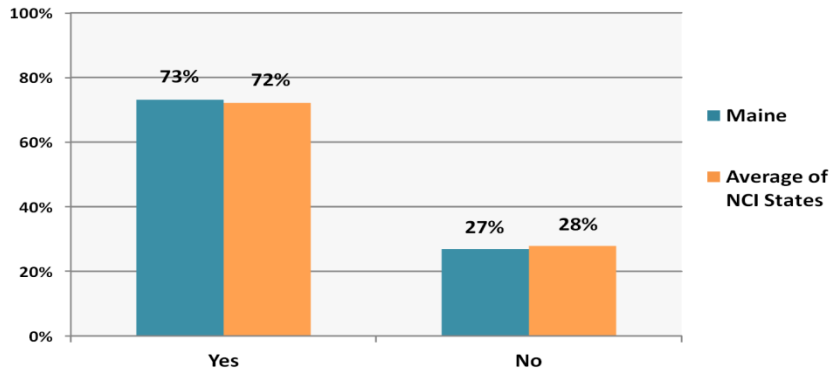


This graph illustrates 94% of respondents from Maine and 84% of respondents across NCI States reported they went on errands in the past month.



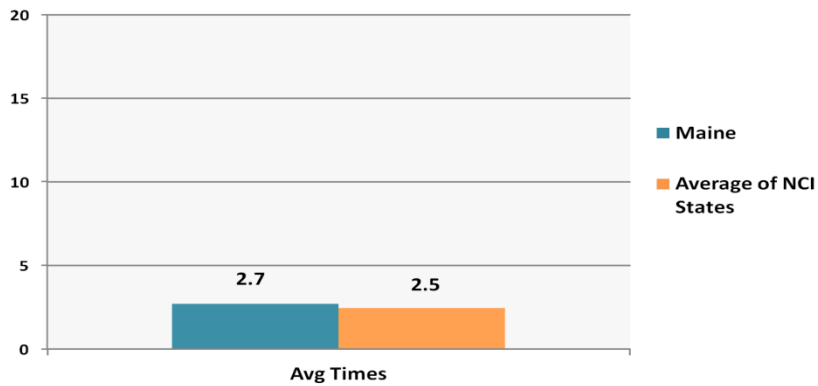
This graph illustrates, on average, respondents from Maine went on errands 5.5 times in the past month, and respondents across NCI States went an average of 3.2 times in the past month.

Went Out For Entertainment In the Past Month



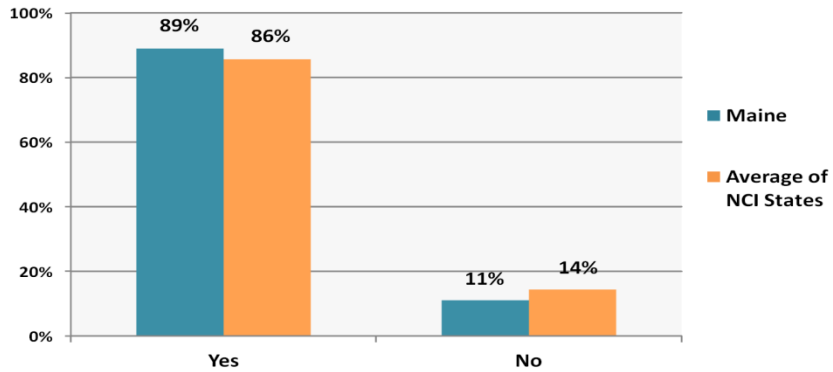
This graph illustrates 73% of respondents from Maine and 72% of respondents across NCI States reported they went out for entertainment in the past month.

Average Times Went Out For Entertainment In Past Month



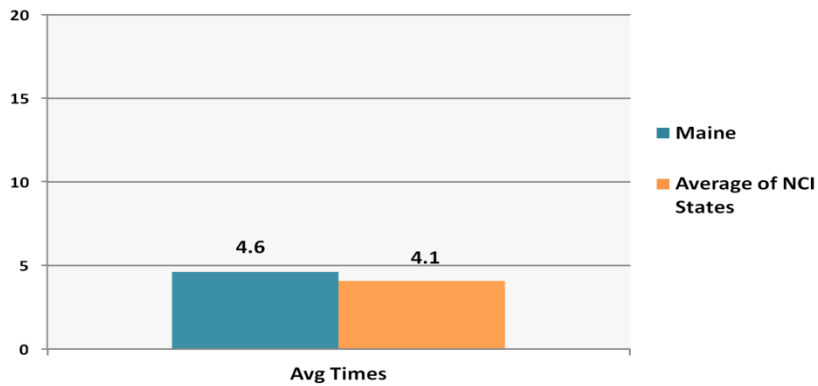
This graph illustrates, on average, respondents from Maine went out for entertainment 2.7 times in the past month, and respondents across NCI States went an average of 2.5 times in the past month.

Went Out To Eat In the Past Month



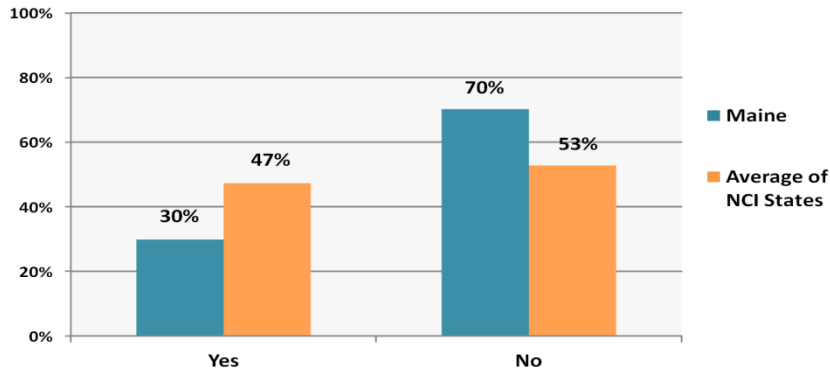
This graph illustrates 89% of respondents from Maine and 86% of respondents across NCI States reported they went out to eat in the past month.

Average Times Went Out To Eat In Past Month



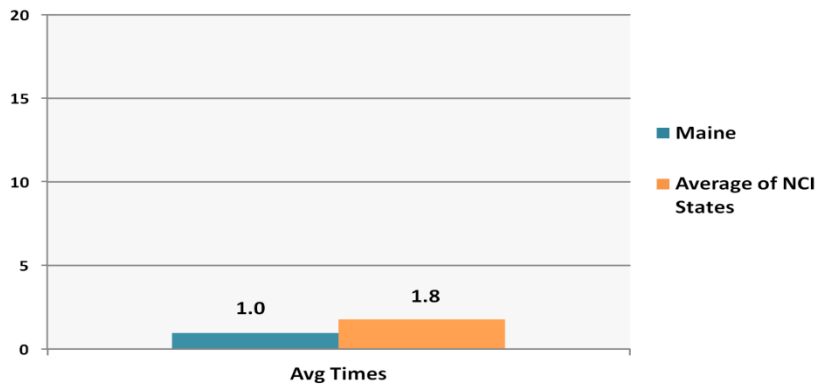
This graph illustrates, on average, respondents from Maine went out to eat 4.6 times in the past month, and respondents across NCI States went an average of 4.1 times in the past month.

Went To Religious Services or Spiritual Practice In the Past Month



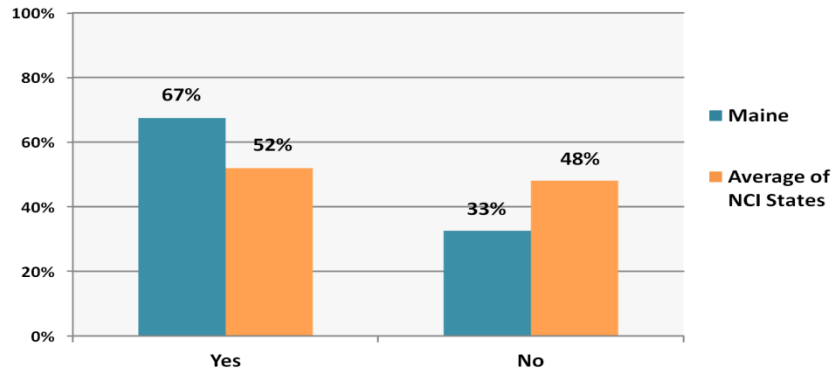
This graph illustrates 30% of respondents from Maine and 47% of respondents across NCI States reported they went to religious or spiritual services in the past month.

Average Times Went To Religious Services or Spiritual Practice In Past Month



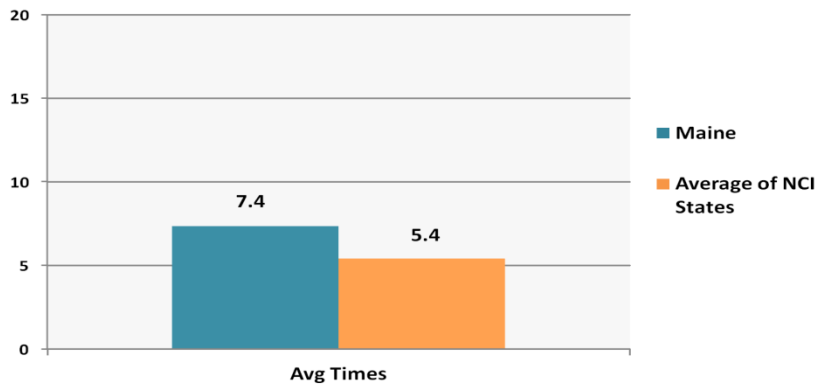
This graph illustrates, on average, respondents from Maine went out for religious or spiritual services 1.0 times in the past month, and respondents across NCI States went an average of 1.8 times in the past month.

Went Out For Exercise In the Past Month



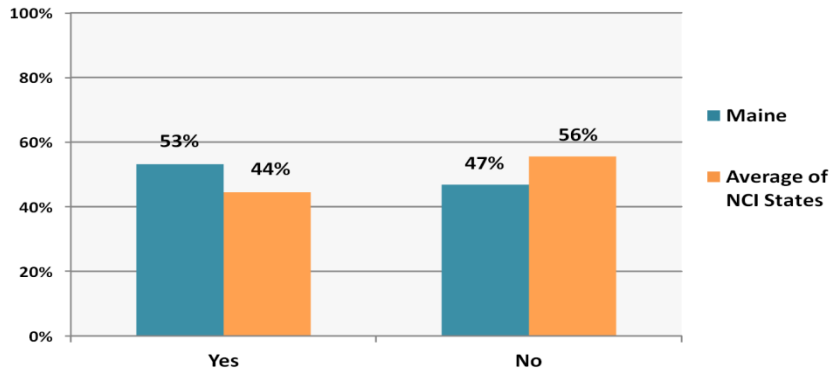
This graph illustrates 67% of respondents from Maine and 52% of respondents across NCI States reported they went out for exercise in the past month.

Average Times Went Out To Exercise In Past Month



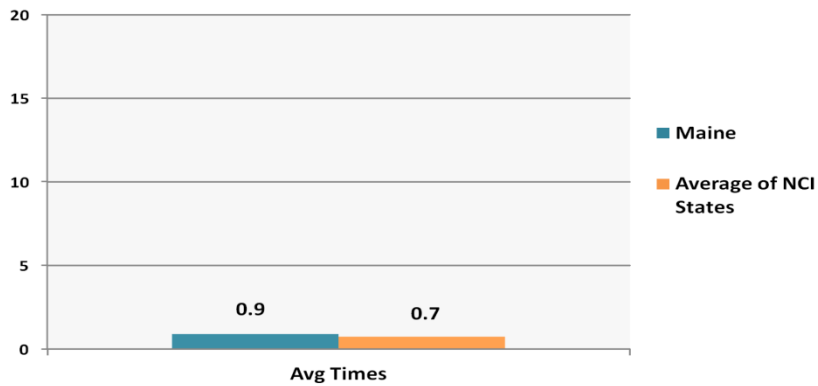
This graph illustrates, on average, respondents from Maine went out for exercise 7.4 times in the past month, and respondents across NCI States went an average of 5.4 times in the past month.

Went On a Vacation In the Past Year



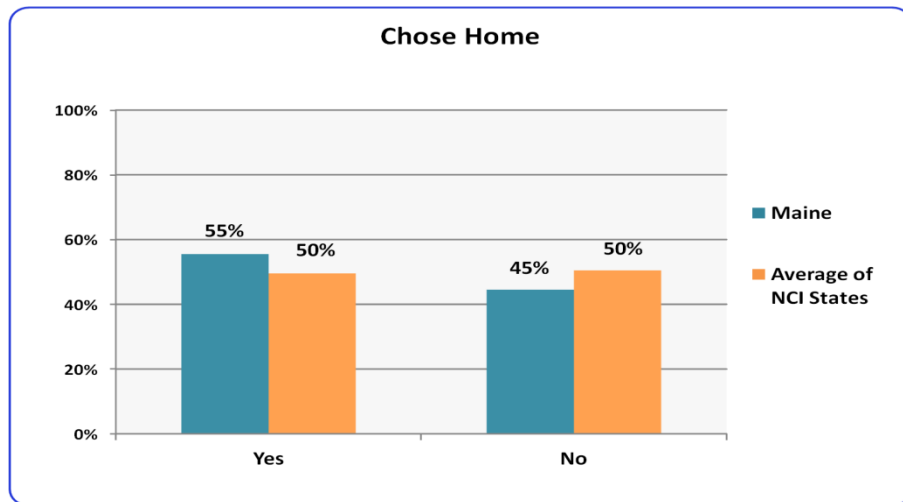
This graph illustrates 53% of respondents from Maine and 44% of respondents across NCI States reported they went on vacation in the past year.

Average Times Went On Vacation In Past Year

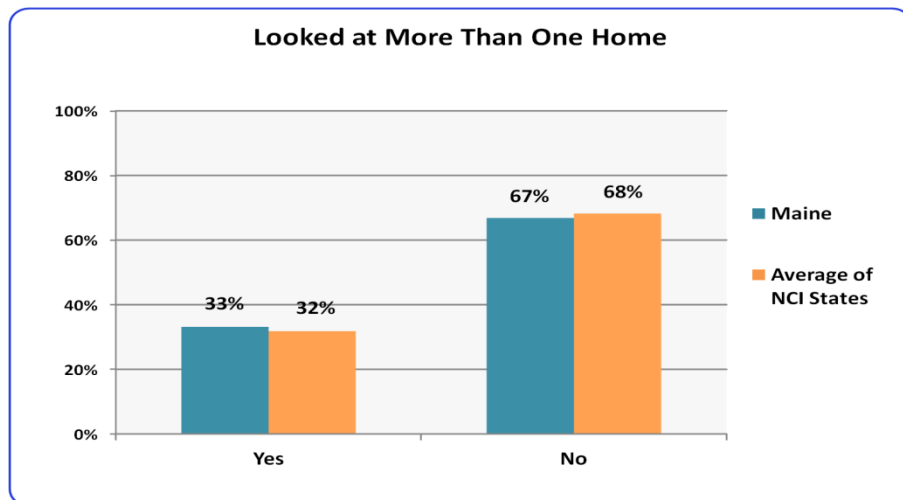


This graph illustrates, on average, respondents from Maine went on vacation 0.9 times in the past year and respondents across NCI States went an average of 0.7 times in the past year

Choice and Decision-Making

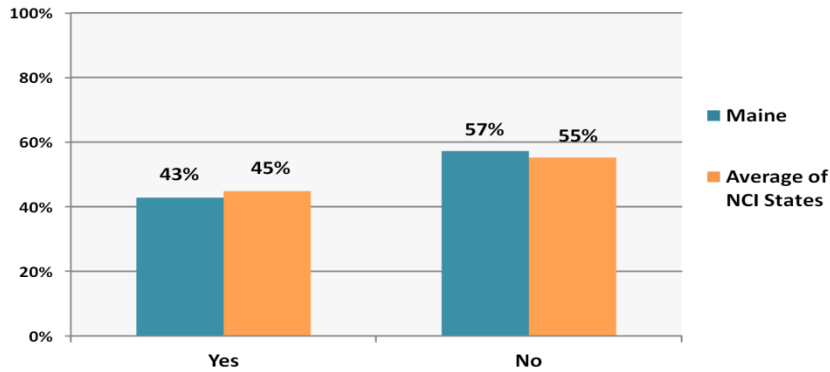


This graph illustrates 55% of respondents from Maine and 50% of respondents across NCI States reported they chose or had some input in choosing their where they live.



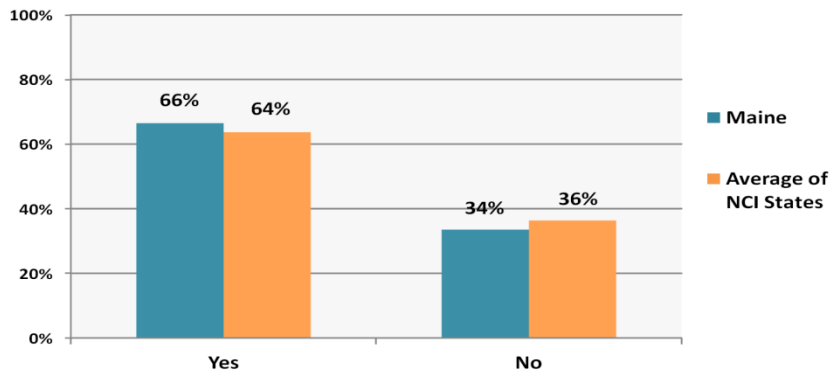
This graph illustrates 33% of respondents from Maine and 32% of respondents across NCI States reported they looked at more than one home before choosing where to live.

Chose Roommates

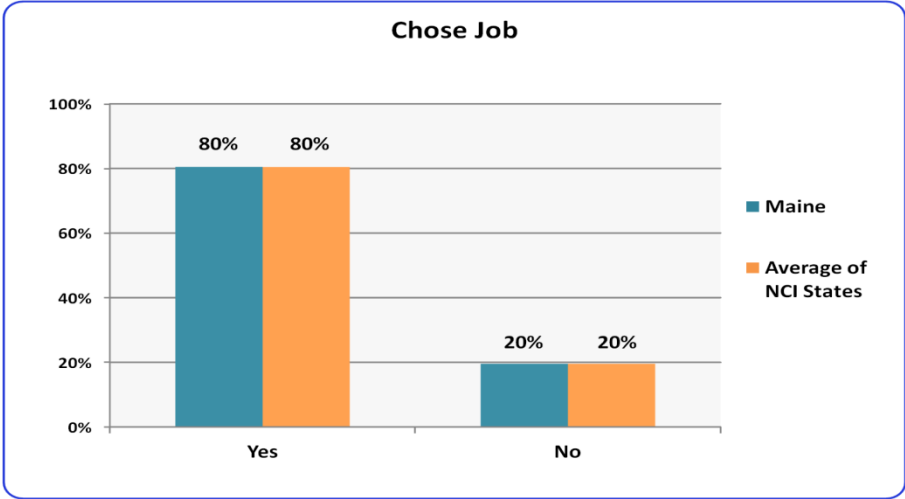


This graph illustrates 43% of respondents from Maine and 45% of respondents across NCI States reported they chose or had some input in choosing their roommates.

