

# NCI State Report: New Hampshire

2010-11

National Association of State Directors of Developmental Disabilities Services
Human Services Research Institute



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#### **Overview of NCI**

In December 1996, the National Association of State Directors of Developmental Disabilities Services (NASDDDS) Board of Directors launched the Core Indicators Project (CIP). The aim of CIP was to support state developmental disabilities authorities (SDDAs) in developing and implementing performance/outcome indicators and related data collection strategies that would enable them to measure service delivery system performance. This effort, now called National Core Indicators or NCI, strives to provide SDDAs with sound tools in support of their efforts to improve system performance and thereby to better serve people with developmental disabilities and their families. The Association's active sponsorship of NCI facilitates states pooling their knowledge, expertise and resources in this endeavor.

For a complete list of NCI states in 2010-11 and a complete list of NCI indicators, visit <a href="http://www.nationalcoreindicators.org">http://www.nationalcoreindicators.org</a>.

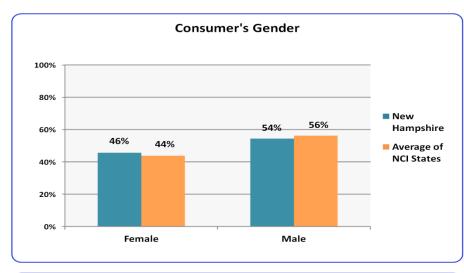
### **Purpose of this Report**

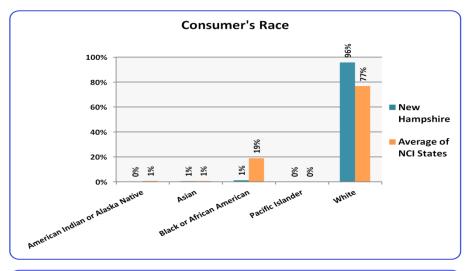
This report is intended to provide states a look at their NCI data compared to the average of all other participating NCI states in a reasonably sized and easy to review format. For 2010-11, the "Average of NCI States" figure includes data from 15 states. This State Report will not replace the annual NCI Consumer Outcomes Report.

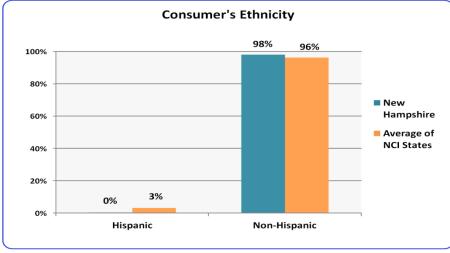
It should be noted that this report only contains data from the 2010-11 Adult Consumer Survey. Future State Reports will include all NCI data (e.g., Family Survey data, Staff stability data, etc.) collected during that year.

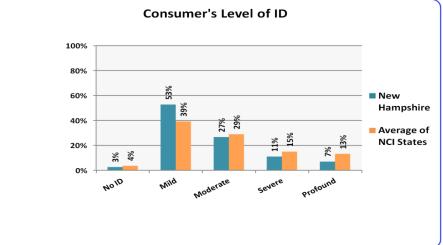
New Hampshire has been a NCI State since 2007-08. New Hampshire's NCI Contact Lead, Karen Kimball, is the Admin III, BDS Medicaid & Finance. In 2010-11, New Hampshire conducted 400 Consumer Surveys.