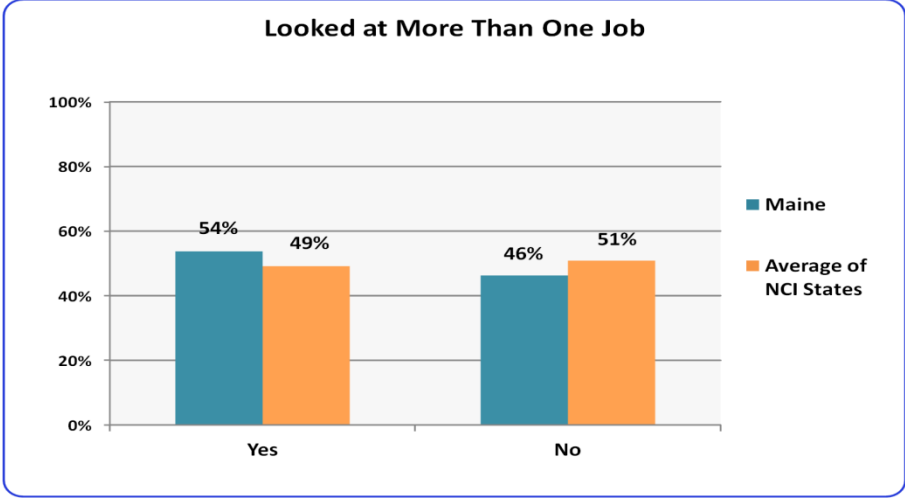
Chose Home Staff



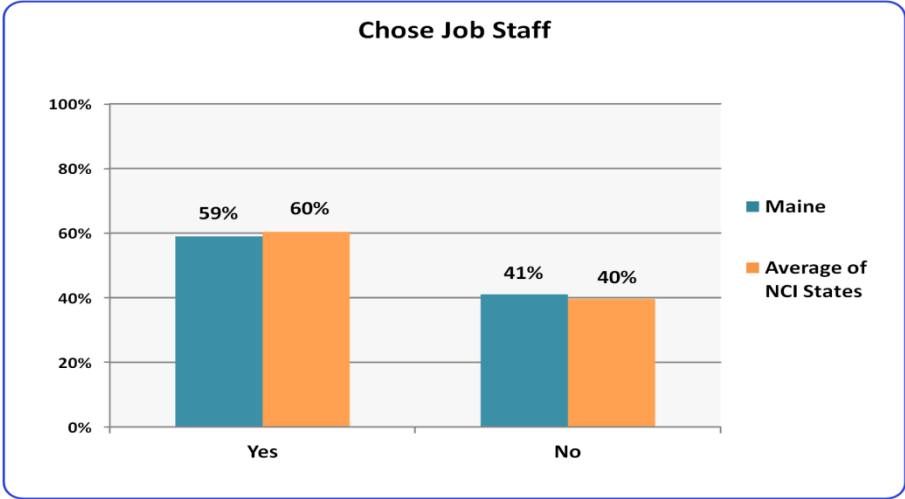
This graph illustrates 66% of respondents from Maine and 64% of respondents across NCI States reported they chose or were aware they could request to change the staff who help them at home.



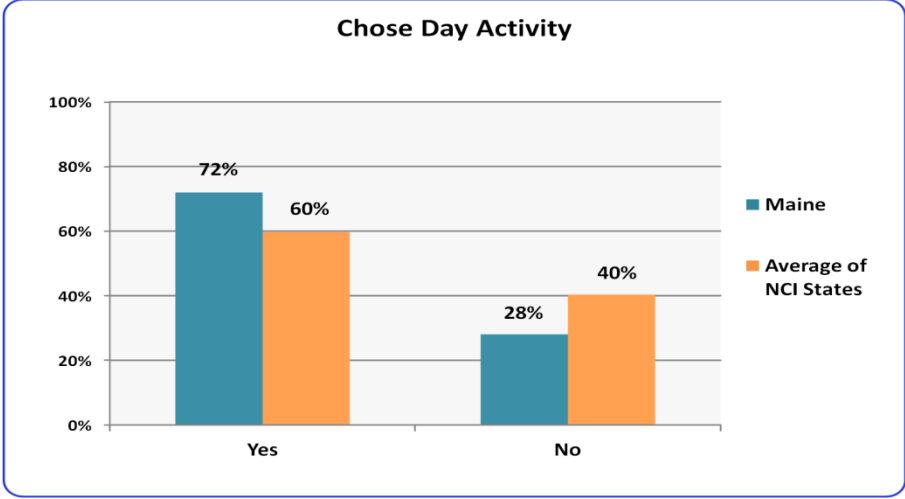
This graph illustrates 80% of respondents from Maine and 80% of respondents across NCI States reported they chose or had some input in choosing their job.



This graph illustrates 54% of respondents from Maine and 49% of respondents across NCI States reported they chose their job after looking at more than one place.

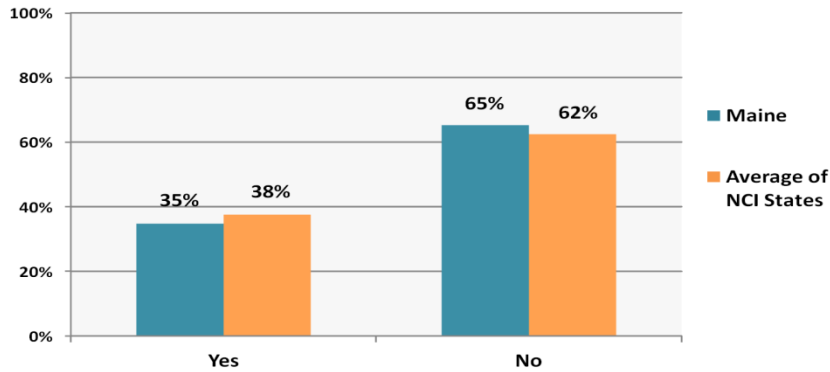


This graph illustrates 59% of respondents from Maine and 60% of respondents across NCI States reported they chose or were aware they could request a change in job staff.



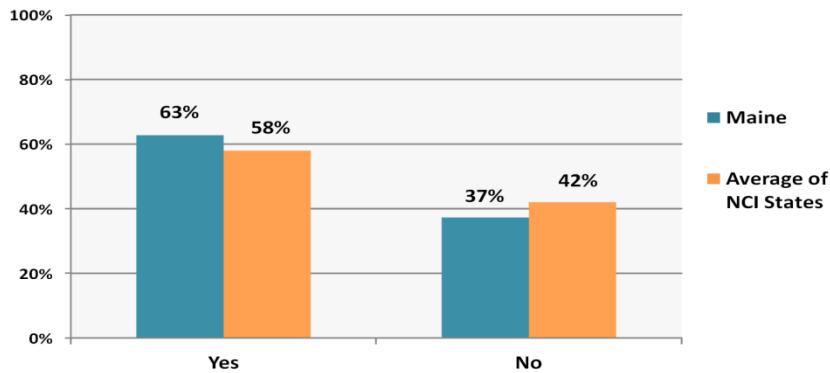
This graph illustrates 72% of respondents from Maine and 60% of respondents across NCI States reported they chose or had some input in choosing their day activity.

Looked at More Than One Day Activity

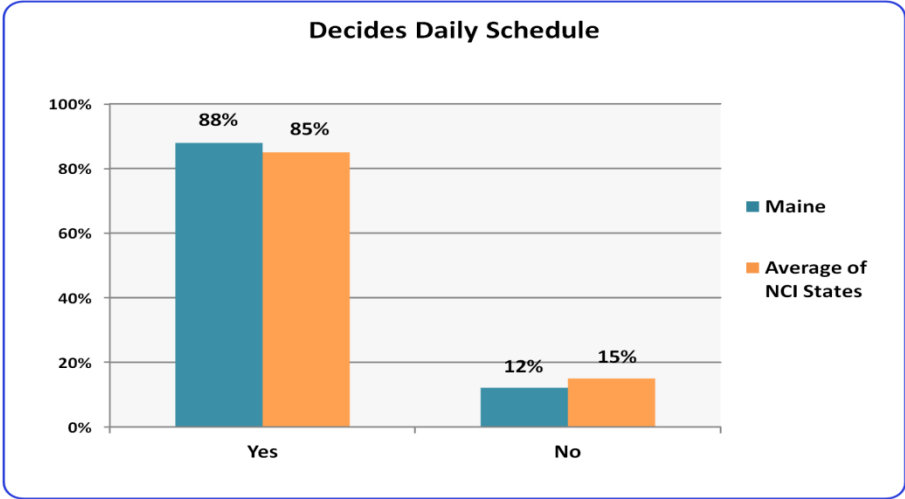


This graph illustrates 35% of respondents from Maine and 38% of respondents across NCI States reported they chose their day activity after looking at more than one place.

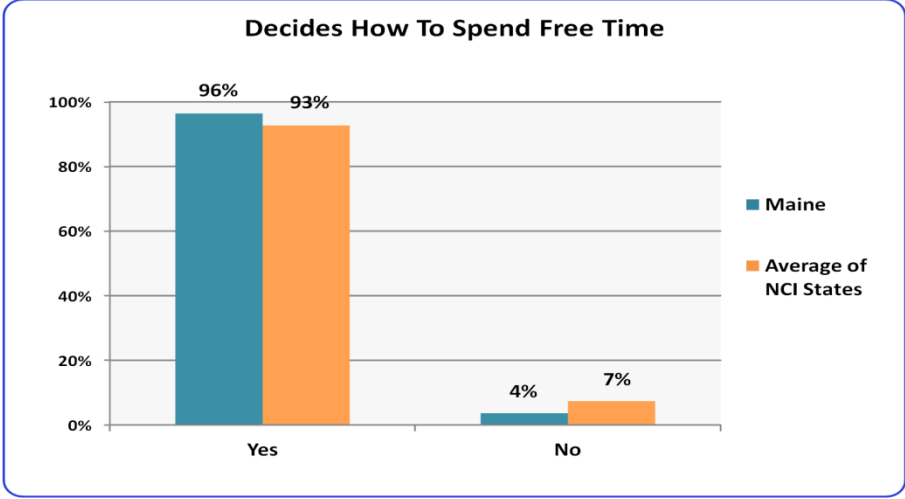
Chose Day Activity Staff



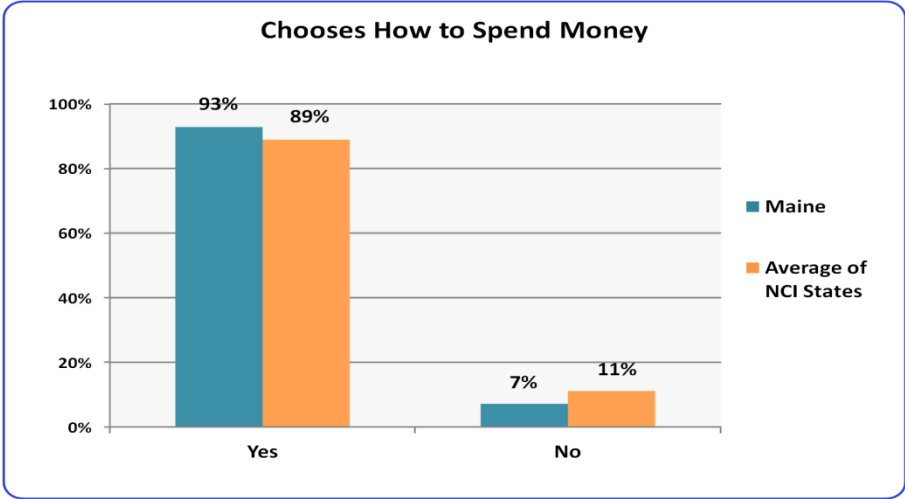
This graph illustrates 63% of respondents from Maine and 58% of respondents across NCI States reported they chose or could request a change in day activity staff.



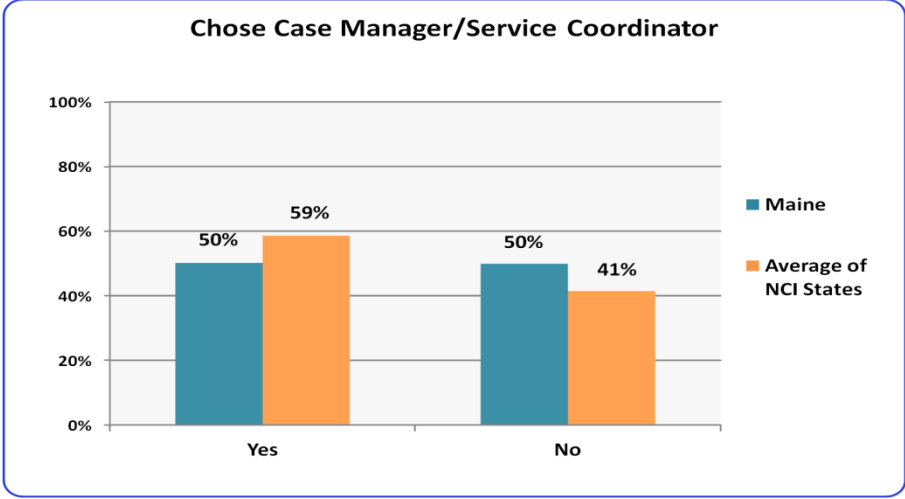
This graph illustrates 88% of respondents from Maine and 85% of respondents across NCI States reported they choose or have input in choosing their daily schedule.



This graph illustrates 96% of respondents from Maine and 93% of respondents across NCI States reported they choose or have input in choosing how to spend free time.

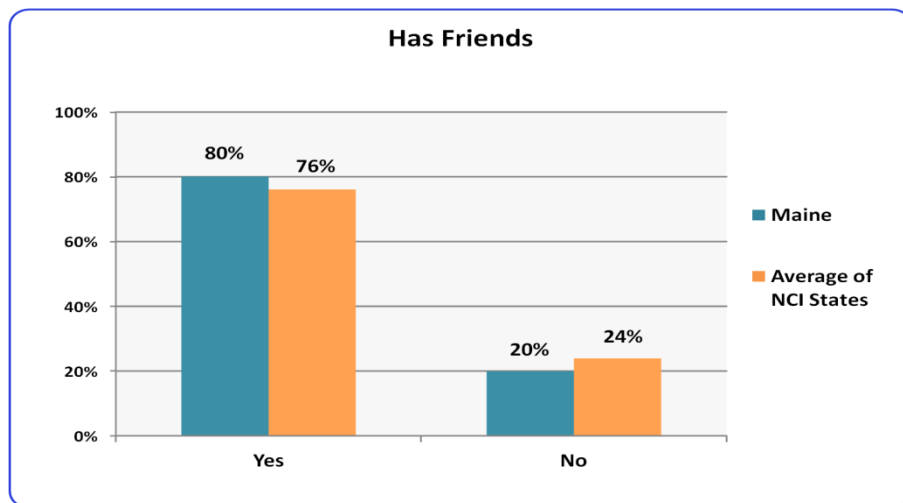


This graph illustrates 93% of respondents from Maine and 89% of respondents across NCI States reported they choose or have input in choosing how to spend their money.

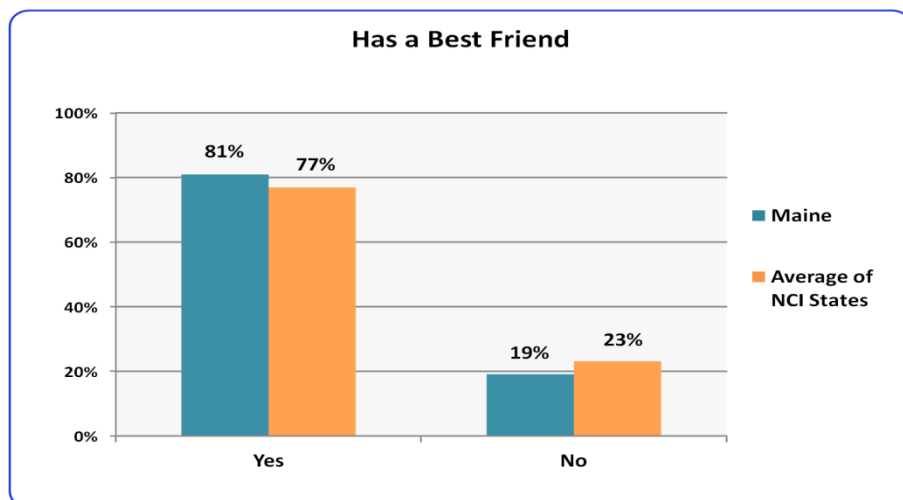


This graph illustrates 50% of respondents from Maine and 59% of respondents across NCI States reported they chose or were aware they could request to change their case manager/service coordinator.