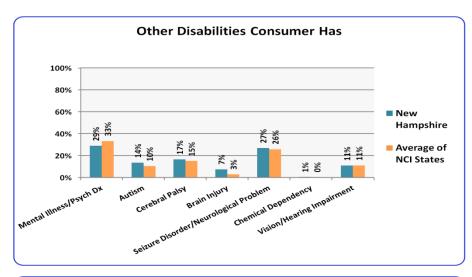
# **Demographics**

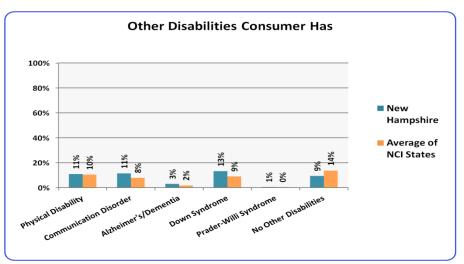


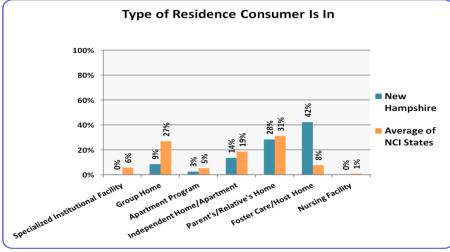


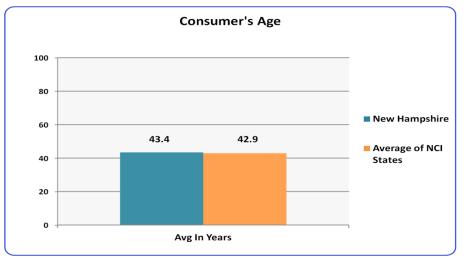




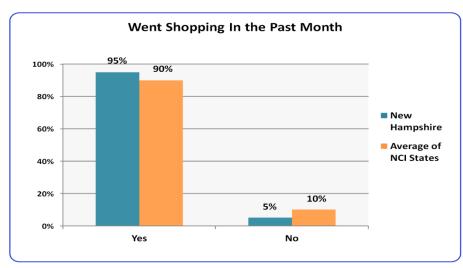




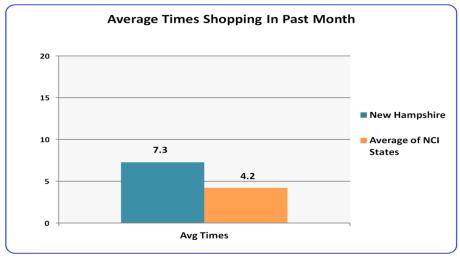




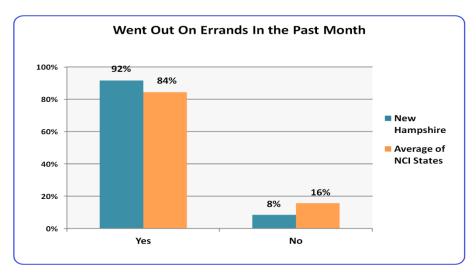
# **Community Inclusion**



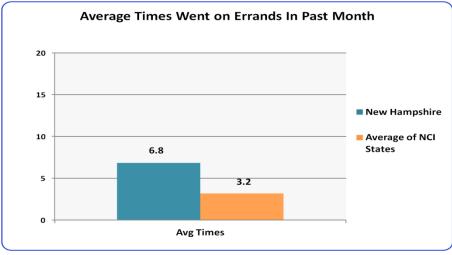
This graph illustrates 95% of respondents from New Hampshire and 90% of respondents across NCI States reported they went shopping in the past month.



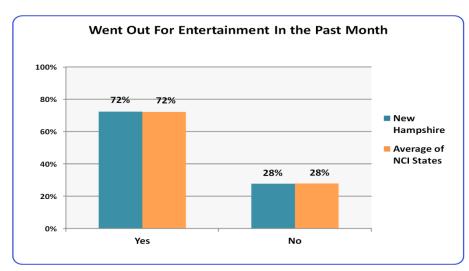
This graph illustrates, on average, respondents from New Hampshire went shopping 7.3 times in the past month, and respondents across NCI States went an average of 4.2 times in the past month.



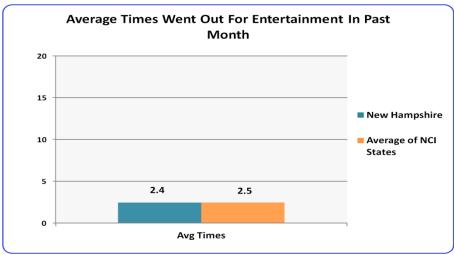
This graph illustrates 92% of respondents from New Hampshire and 84% of respondents across NCI States reported they went on errands in the past month.



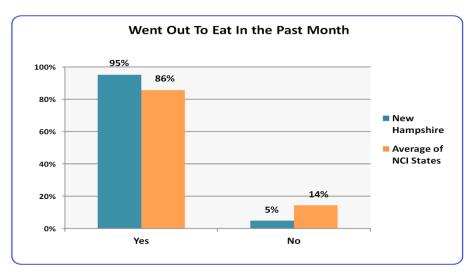
This graph illustrates, on average, respondents from New Hampshire went on errands 6.8 times in the past month, and respondents across NCI States went an average of 3.2 times in the past month.



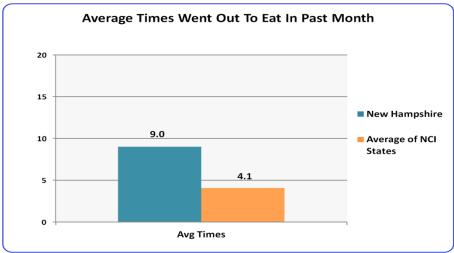
This graph illustrates 72% of respondents from New Hampshire and 72% of respondents across NCI States reported they went out for entertainment in the past month.



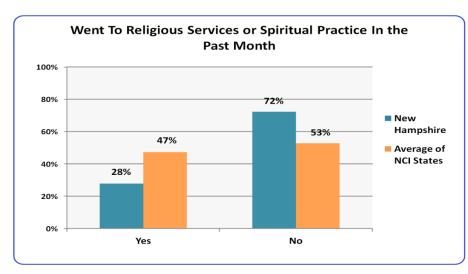
This graph illustrates, on average, respondents from New Hampshire went out for entertainment 2.4 times in the past month, and respondents across NCI States went an average of 2.5 times in the past month.



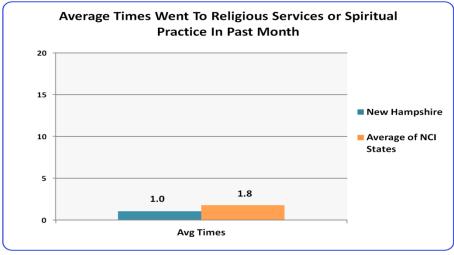
This graph illustrates 95% of respondents from New Hampshire and 86% of respondents across NCI States reported they went out to eat in the past month.



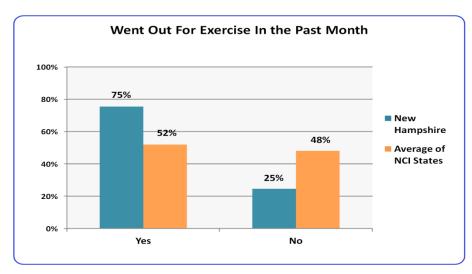
This graph illustrates, on average, respondents from New Hampshire went out to eat 9.0 times in the past month, and respondents across NCI States went an average of 4.1 times in the past month.



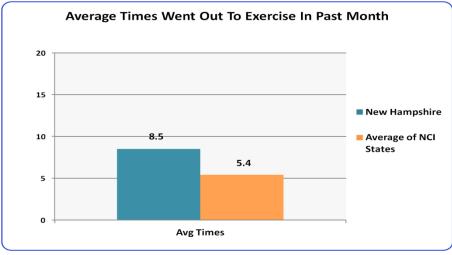
This graph illustrates 28% of respondents from New Hampshire and 47% of respondents across NCI States reported they went to religious or spiritual services in the past month.



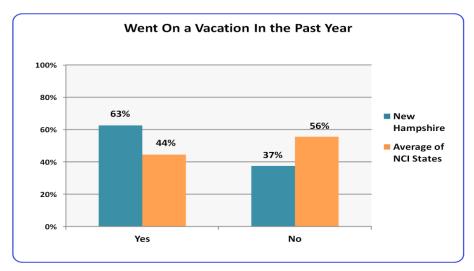
This graph illustrates, on average, respondents from New Hampshire went out for religious or spiritual services 1.0 times in the past month, and respondents across NCI States went an average of 1.8 times in the past month.



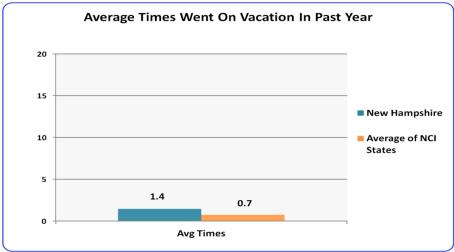
This graph illustrates 75% of respondents from New Hampshire and 52% of respondents across NCI States reported they went out for exercise in the past month.



This graph illustrates, on average, respondents from New Hampshire went out for exercise 8.5 times in the past month, and respondents across NCI States went an average of 5.4 times in the past month.

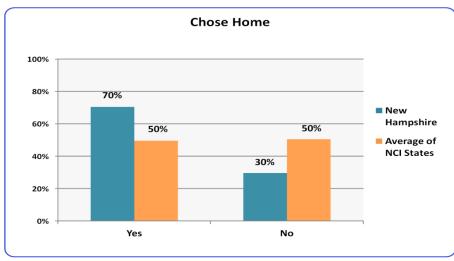


This graph illustrates 63% of respondents from New Hampshire and 44% of respondents across NCI States reported they went on vacation in the past year.

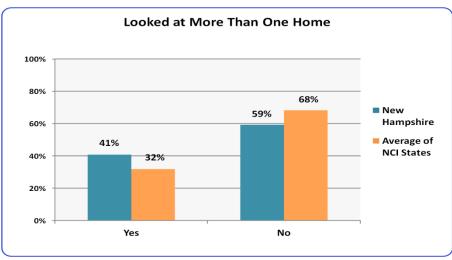


This graph illustrates, on average, respondents from New Hampshire went on vacation 1.4 times in the past year and respondents across NCI States went an average of 0.7 times in the past year

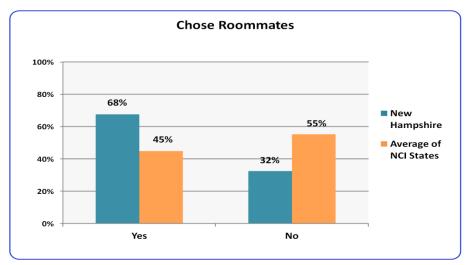
## **Choice and Decision-Making**



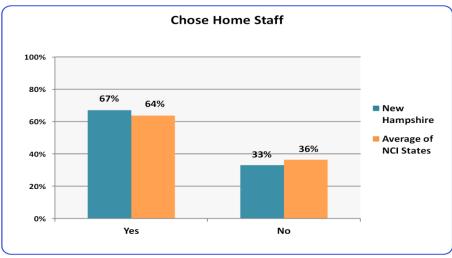
This graph illustrates 70% of respondents from New Hampshire and 50% of respondents across NCI States reported they chose or had some input in choosing their where they live.



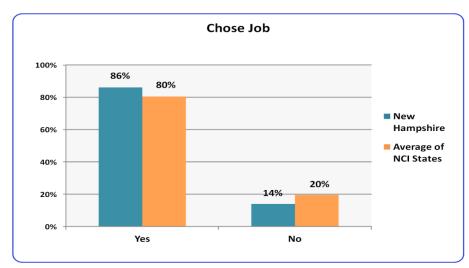
This graph illustrates 41% of respondents from New Hampshire and 32% of respondents across NCI States reported they looked at more than one home before choosing where to live.



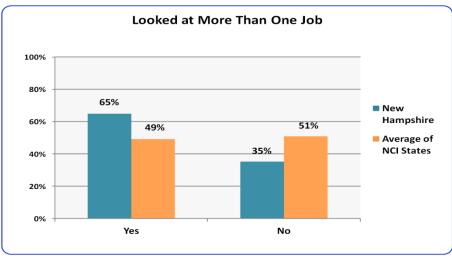
This graph illustrates 68% of respondents from New Hampshire and 45% of respondents across NCI States reported they chose or had some input in choosing their roommates.



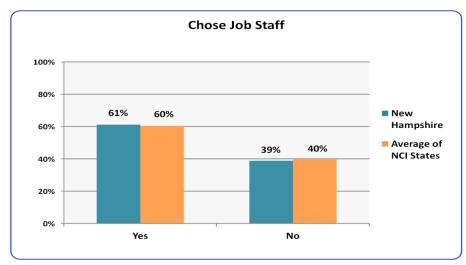
This graph illustrates 67% of respondents from New Hampshire and 64% of respondents across NCI States reported they chose or were aware they could request to change the staff who help them at home.



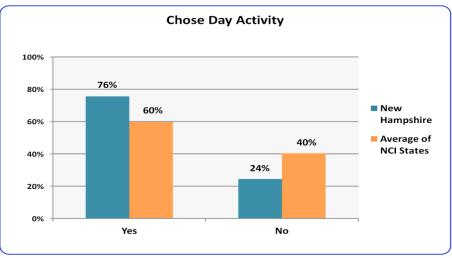
This graph illustrates 86% of respondents from New Hampshire and 80% of respondents across NCI States reported they chose or had some input in choosing their job.



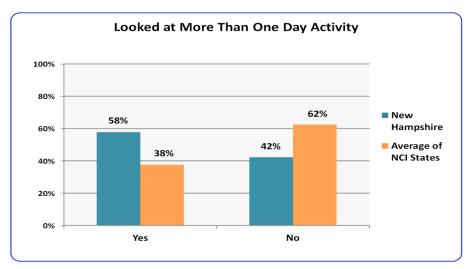
This graph illustrates 65% of respondents from New Hampshire and 49% of respondents across NCI States reported they chose their job after looking at more than one place.