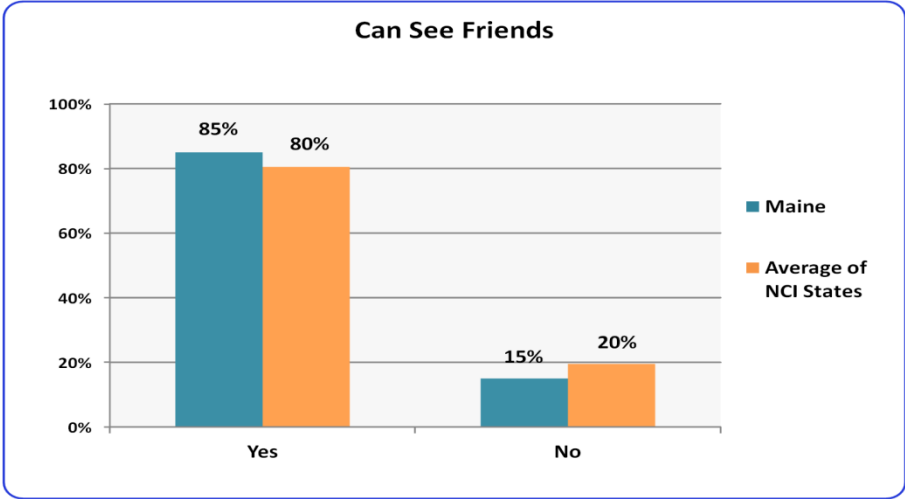
Relationships



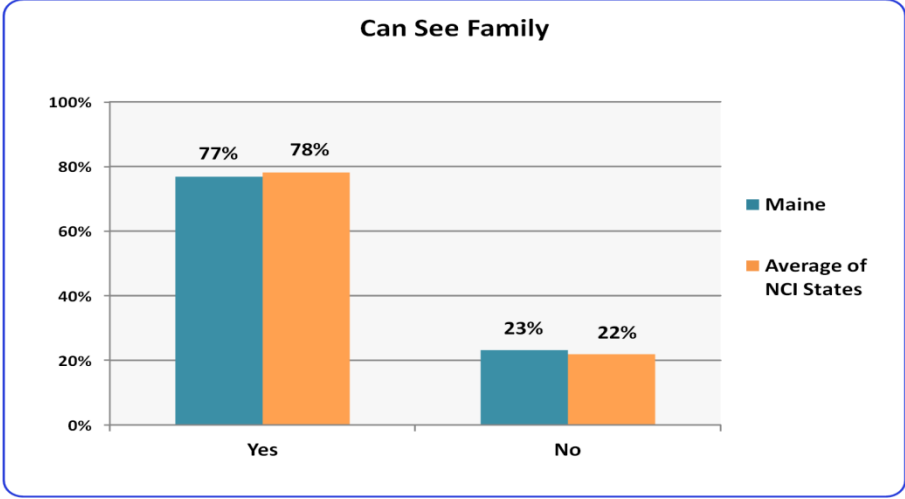
This graph illustrates 80% of respondents from Maine and 76% of respondents across NCI States reported they have friends other than staff and family.



This graph illustrates 81% of respondents from Maine and 77% of respondents across NCI States reported they have a best friend.

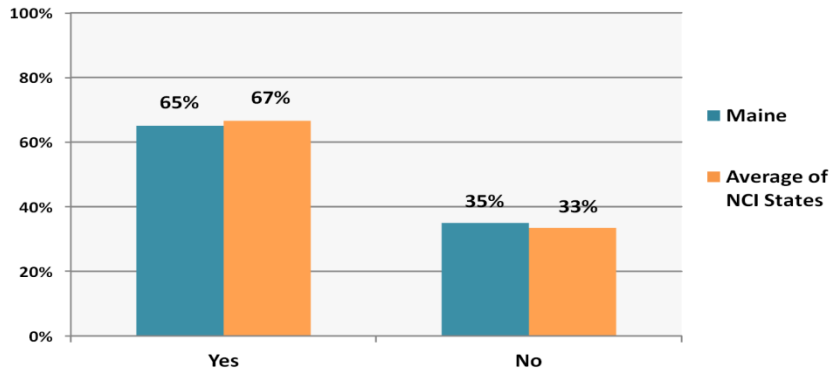


This graph illustrates 85% of respondents from Maine and 80% of respondents across NCI States reported they have the support needed to see friends when they want to.



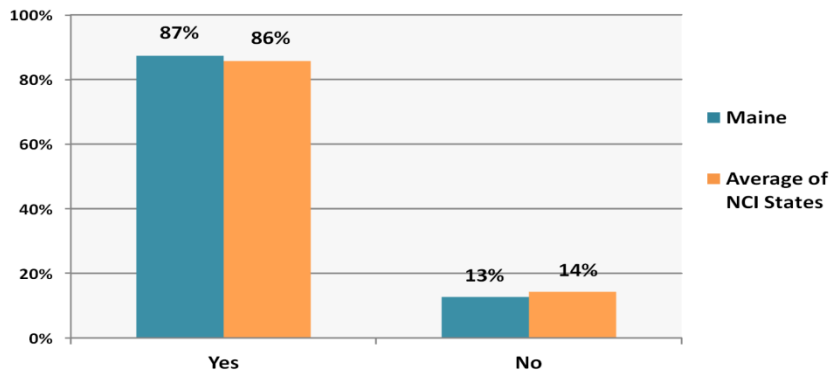
This graph illustrates 77% of respondents from Maine and 78% of respondents across NCI States reported they have the support needed to see family when they want to.

Talks With Neighbors

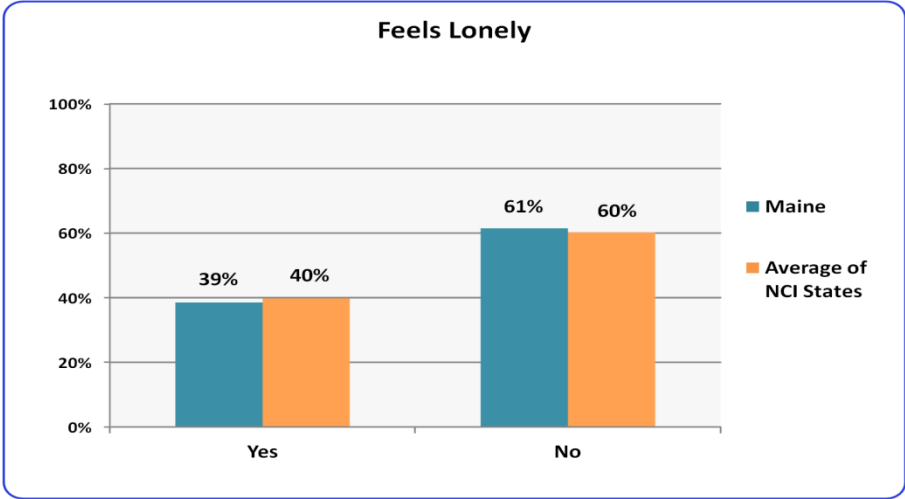


This graph illustrates 65% of respondents from Maine and 67% of respondents across NCI States reported they talk to their neighbors often.

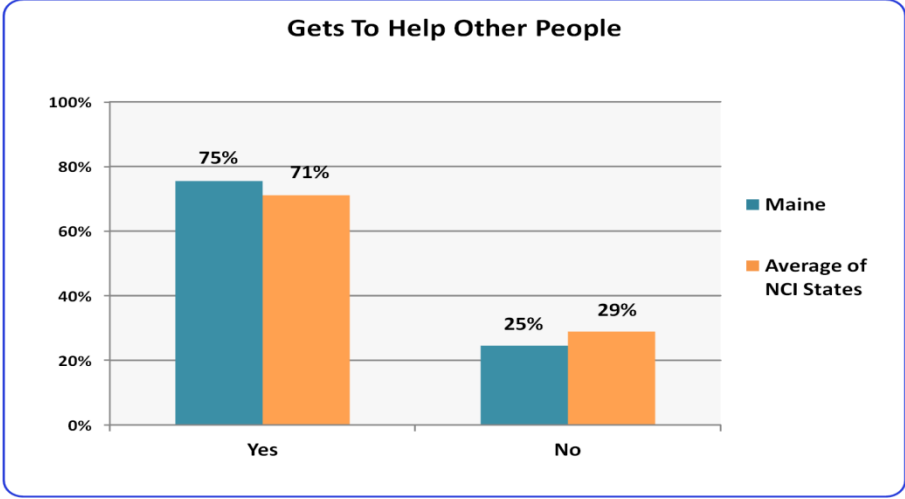
Can Go On Dates



This graph illustrates 87% of respondents from Maine and 86% of respondents across NCI States reported they could go on a date, or can date with some restrictions, if they want to.

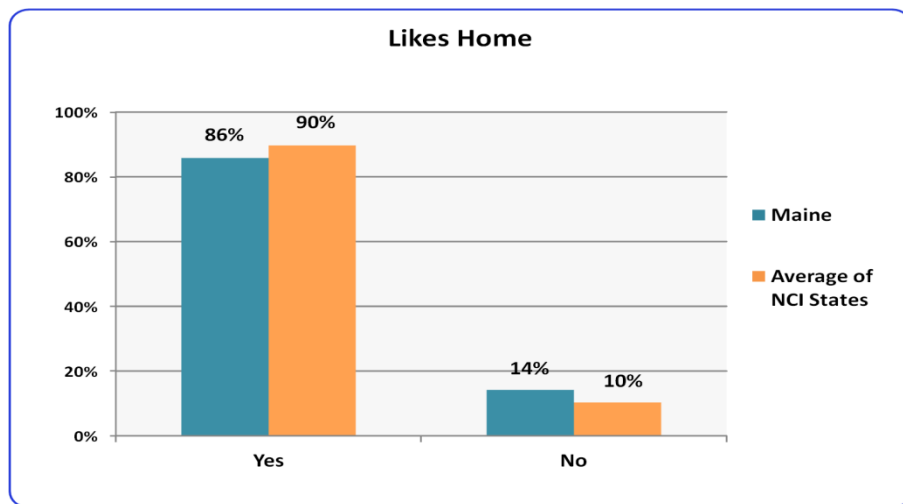


This graph illustrates 39% of respondents from Maine and 40% of respondents across NCI States reported they feel lonely at least half of the time.

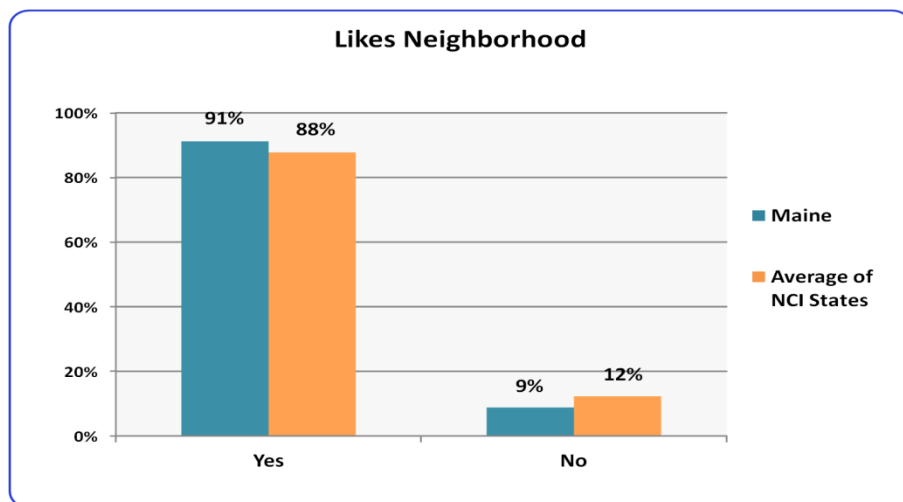


This graph illustrates 75% of respondents from Maine and 71% of respondents across NCI States reported they get to help others.

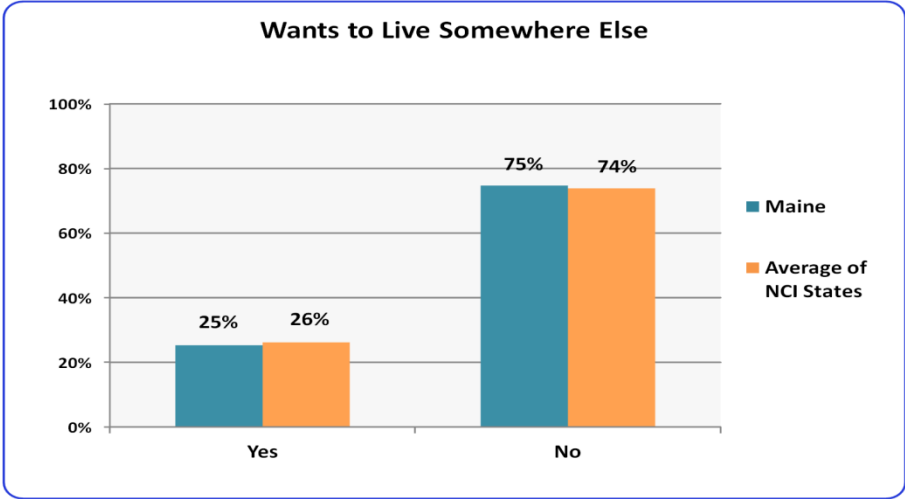
Satisfaction



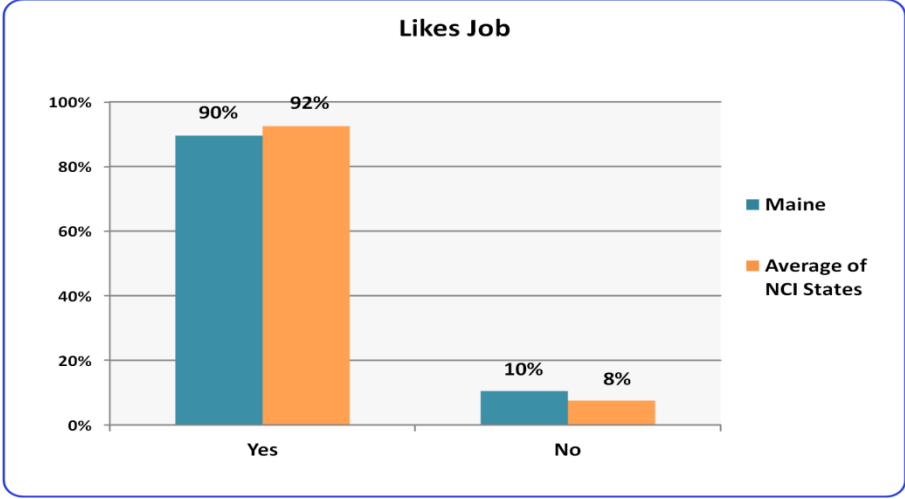
This graph illustrates 86% of respondents from Maine and 90% of respondents across NCI States reported they like where they live.



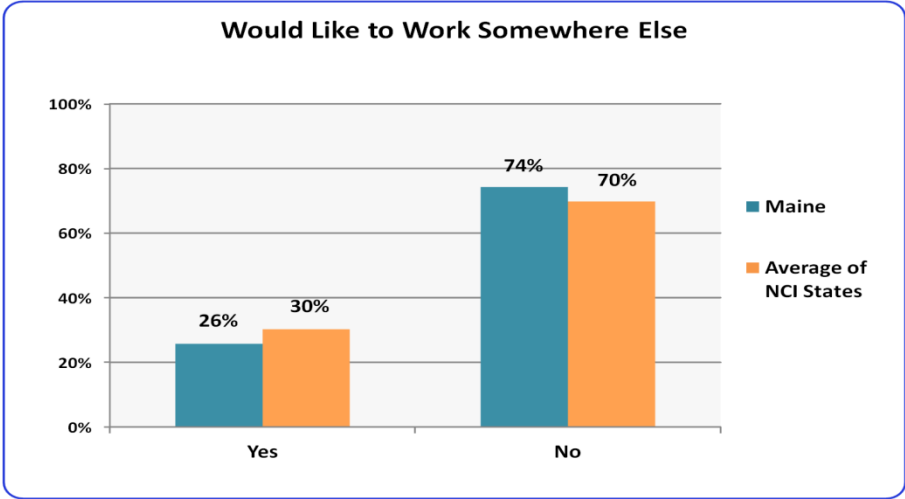
This graph illustrates 91% of respondents from Maine and 88% of respondents across NCI States reported they like their neighborhood.



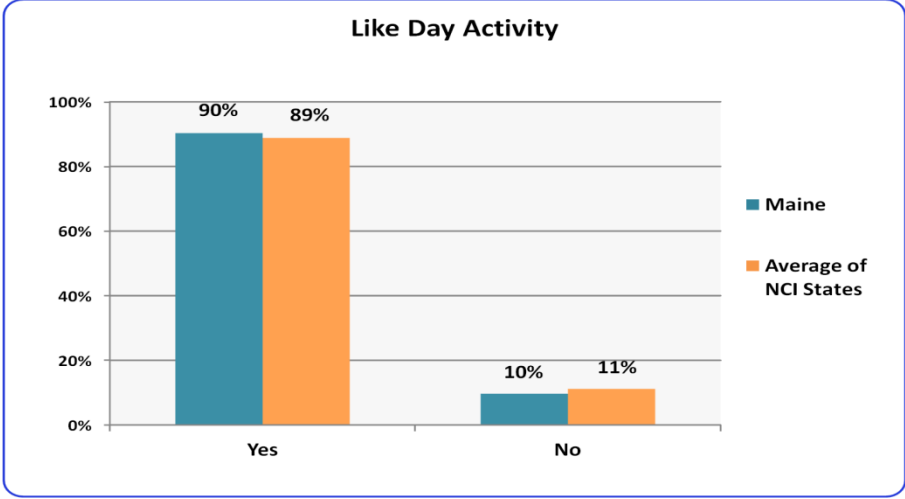
This graph illustrates 25% of respondents from Maine and 26% of respondents across NCI States reported they want to live somewhere else.



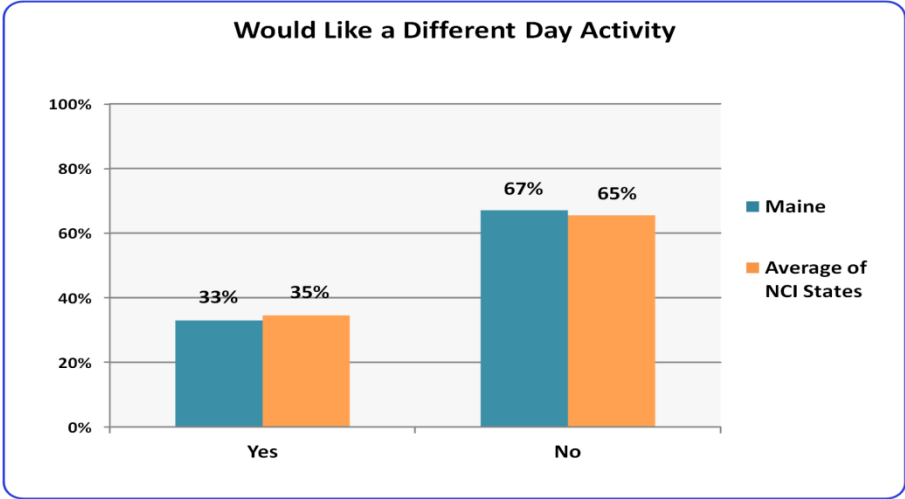
This graph illustrates 90% of respondents from Maine and 92% of respondents across NCI States reported they like their job.



This graph illustrates 26% of respondents from Maine and 30% of respondents across NCI States reported they want to work somewhere else.

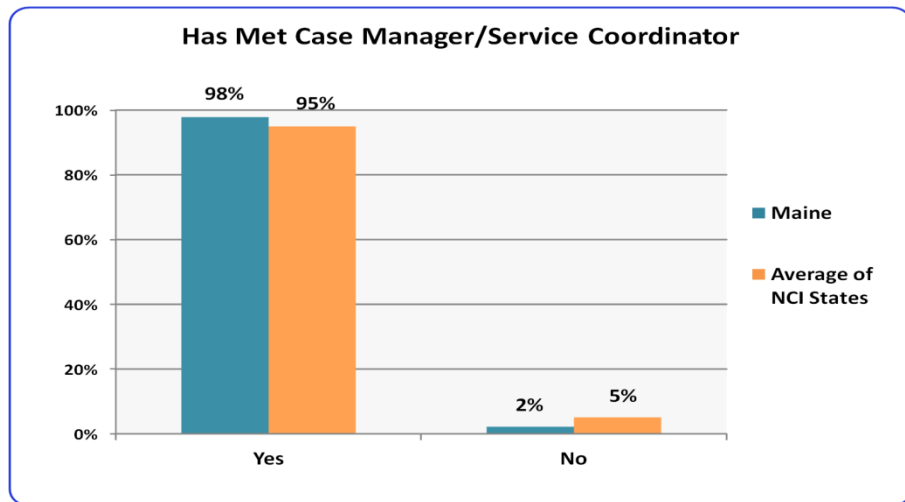


This graph illustrates 90% of respondents from Maine and 89% of respondents across NCI States reported they like their day activity.

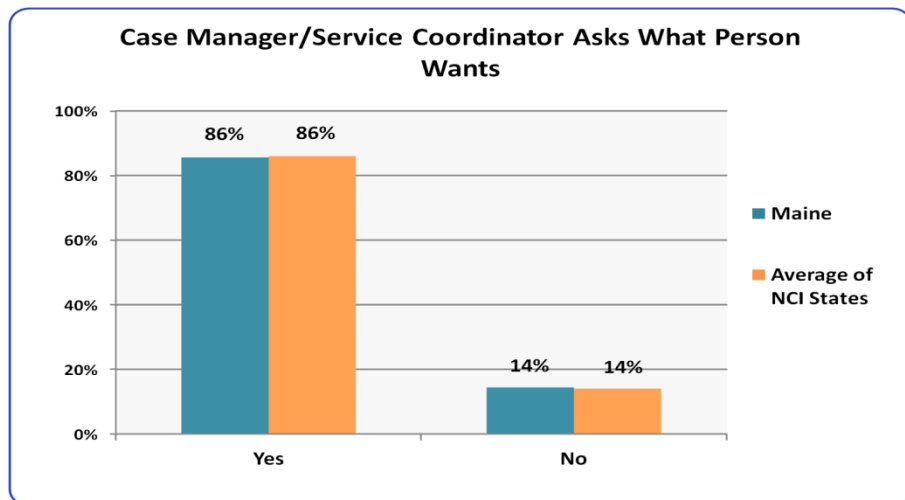


This graph illustrates 33% of respondents from Maine and 35% of respondents across NCI States reported they want to go or do something else during the day.

Service Coordination

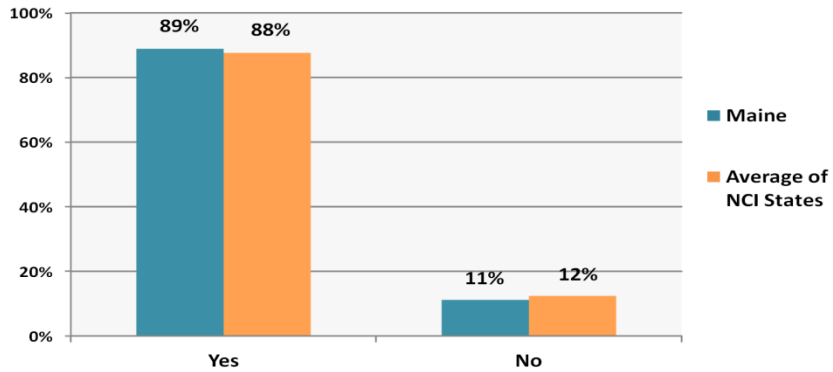


This graph illustrates 98% of respondents from Maine and 95% of respondents across NCI States reported they have met their case manager/service coordinator.



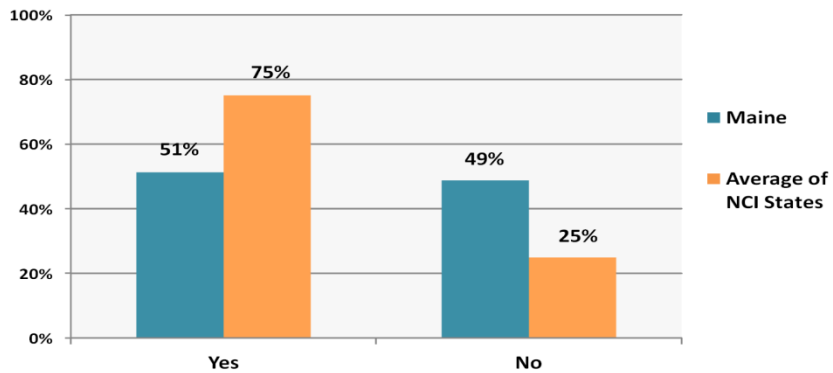
This graph illustrates 86% of respondents from Maine and 86% of respondents across NCI States reported their case manager/service coordinator asks what the person wants.

Case Manager/Service Coordinator Helps Get What Person Needs

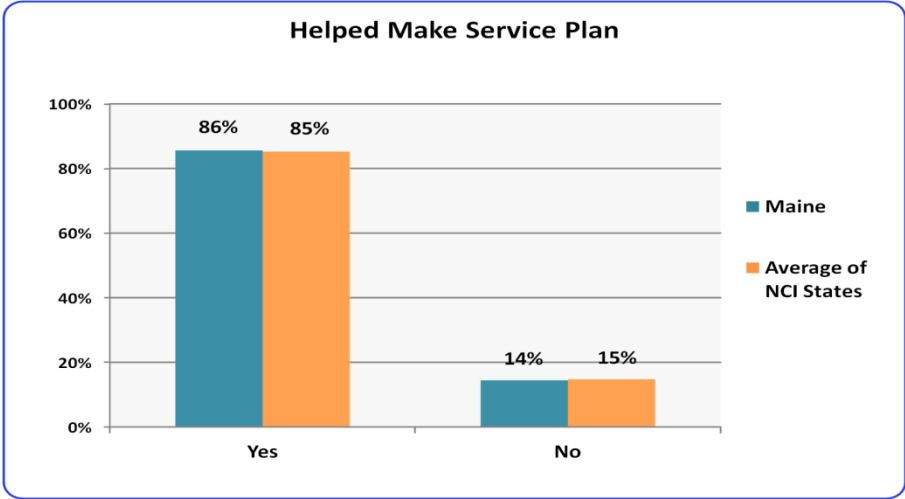


This graph illustrates 89% of respondents from Maine and 88% of respondents across NCI States reported their case manager/service coordinator helps get what person needs.

Case manager/Service Coordinator Calls Back Right Away

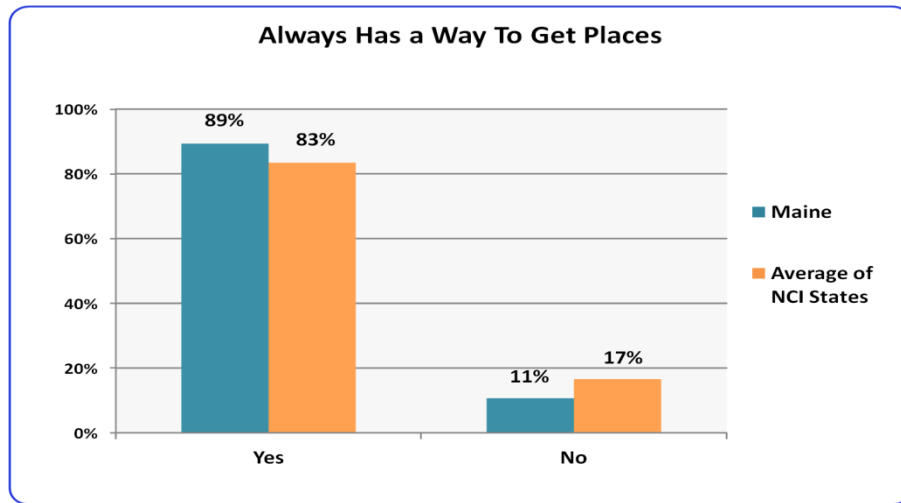


This graph illustrates 51% of respondents from Maine and 75% of respondents across NCI States reported their case manager/service coordinator calls back right away.

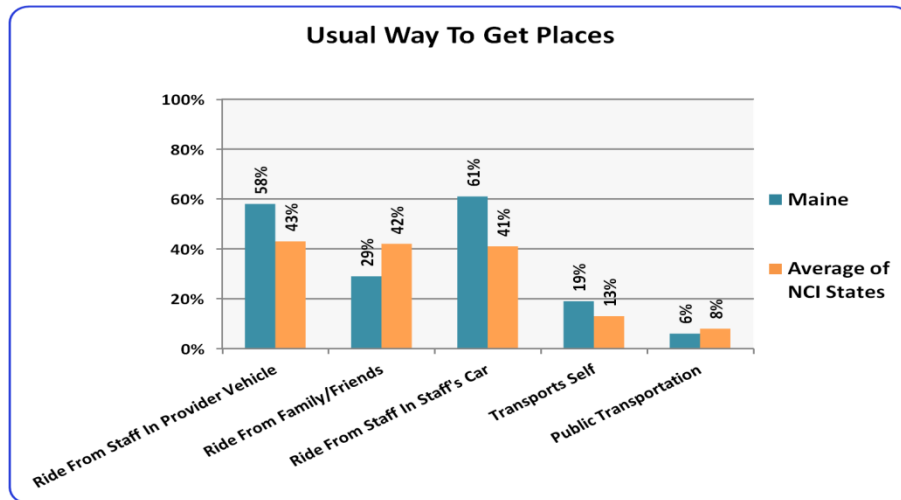


This graph illustrates 86% of respondents from Maine and 85% of respondents across NCI States reported they helped make their service plan.

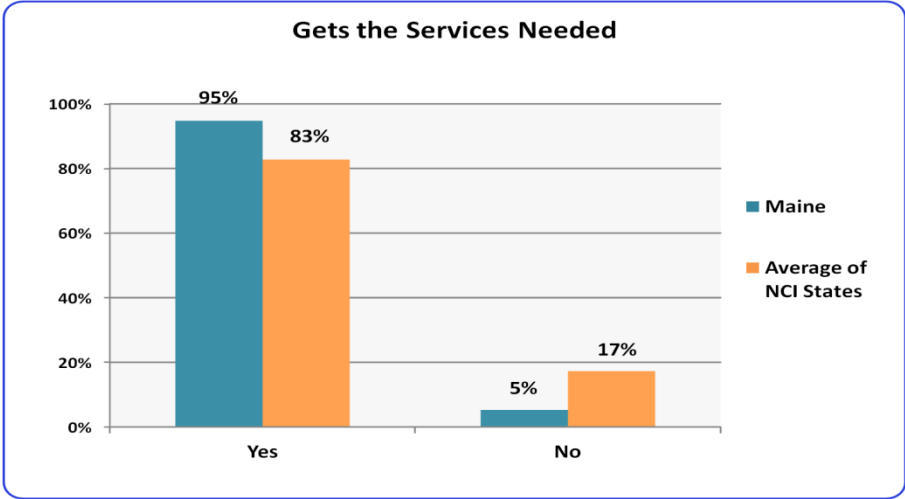
Access



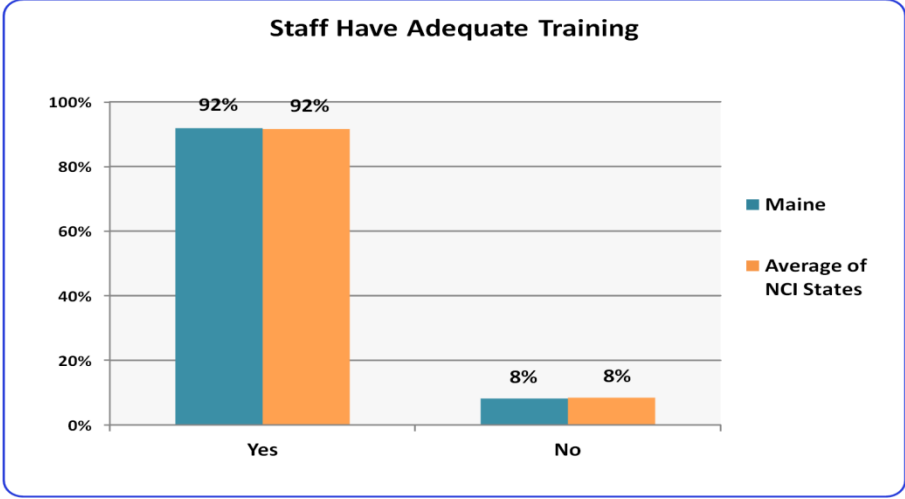
This graph illustrates 89% of respondents from Maine and 83% of respondents across NCI States reported they always have adequate transportation.



This graph illustrates the typical way respondents from Maine and across NCI States get places are, respectively: 58% and 43% from staff in provider vehicle; 29% and 42% from family or friends; 61% and 41% from staff in staff's car; 19% and 13% transport themselves; and 6% and 8% use public transportation.

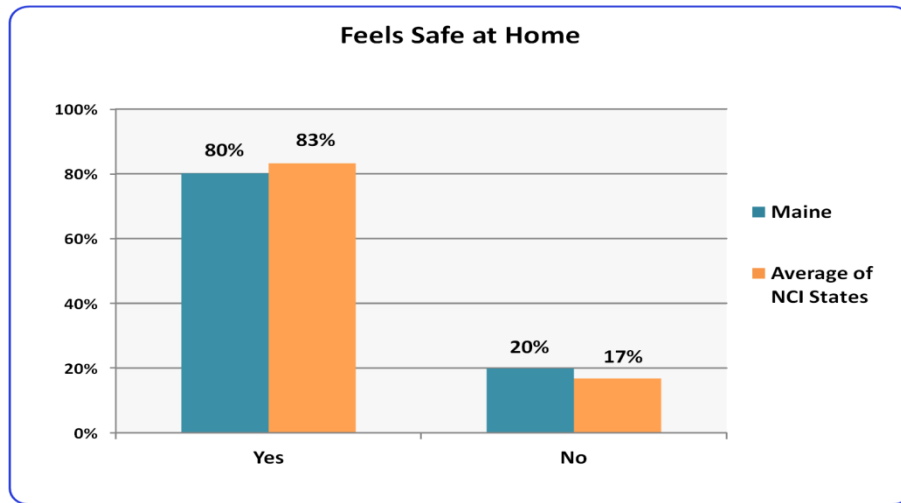


This graph illustrates 95% of respondents from Maine and 83% of respondents across NCI States reported they get the services they need.

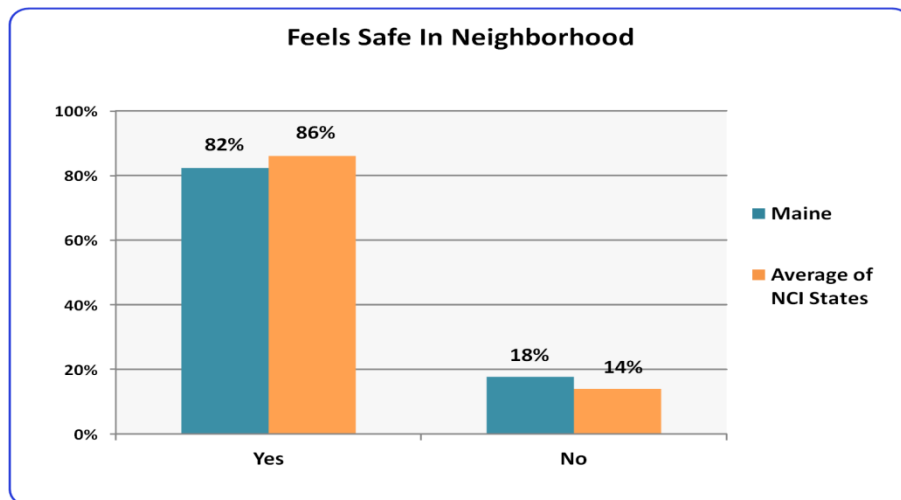


This graph illustrates 92% of respondents from Maine and 92% of respondents across NCI States reported their staff have adequate training.

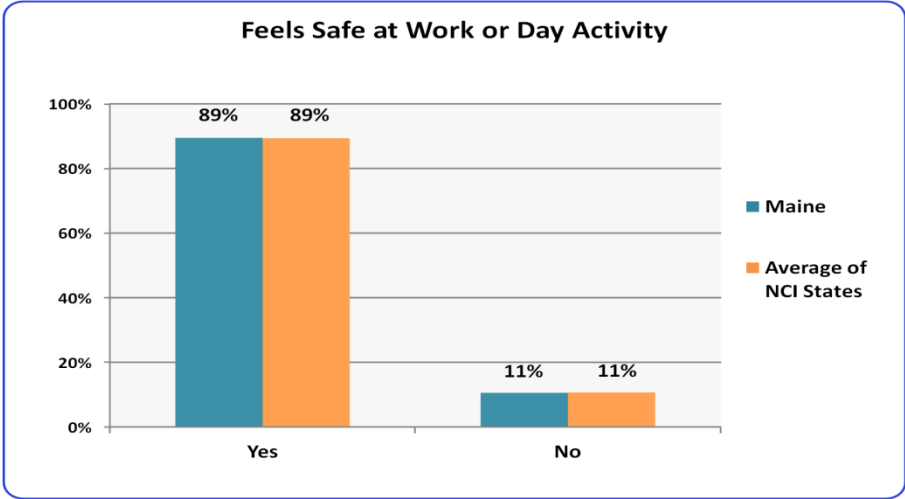
Safety



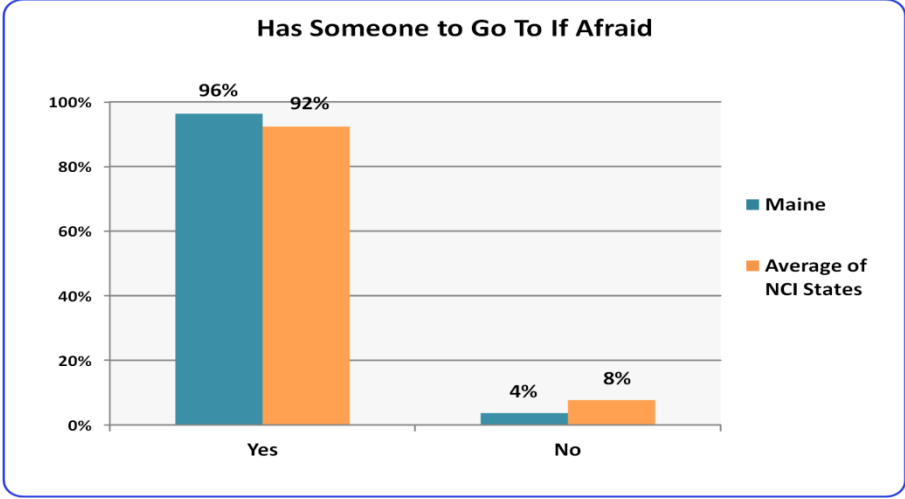
This graph illustrates 80% of respondents from Maine and 83% of respondents across NCI States reported they never feel scared at home.