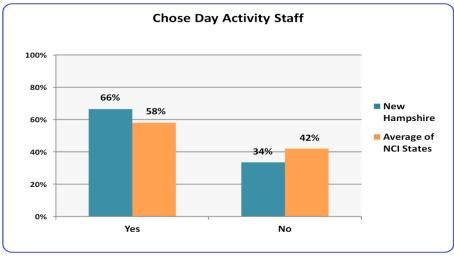
This graph illustrates 61% of respondents from New Hampshire and 60% of respondents across NCI States reported they chose or were aware they could request a change in job staff.



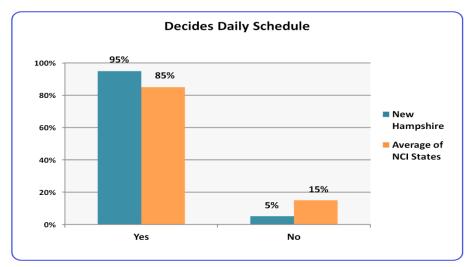
This graph illustrates 76% of respondents from New Hampshire and 60% of respondents across NCI States reported they chose or had some input in choosing their day activity.



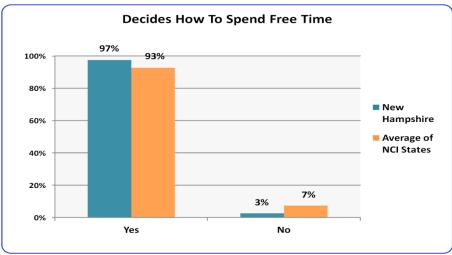
This graph illustrates 58% of respondents from New Hampshire and 38% of respondents across NCI States reported they chose their day activity after looking at more than one place.



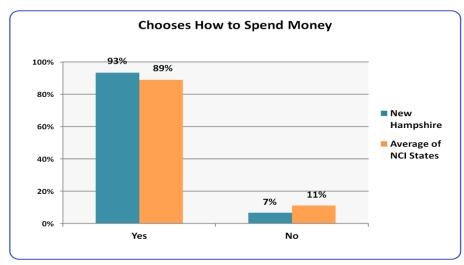
This graph illustrates 66% of respondents from New Hampshire and 58% of respondents across NCI States reported they chose or could request a change in day activity staff.



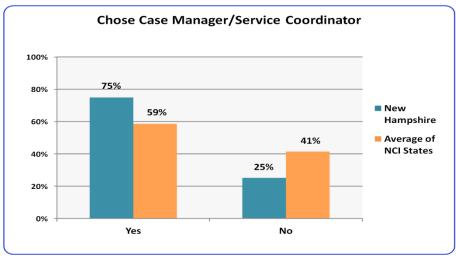
This graph illustrates 95% of respondents from New Hampshire and 85% of respondents across NCI States reported they choose or have input in choosing their daily schedule.



This graph illustrates 97% of respondents from New Hampshire and 93% of respondents across NCI States reported they choose or have input in choosing how to spend free time.

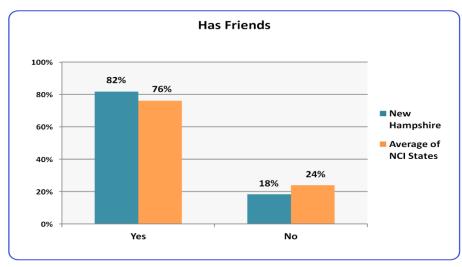


This graph illustrates 93% of respondents from New Hampshire and 89% of respondents across NCI States reported they choose or have input in choosing how to spend their money.

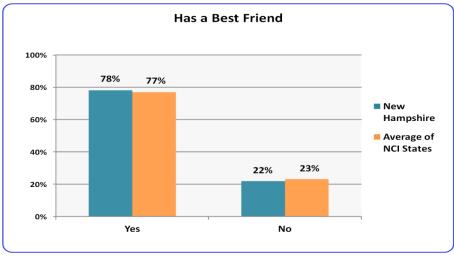


This graph illustrates 75% of respondents from New Hampshire and 59% of respondents across NCI States reported they chose or were aware they could request to change their case manager/service coordinator.

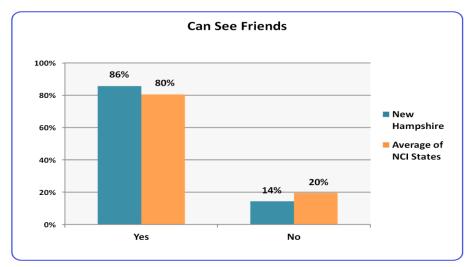
# Relationships



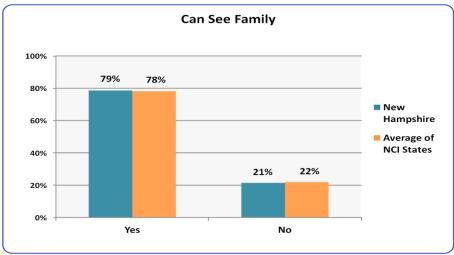
This graph illustrates 82% of respondents from New Hampshire and 76% of respondents across NCI States reported they have friends other than staff and family.



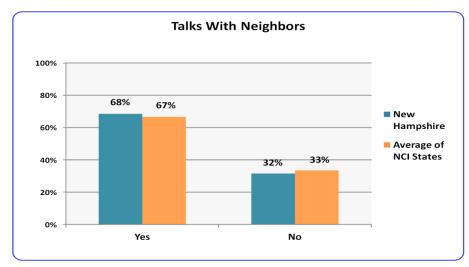
This graph illustrates 78% of respondents from New Hampshire and 77% of respondents across NCI States reported they have a best friend.