This graph illustrates 82% of respondents from Maine and 86% of respondents across NCI States reported they never feel scared in their neighborhood.

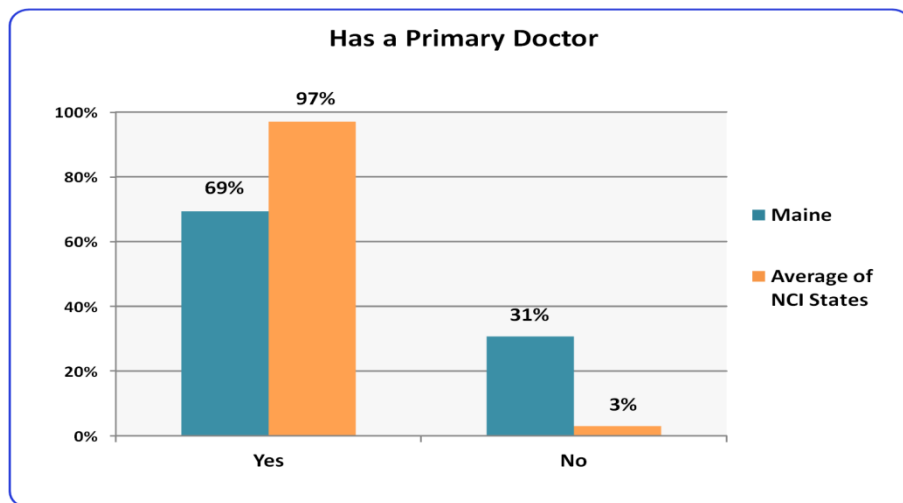


This graph illustrates 89% of respondents from Maine and 89% of respondents across NCI States reported they never feel scared at their work or day activity.

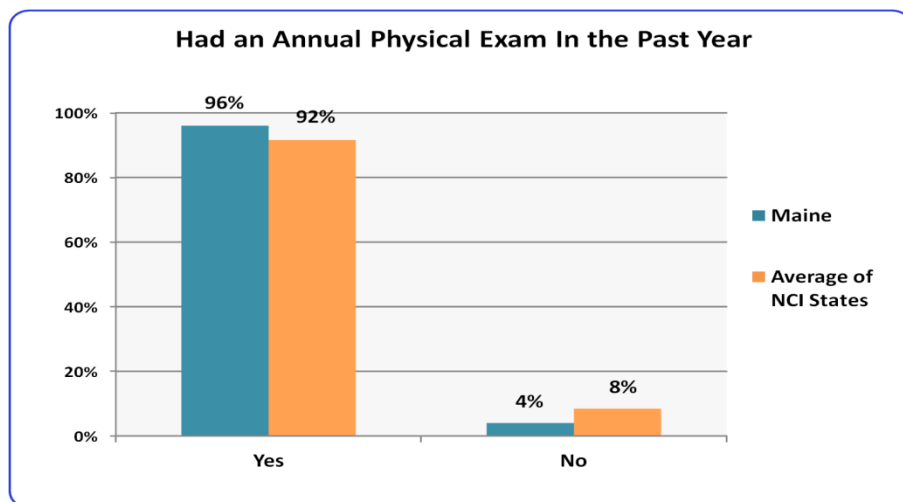


This graph illustrates 96% of respondents from Maine and 92% of respondents across NCI States reported they have someone to go to for help if they feel scared.

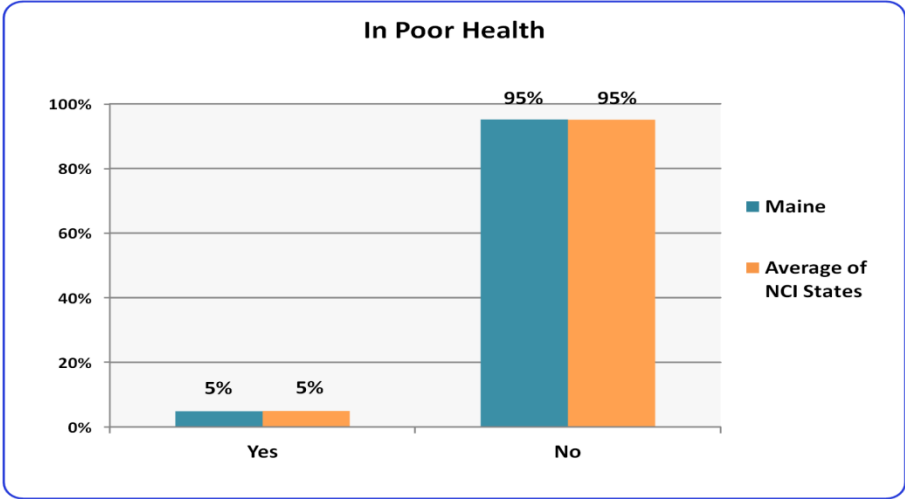
Health



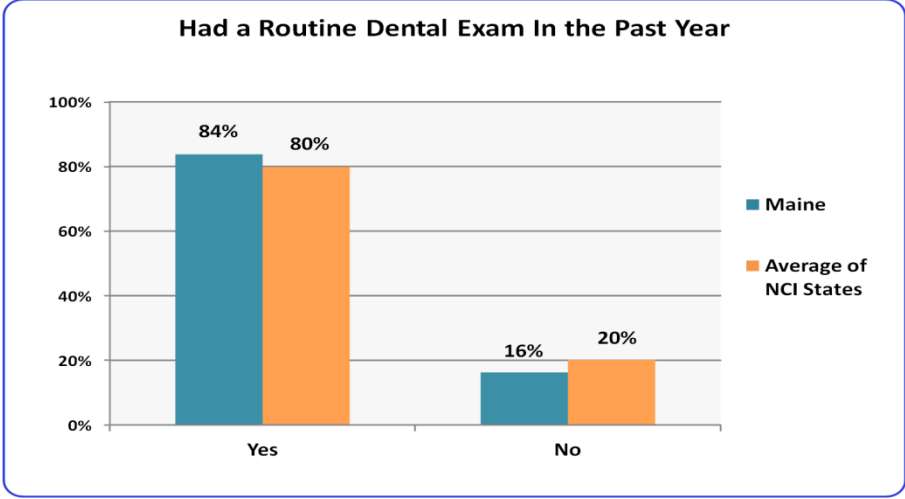
This graph illustrates 69% of respondents from Maine and 97% of respondents across NCI States have a primary care doctor.



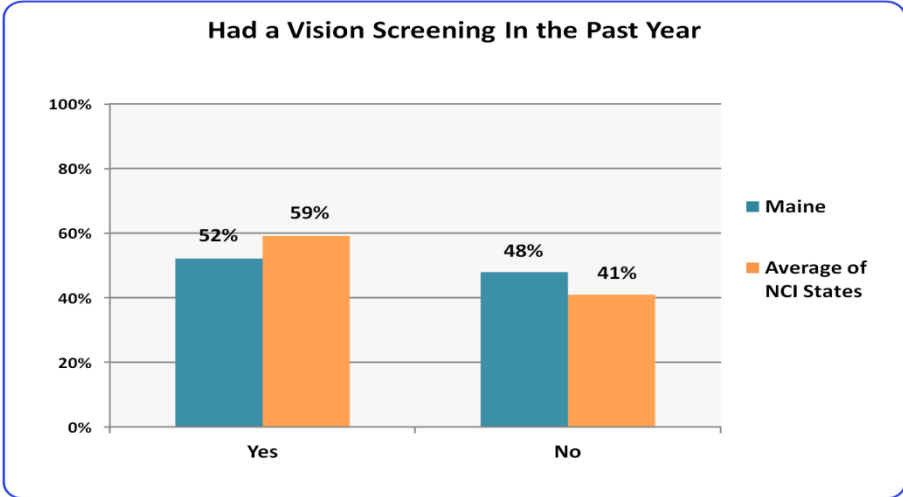
This graph illustrates 96% of respondents from Maine and 92% of respondents across NCI States had a physical exam in the past year.



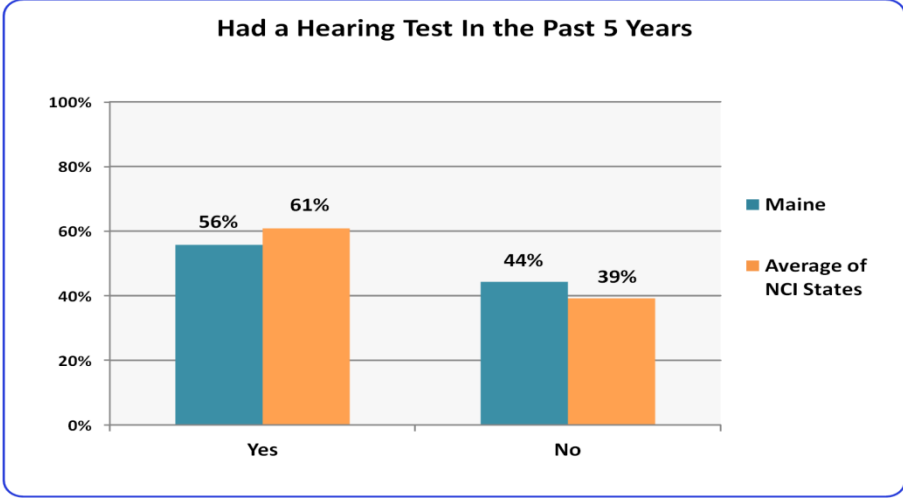
This graph illustrates 5% of respondents from Maine and 5% of respondents across NCI States were reported to be in poor health.



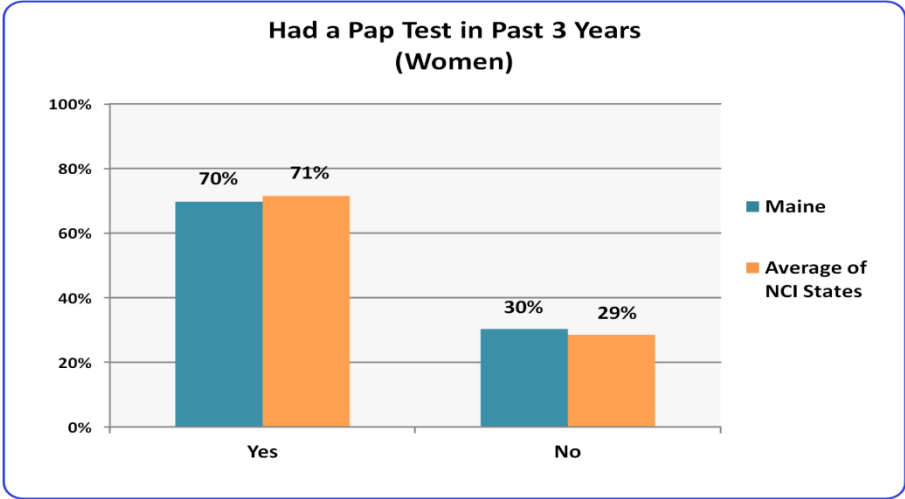
This graph illustrates 84% of respondents from Maine and 80% of respondents across NCI States had a dental exam in the past year.



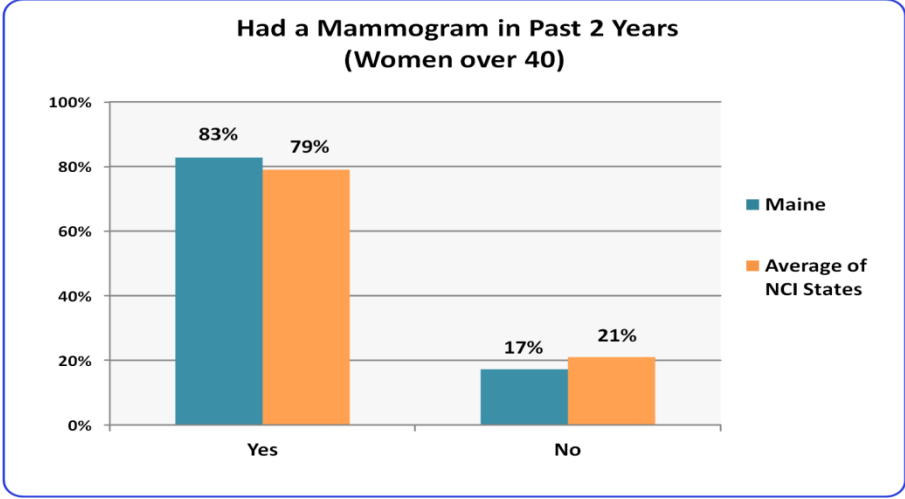
This graph illustrates 52% of respondents from Maine and 59% of respondents across NCI States had a vision screening in the past year.



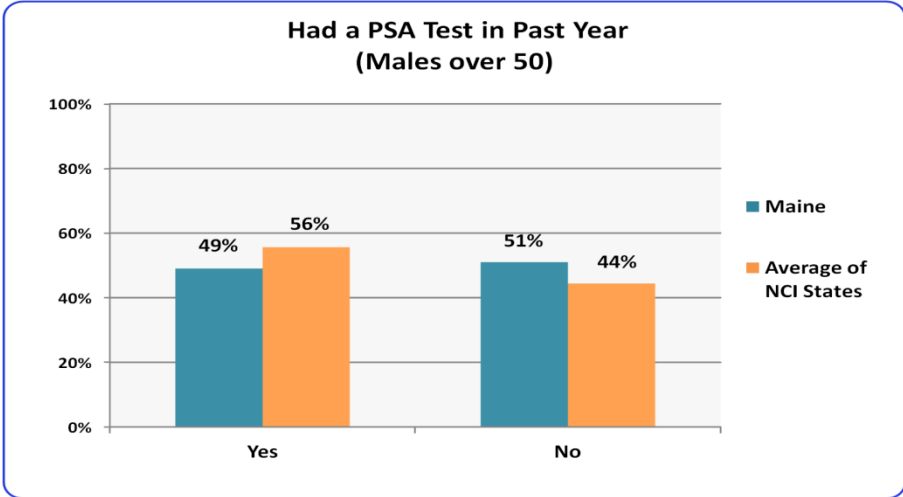
This graph illustrates 56% of respondents from Maine and 61% of respondents across NCI States had a hearing test in the past five years.



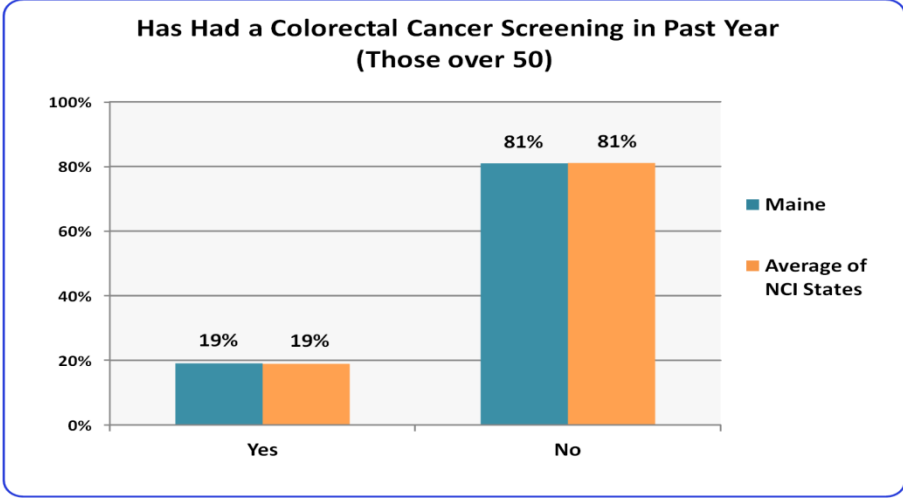
This graph illustrates of female respondents, 70% from Maine and 71% across NCI States had a Pap Test in the past three years.



This graph illustrates of female respondents over 40, 83% from Maine and 79% across NCI States had a Mammogram in the past two years.

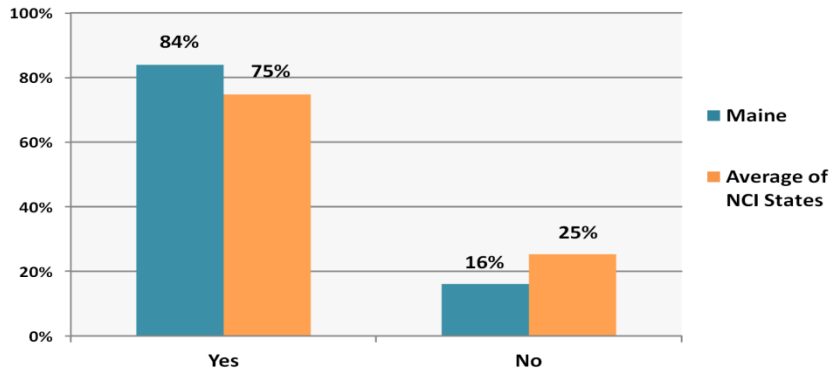


This graph illustrates of male respondents over 50, 49% from Maine and 56% across NCI States had a PSA Test in the past year.



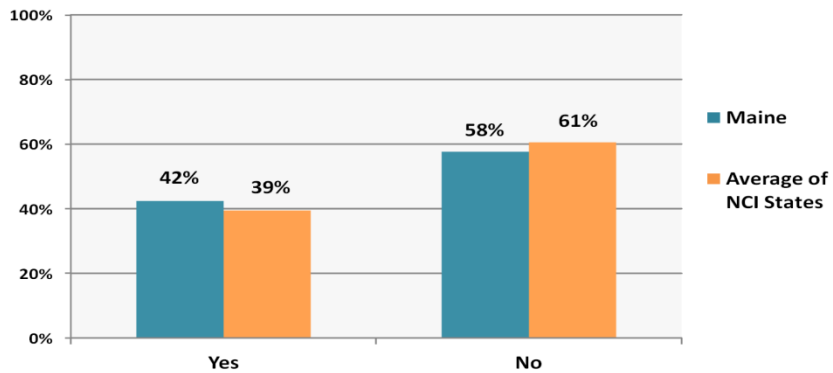
This graph illustrates of respondents over 50, 19% from Maine and 19% across NCI States had a Colorectal Cancer Screening in the past year.

Had a Flu Vaccination In the Past Year



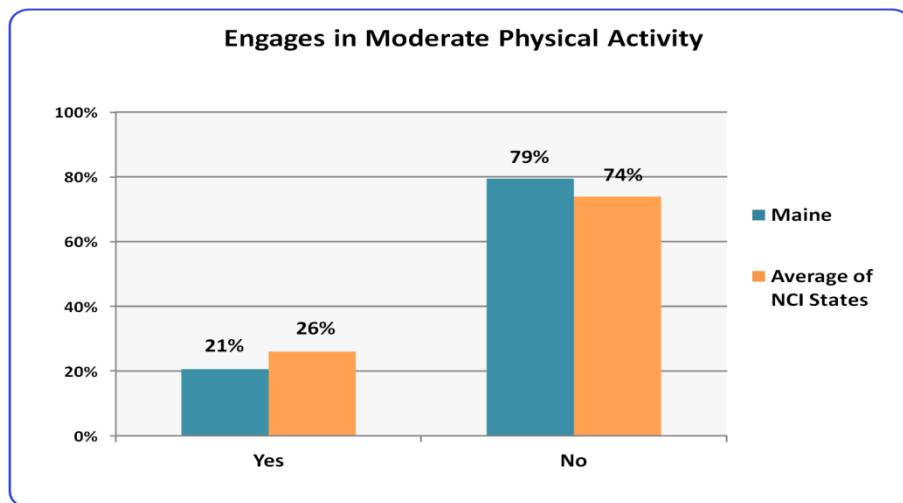
This graph illustrates 84% of respondents from Maine and 75% of respondents across NCI States had a flu vaccine in the past year.

Had a Vaccination For Pneumonia

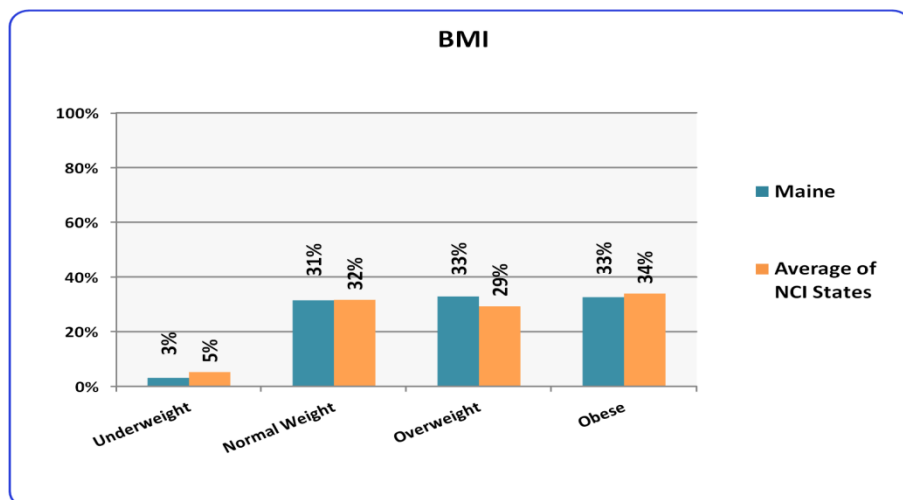


This graph illustrates 42% of respondents from Maine and 39% of respondents across NCI States had ever been vaccinated for pneumonia.

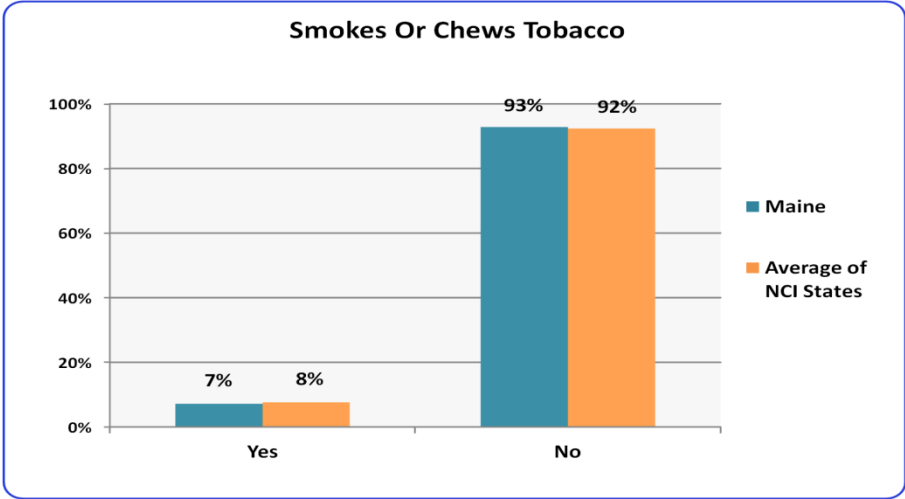
Wellness



This graph illustrates 21% of respondents from Maine and 26% of respondents across NCI States engage in moderate physical activity (a minimum of 30 minutes of activity 3 times a week).

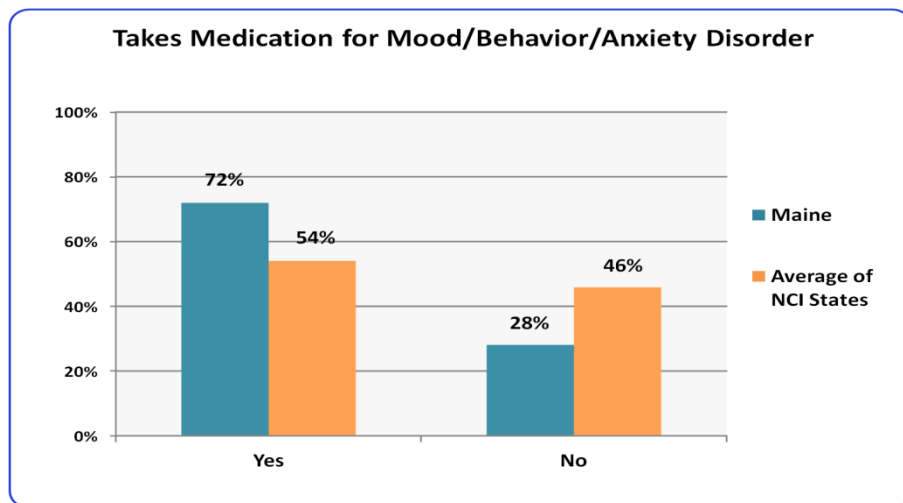


This graph illustrates based on Body Mass Index (BMI), respondents from Maine and across NCI States are in the following categories, respectively: 3% and 5% underweight, 31% and 32% within a normal weight, 33% and 29% overweight, and 33% and 34% obese.



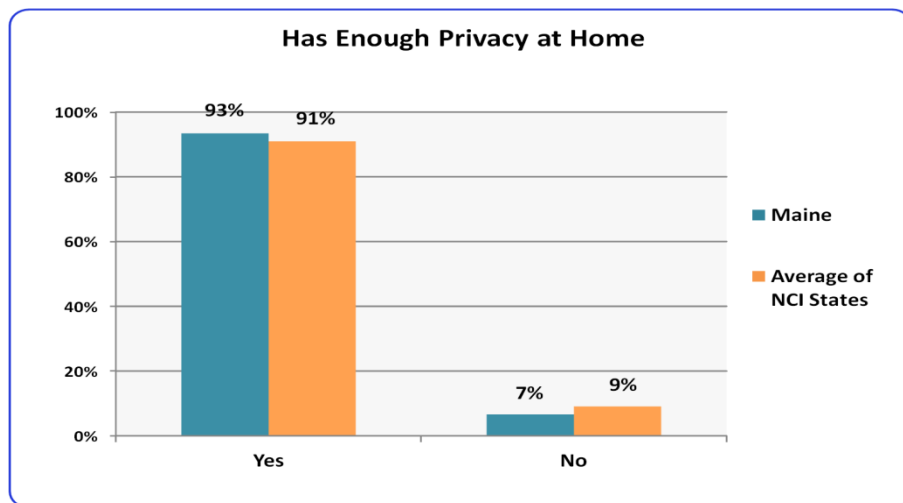
This graph illustrates 7% of respondents from Maine and 8% of respondents across NCI States smoke or chew tobacco.

Medication

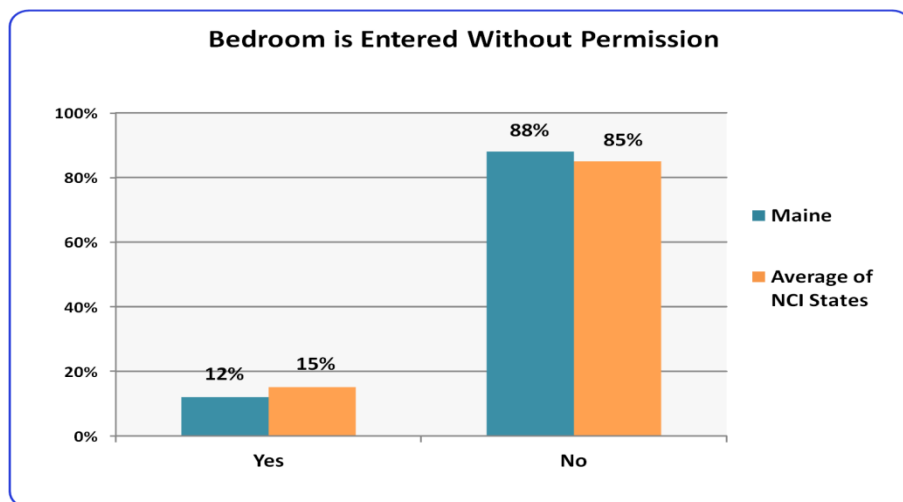


This graph illustrates 72% of respondents from Maine and 54% of respondents across NCI States reportedly take at least one medication for a mood, behavior, or anxiety disorder.

Rights and Respect

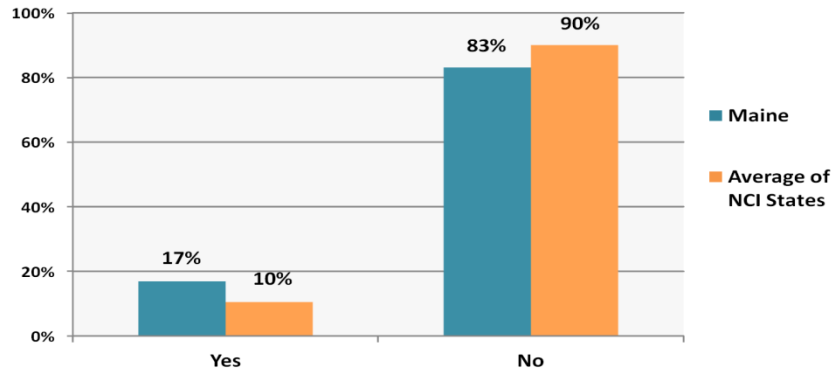


This graph illustrates 93% of respondents from Maine and 91% of respondents across NCI States reported they have enough privacy at home.



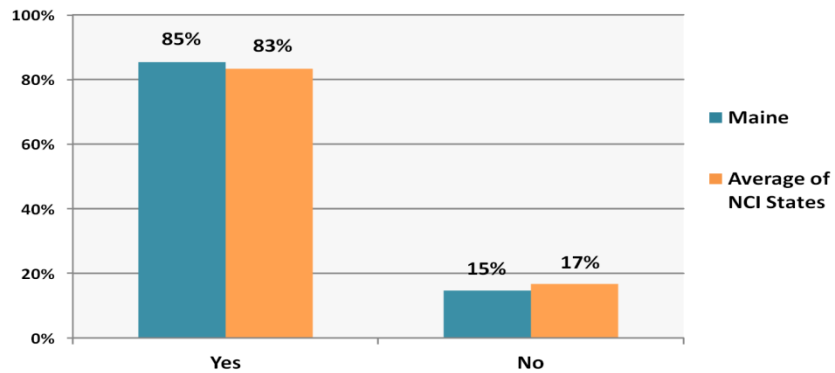
This graph illustrates 12% of respondents from Maine and 15% of respondents across NCI States reported people enter their bedroom without asking permission.

Home is Entered Without Permission



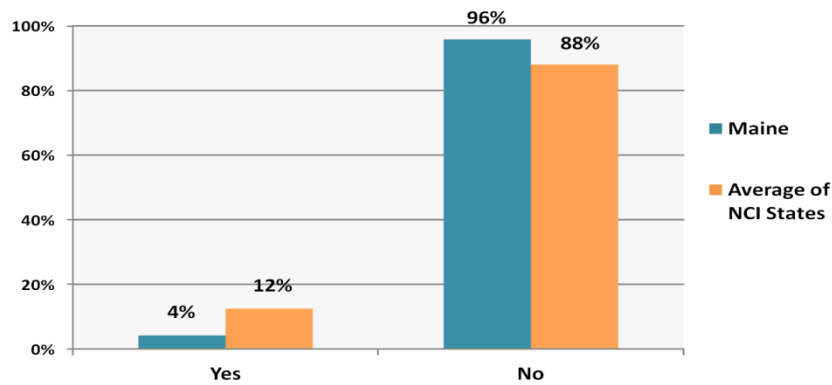
This graph illustrates 17% of respondents from Maine and 10% of respondents across NCI States reported people enter their home without asking permission.

Can Be Alone With Visitors At Home



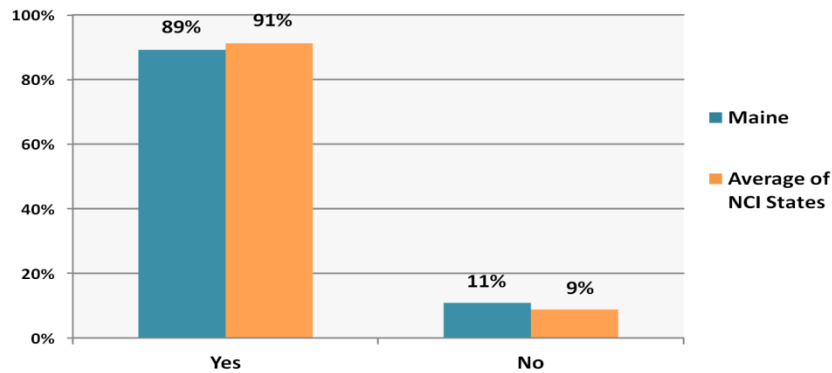
This graph illustrates 85% of respondents from Maine and 83% of respondents across NCI States reported they can be alone at home with visitors.

Mail Is Opened Without Permission

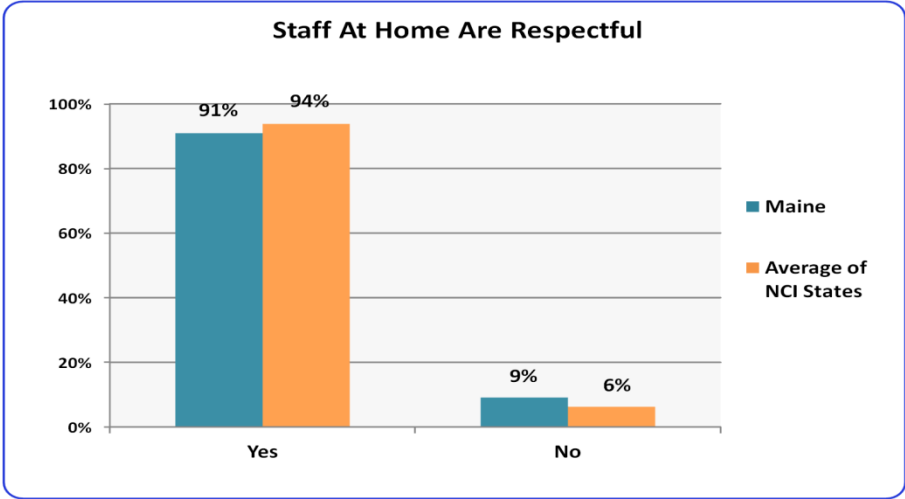


This graph illustrates 4% of respondents from Maine and 12% of respondents across NCI States reported their mail or email is opened without permission.

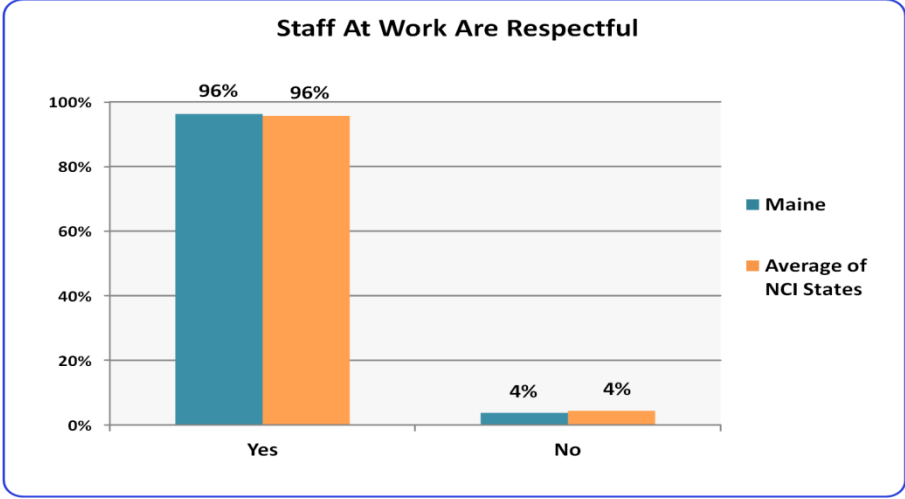
Allowed To Use Phone and Internet



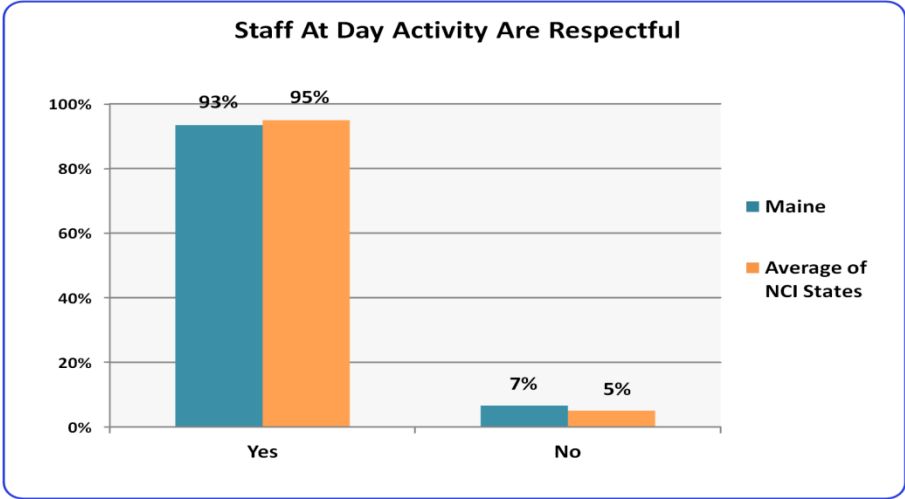
This graph illustrates 89% of respondents from Maine and 91% of respondents across NCI States reported they can use the phone and internet without restrictions.