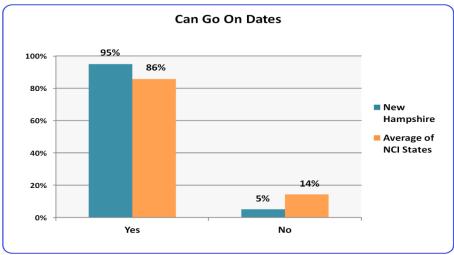
This graph illustrates 86% of respondents from New Hampshire and 80% of respondents across NCI States reported they have the support needed to see friends when they want to.



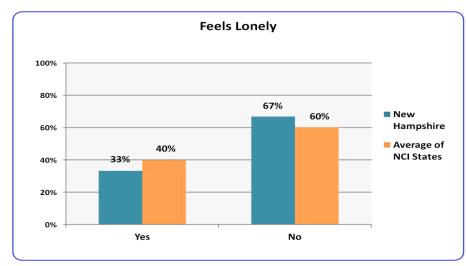
This graph illustrates 79% of respondents from New Hampshire and 78% of respondents across NCI States reported they have the support needed to see family when they want to.



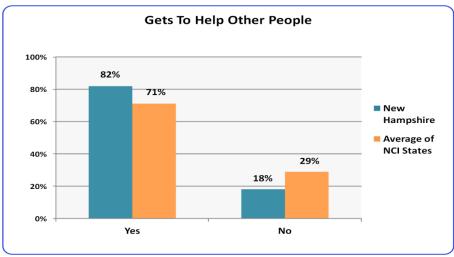
This graph illustrates 68% of respondents from New Hampshire and 67% of respondents across NCI States reported they talk to their neighbors often.



This graph illustrates 95% of respondents from New Hampshire and 86% of respondents across NCI States reported they could go on a date, or can date with some restrictions, if they want to.

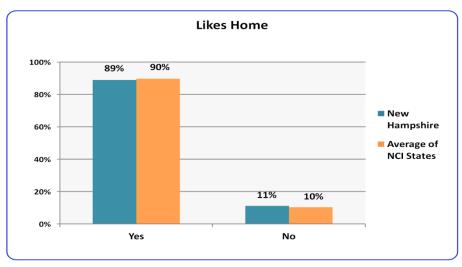


This graph illustrates 33% of respondents from New Hampshire and 40% of respondents across NCI States reported they feel lonely at least half of the time.

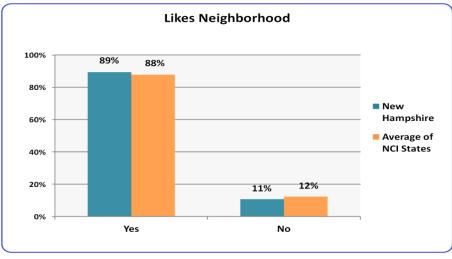


This graph illustrates 82% of respondents from New Hampshire and 71% of respondents across NCI States reported they get to help others.

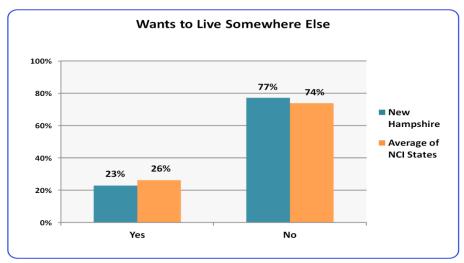
#### Satisfaction



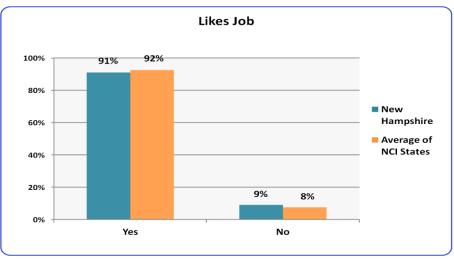
This graph illustrates 89% of respondents from New Hampshire and 90% of respondents across NCI States reported they like where they live.



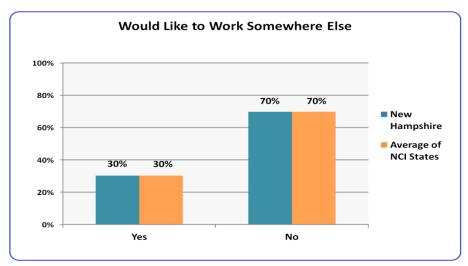
This graph illustrates 89% of respondents from New Hampshire and 88% of respondents across NCI States reported they like their neighborhood.



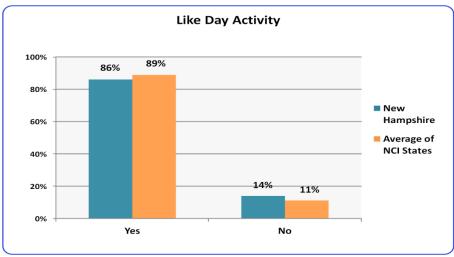
This graph illustrates 23% of respondents from New Hampshire and 26% of respondents across NCI States reported they want to live somewhere else.



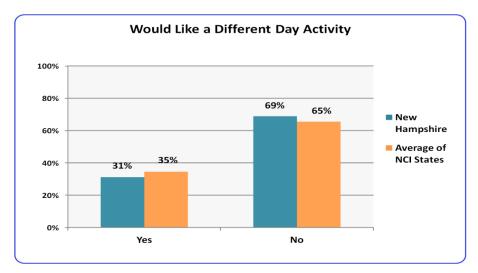
This graph illustrates 91% of respondents from New Hampshire and 92% of respondents across NCI States reported they like their job.



This graph illustrates 30% of respondents from New Hampshire and 30% of respondents across NCI States reported they want to work somewhere else.