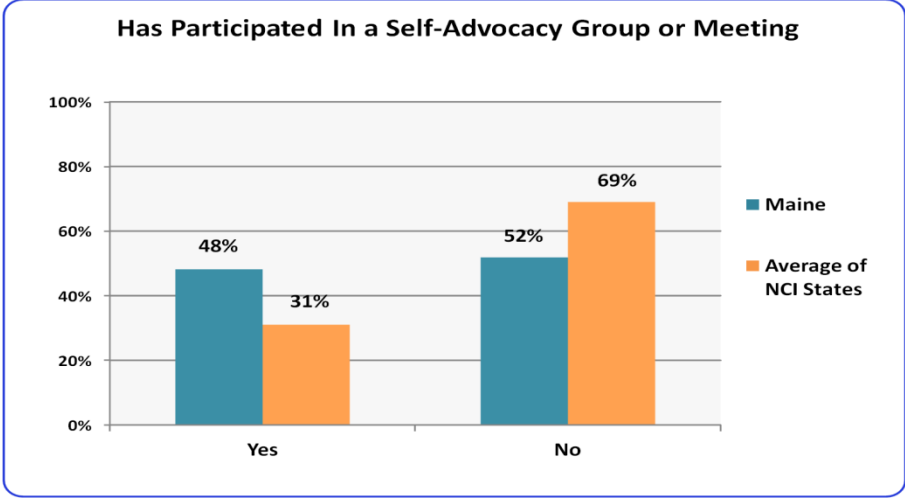
This graph illustrates 91% of respondents from Maine and 94% of respondents across NCI States reported staff at home are nice and polite.



This graph illustrates 96% of respondents from Maine and 96% of respondents across NCI States reported staff at their work are nice and polite.

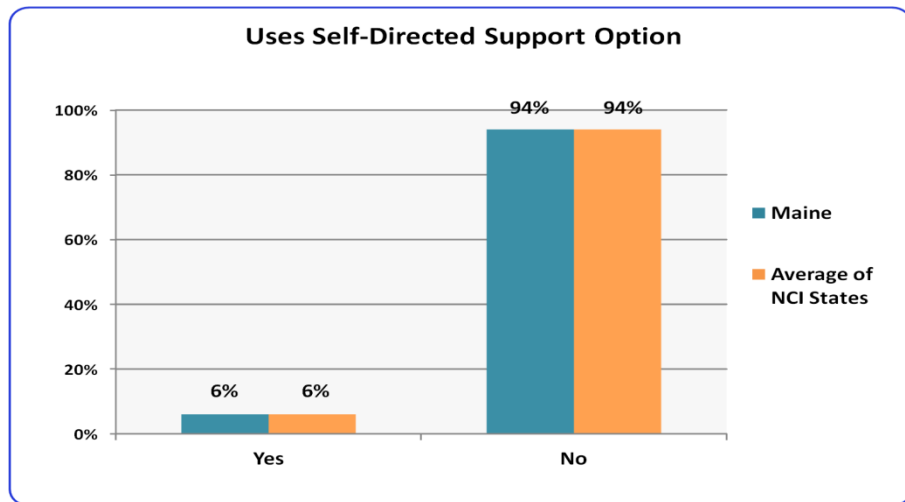


This graph illustrates 93% of respondents from Maine and 95% of respondents across NCI States reported staff at their day activity are nice and polite.

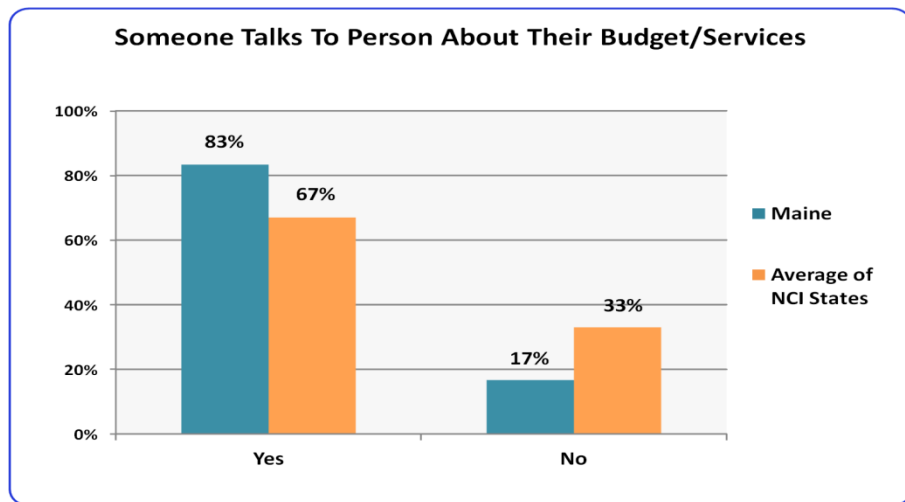


This graph illustrates 48% of respondents from Maine and 31% of respondents across NCI States reported they participated in a self-advocacy event, or chose not to.

Self Determination

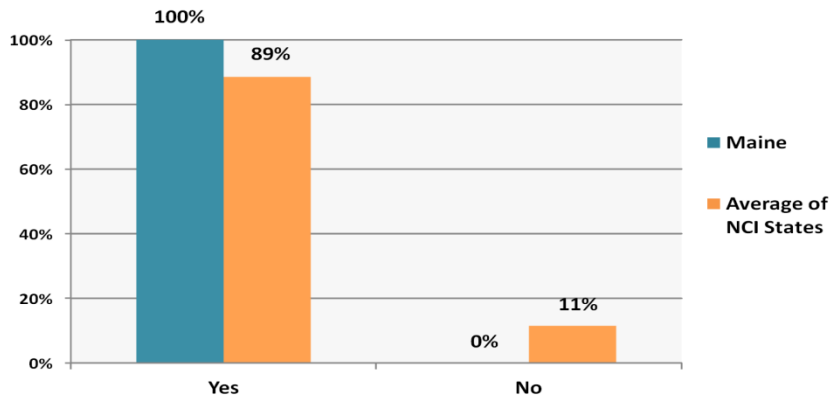


This graph illustrates 6% of respondents from Maine and 6% of respondents across NCI States were using a self-directed supports option.



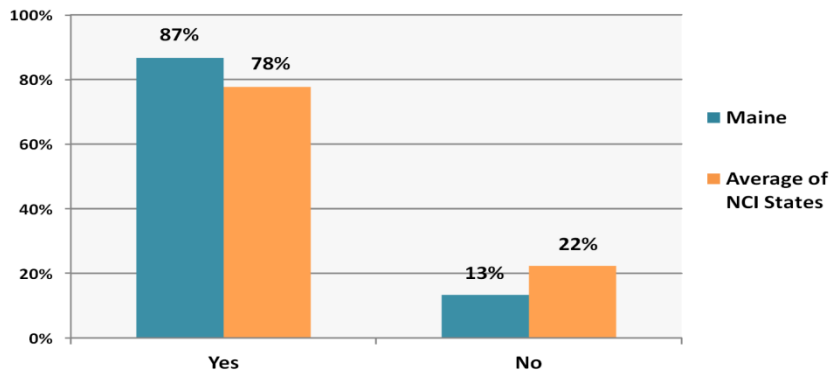
This graph illustrates of respondents using self-directed supports, 83% of respondents from Maine and 67% of respondents across NCI States reported someone talks to them about their budget or services.

Someone Helps Decide How To Use Budget/Services



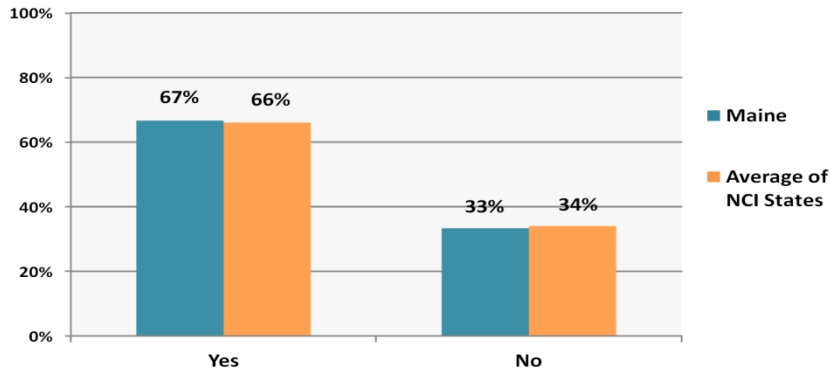
This graph illustrates of respondents using self-directed supports, 100% of respondents from Maine and 89% of respondents across NCI States reported someone helps them decide how to use their budget or services.

Can Make Changes to Budget/Services If Needed



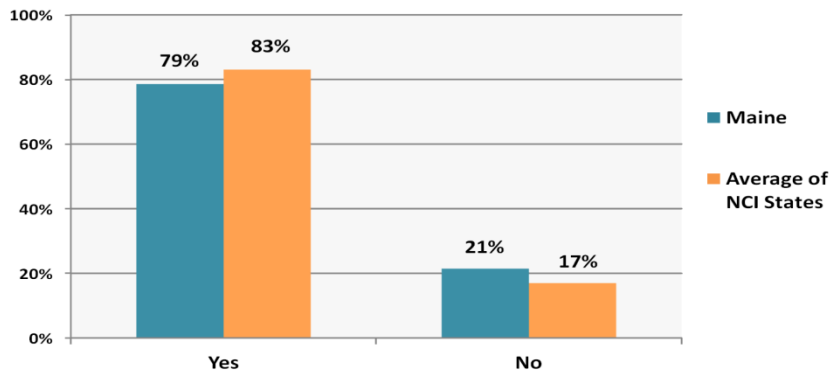
This graph illustrates of respondents using self-directed supports, 87% of respondents from Maine and 78% of respondents across NCI States reported they could make changes to their budget or services if needed.

Has Enough Help Deciding How To Use Budget/Services



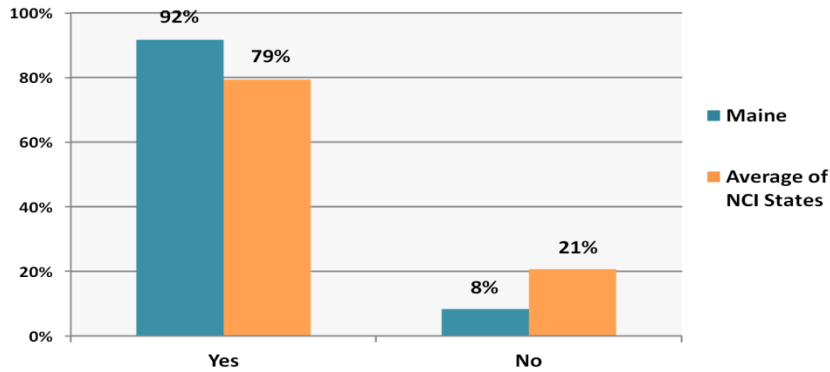
This graph illustrates of respondents using self-directed supports, 67% of respondents from Maine and 66% of respondents across NCI States reported they have enough help decide how to use their budget or services.

Gets Information About How Much Money Is Left In Budget/Services



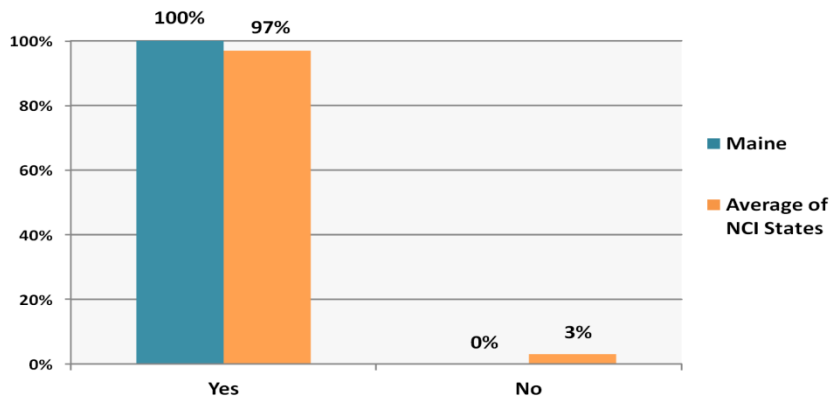
This graph illustrates of respondents using self-directed supports, 79% of respondents from Maine and 83% of respondents across NCI States reported they get information about how much money is left of their budget or services.

Information About Money Left In Budget/Services Is Easy To Understand

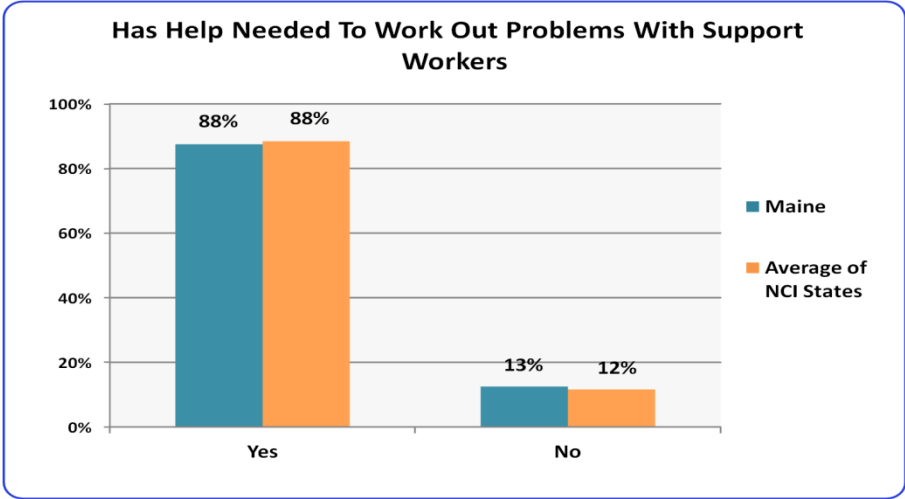


This graph illustrates of respondents using self-directed supports and who receive information about how much money is left of budget and services, 92% of respondents from Maine and 79% of respondents across NCI States reported the information they get is easy to understand.

Support Workers Come When They Are Supposed To

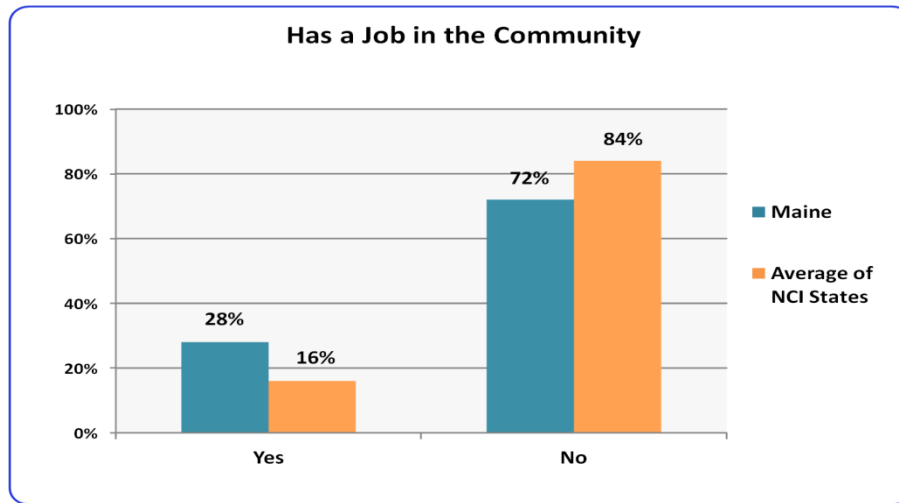


This graph illustrates of respondents using self-directed supports, 100% of respondents from Maine and 97% of respondents across NCI States reported support workers come when they are supposed to.

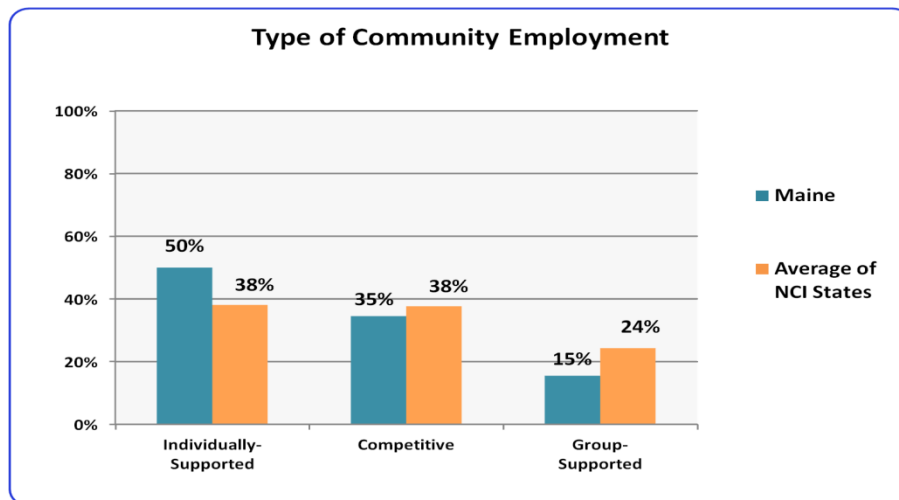


This graph illustrates of respondents using self-directed supports, 88% of respondents from Maine and 88% of respondents across NCI States reported they have the help needed to work out problems they have with their support workers.