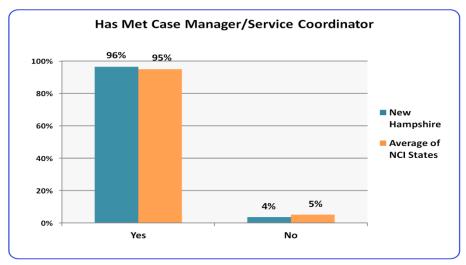


This graph illustrates 86% of respondents from New Hampshire and 89% of respondents across NCI States reported they like their day activity.

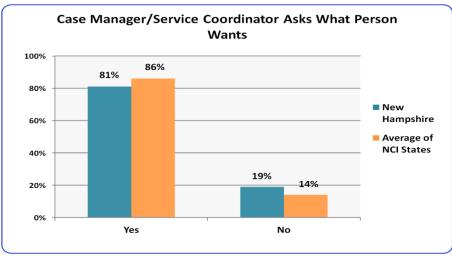


This graph illustrates 31% of respondents from New Hampshire and 35% of respondents across NCI States reported they want to go or do something else during the day.

#### **Service Coordination**



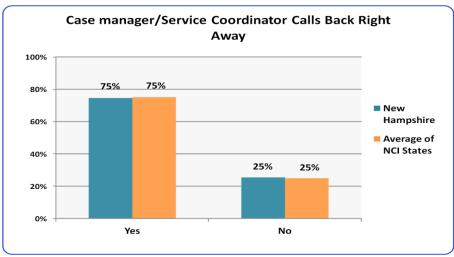
This graph illustrates 96% of respondents from New Hampshire and 95% of respondents across NCI States reported they have met their case manager/service coordinator.



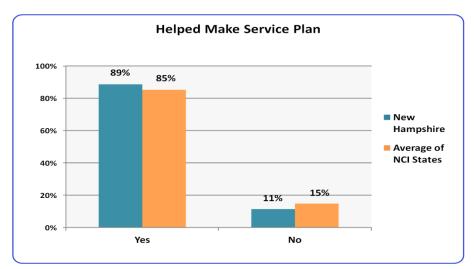
This graph illustrates 81% of respondents from New Hampshire and 86% of respondents across NCI States reported their case manager/service coordinator asks what the person wants.



This graph illustrates 89% of respondents from New Hampshire and 88% of respondents across NCI States reported their case manager/service coordinator helps get what person needs.

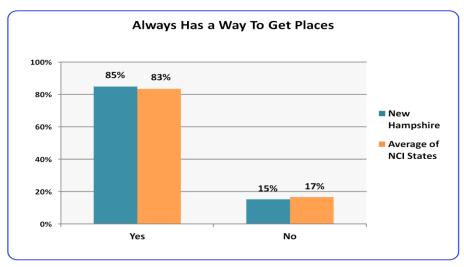


This graph illustrates 75% of respondents from New Hampshire and 75% of respondents across NCI States reported their case manager/service coordinator calls back right away.

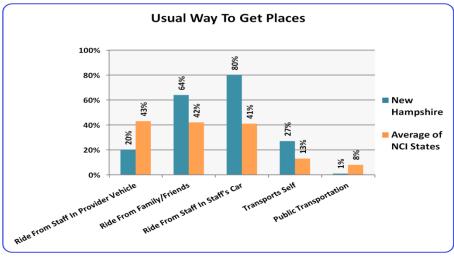


This graph illustrates 89% of respondents from New Hampshire and 85% of respondents across NCI States reported they helped make their service plan.

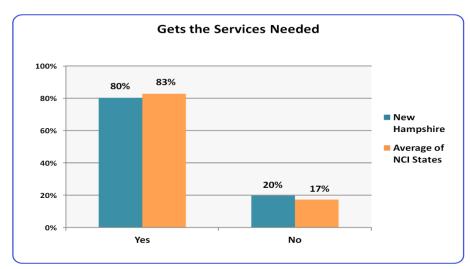
#### **Access**



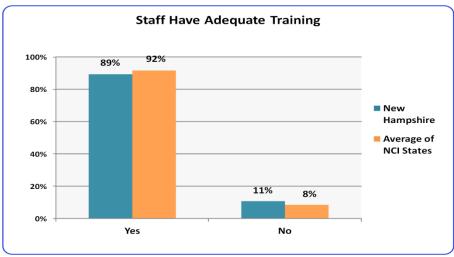
This graph illustrates 85% of respondents from New Hampshire and 83% of respondents across NCI States reported they always have adequate transportation.



This graph illustrates the typical way respondents from New Hampshire and across NCI States get places are, respectively: 20% and 43% from staff in provider vehicle; 64% and 42% from family or friends; 80% and 41% from staff in staff's car; 27% and 13% transport themselves; and 1% and 8% use public transportation.

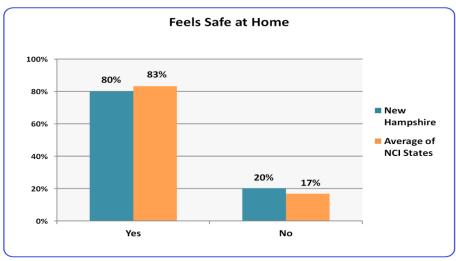


This graph illustrates 80% of respondents from New Hampshire and 83% of respondents across NCI States reported they get the services they need.

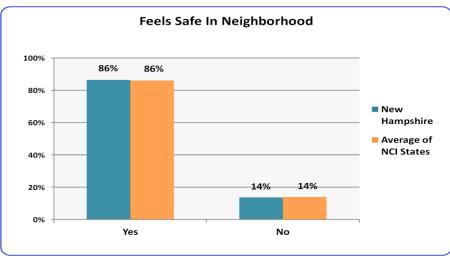


This graph illustrates 89% of respondents from New Hampshire and 92% of respondents across NCI States reported their staff have adequate training.

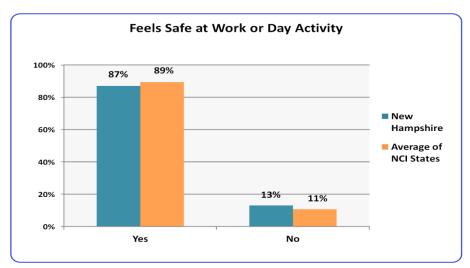
# Safety



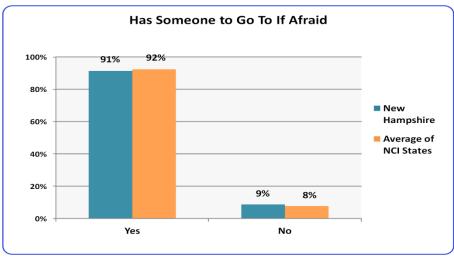
This graph illustrates 80% of respondents from New Hampshire and 83% of respondents across NCI States reported they never feel scared at home.



This graph illustrates 86% of respondents from New Hampshire and 86% of respondents across NCI States reported they never feel scared in their neighborhood.

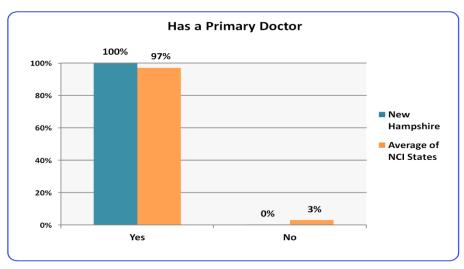


This graph illustrates 87% of respondents from New Hampshire and 89% of respondents across NCI States reported they never feel scared at their work or day activity.

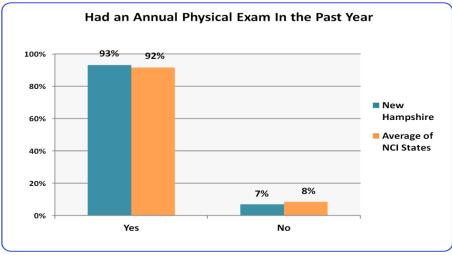


This graph illustrates 91% of respondents from New Hampshire and 92% of respondents across NCI States reported they have someone to go to for help if they feel scared.

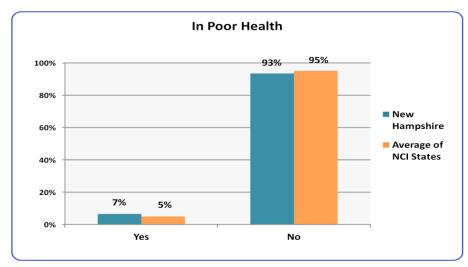
## Health



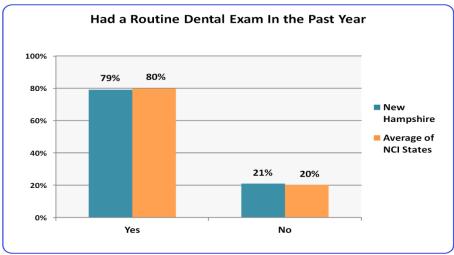
This graph illustrates 100% of respondents from New Hampshire and 97% of respondents across NCI States have a primary care doctor.



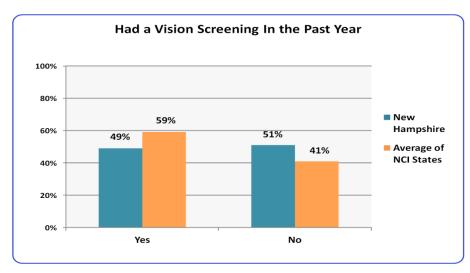
This graph illustrates 93% of respondents from New Hampshire and 92% of respondents across NCI States had a physical exam in the past year.



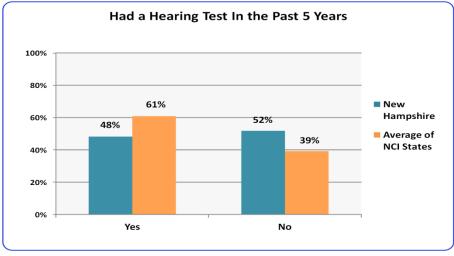
This graph illustrates 7% of respondents from New Hampshire and 5% of respondents across NCI States were reported to be in poor health.



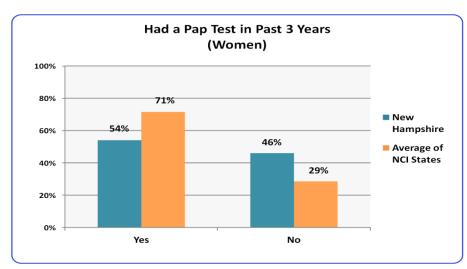
This graph illustrates 79% of respondents from New Hampshire and 80% of respondents across NCI States had a dental exam in the past year.



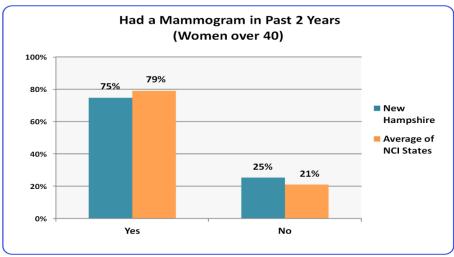
This graph illustrates 49% of respondents from New Hampshire and 59% of respondents across NCI States had a vision screening in the past year.



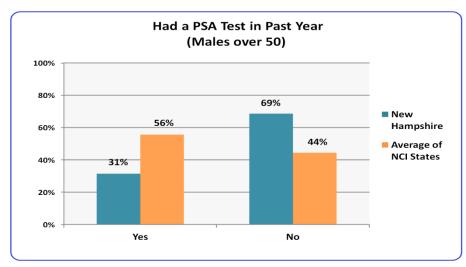
This graph illustrates 48% of respondents from New Hampshire and 61% of respondents across NCI States had a hearing test in the past five years.