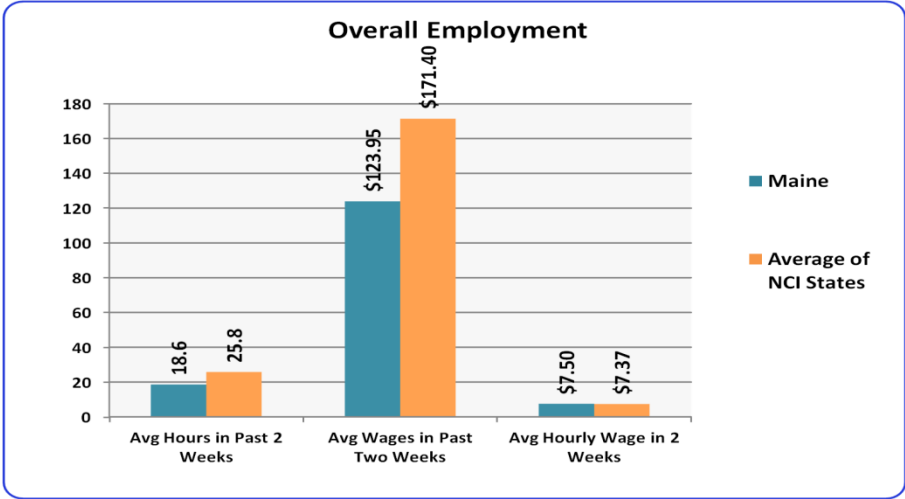
Work



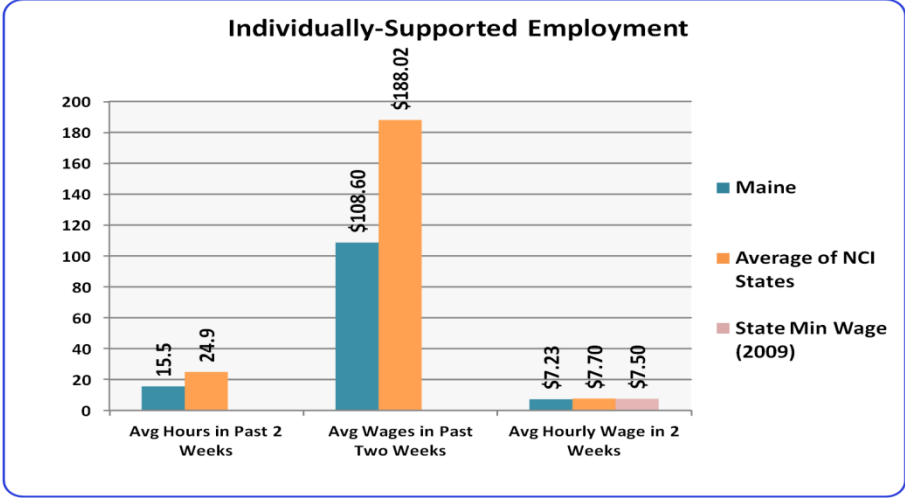
This graph illustrates 28% of respondents from Maine and 16% of respondents across NCI States were working in community-based employment.



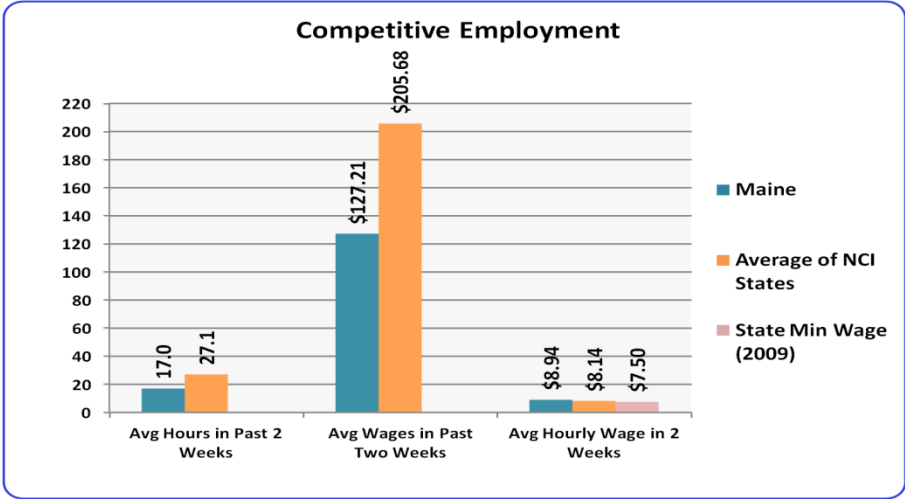
This graph illustrates the type of community-based employment respondents were in from Maine and across NCI States, respectively: 50% and 38% individually-supported; 35% and 38% competitive; and 15% and 24% group-supported.



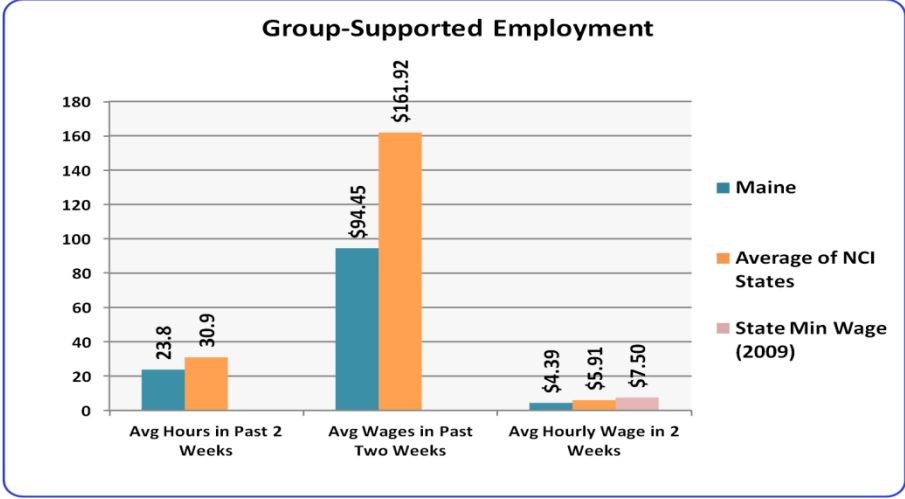
This graph illustrates all those employed, over a typical two-week period, in Maine and across NCI States, respectively: work an average of 18.6 and 25.8 hours; earn an average wage of \$123.95 and \$171.40; and make an average hourly salary of \$7.50 and \$7.37.



This graph illustrates those in individually-supported employment, over a typical two-week period, in Maine and across NCI States, respectively: work an average of 15.5 and 24.9 hours; earn an average wage of \$108.60 and \$188.02; and make an average hourly salary of \$7.23 and \$7.70.

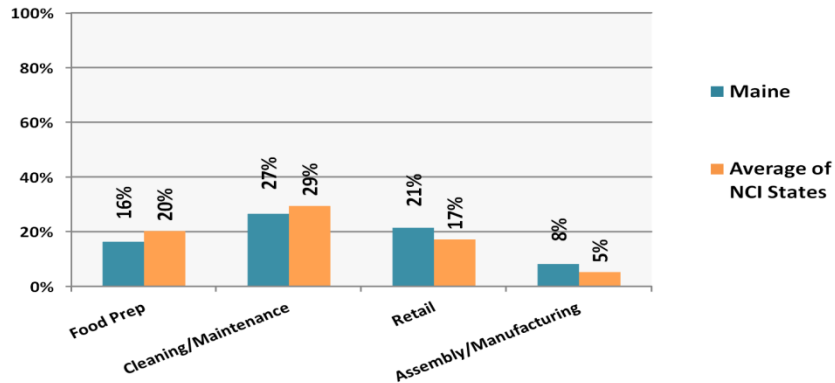


This graph illustrates those in competitive employment, over a typical two-week period, in Maine and across NCI States, respectively: work an average of 17.0 and 27.1 hours; earn an average wage of \$127.21 and \$205.68; and make an average hourly salary of \$8.94 and \$8.14.



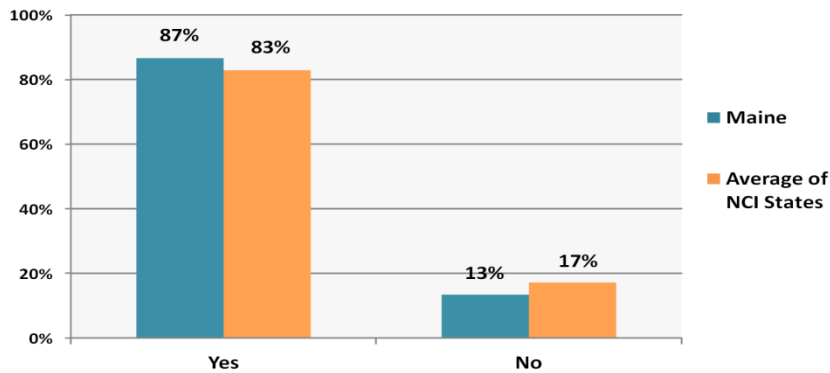
This graph illustrates those in group-supported employment, over a typical two-week period, in Maine and across NCI States, respectively: work an average of 23.8 and 30.9 hours; earn an average wage of \$94.45 and \$161.92; and make an average hourly salary of \$4.39 and \$5.91.

Four Most Common Community Jobs



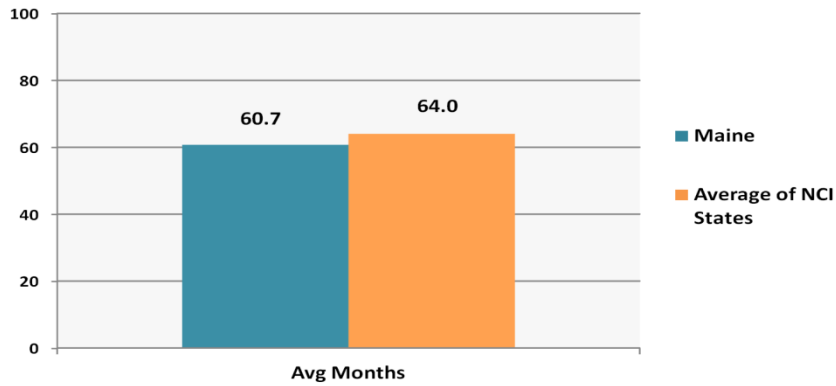
This graph illustrates of those employed the common jobs in Maine and across NCI States, respectively: 16% and 20% food prep; 27% and 29% cleaning or maintenance; 21% and 17% retail; 8% and 5% assembly or manufacturing.

Worked 10 Out of Last 12 Months In Community Job



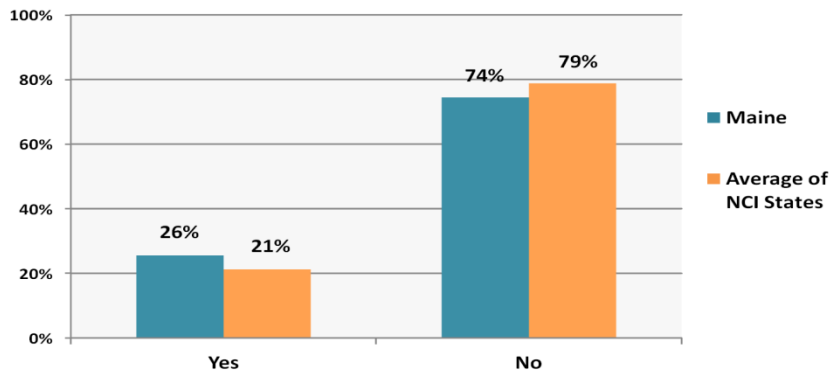
This graph illustrates 87% of respondents from Maine and 83% of respondents across NCI States were working 10 out of the last 12 months in their community job.

Length of Time At Current Community Job

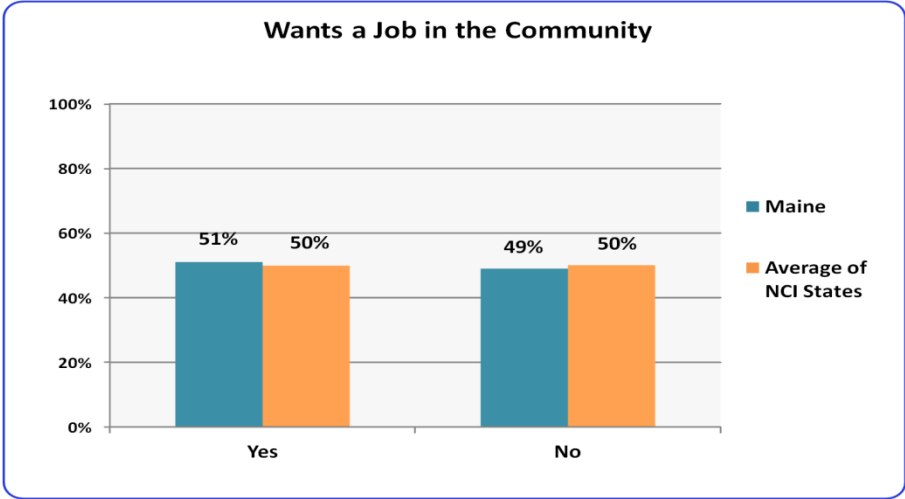


This graph illustrates, on average, respondents from Maine were working in their current job for 60.7 months, and respondents across NCI States were working in their current job for 64.0 months.

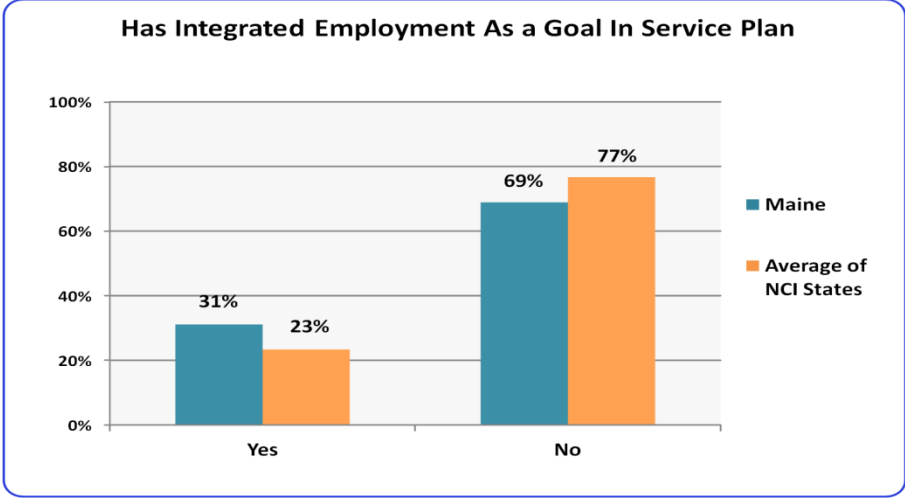
Received Paid Vacation/Sick Time in Community Job



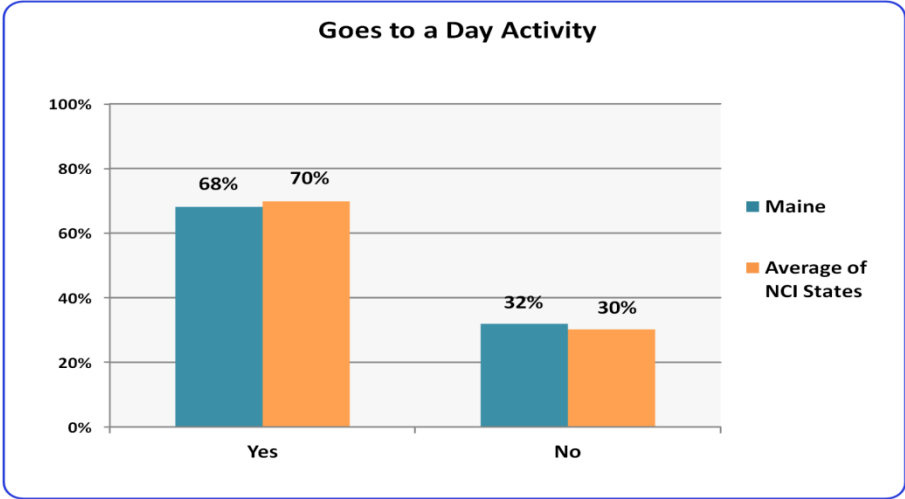
This graph illustrates 26% of respondents from Maine and 21% of respondents across NCI States received paid vacation or sick time.



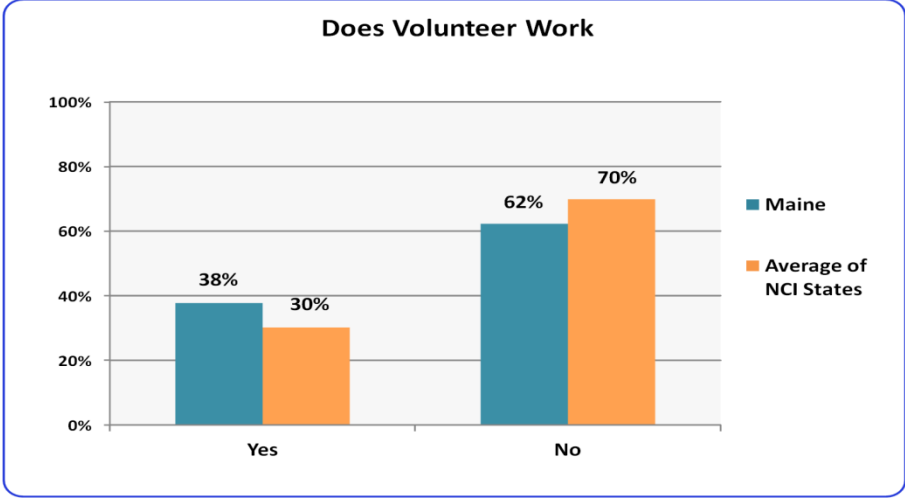
This graph illustrates of those not in community employment, 51% of respondents from Maine and 50% of respondents across NCI States reported they would like a job.



This graph illustrates, 31% of respondents from Maine and 23% of respondents across NCI States have integrated employment as a goals in their service plan.



This graph illustrates, 68% of respondents from Maine and 70% of respondents across NCI States reported they have a day activity.



This graph illustrates, 38% of respondents from Maine and 30% of respondents across NCI States reported they did volunteer work.

Summary

Recommendations/best practices for interpreting results:

- The NCI State Report allows the state to compare its own results against the average across all NCI states reporting for that particular year.
- The NCI State Report will be generated on an annual basis, enabling states to track system-level changes in performance and outcomes over time as well as in relation to the average across all NCI states.

Cautions:

- All the data presented in this report are “raw” data, meaning no statistical testing was performed. For individual state-to-state comparisons, please refer to the 2010-10 NCI Consumer Survey Report, which is posted on the NCI website (<http://www.nationalcoreindicators.org>).
- A few of these charts show results for questions that had a small number of survey responses (e.g., questions on self-directed supports). To locate the n’s (number of responses) for each question, please review the aforementioned 2010-11 NCI Consumer Survey Report.

To review additional NCI reports, visit <http://www.nationalcoreindicators.org>.

For further information regarding this State Report, please contact Josh Engler at jengler@hsri.org.