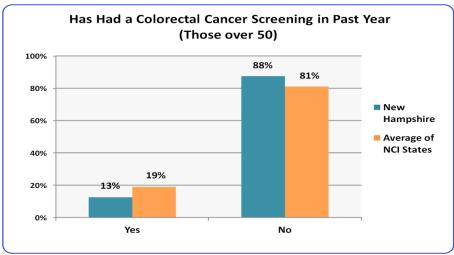
This graph illustrates of female respondents, 54% from New Hampshire and 71% across NCI States had a Pap Test in the past three years.



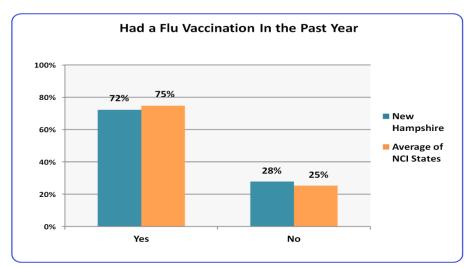
This graph illustrates of female respondents over 40, 75% from New Hampshire and 79% across NCI States had a Mammogram in the past two years.



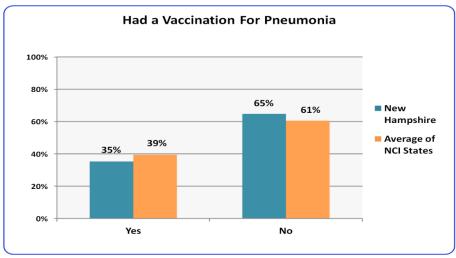
This graph illustrates of male respondents over 50, 31% from New Hampshire and 56% across NCI States had a PSA Test in the past year.



This graph illustrates of respondents over 50, 13% from New Hampshire and 19% across NCI States had a Colorectal Cancer Screening in the past year.

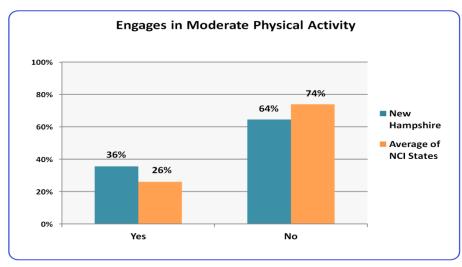


This graph illustrates 72% of respondents from New Hampshire and 75% of respondents across NCI States had a flu vaccine in the past year.

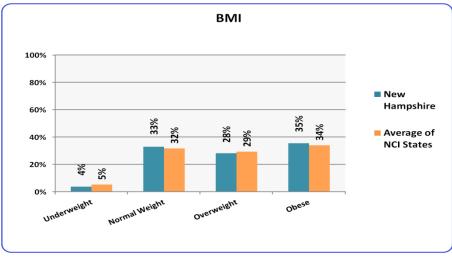


This graph illustrates 35% of respondents from New Hampshire and 39% of respondents across NCI States had ever been vaccinated for pneumonia.

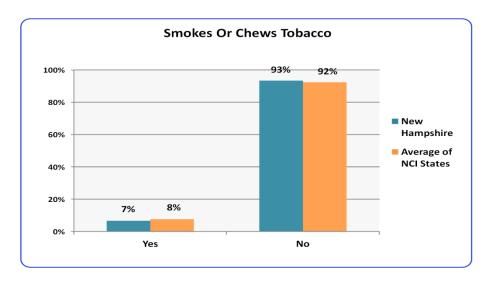
#### Wellness



This graph illustrates 36% of respondents from New Hampshire and 26% of respondents across NCI States engage in moderate physical activity (a minimum of 30 minutes of activity 3 times a week).

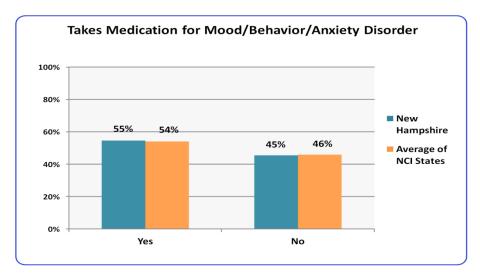


This graph illustrates based on Body Mass Index (BMI), respondents from New Hampshire and across NCI States are in the following categories, respectively: 4% and 5% underweight, 33% and 32% within a normal weight, 28% and 29% overweight, and 35% and 34% obese.



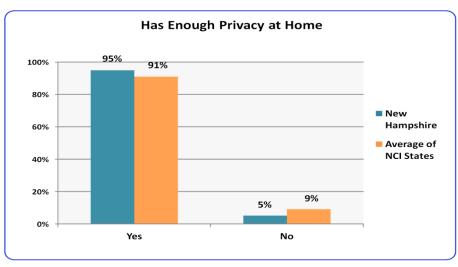
This graph illustrates 7% of respondents from New Hampshire and 8% of respondents across NCI States smoke or chew tobacco.

## Medication

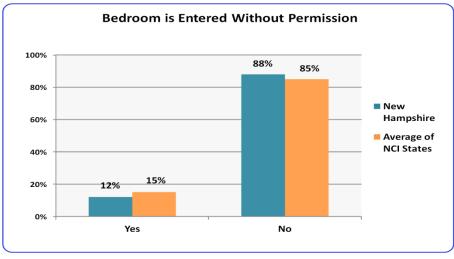


This graph illustrates 55% of respondents from New Hampshire and 54% of respondents across NCI States reportedly take at least one medication for a mood, behavior, or anxiety disorder.

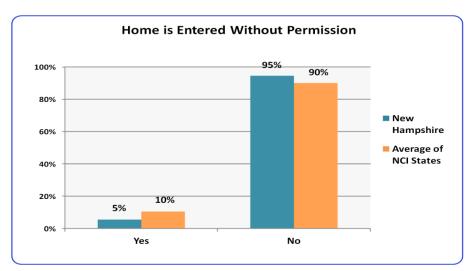
# **Rights and Respect**



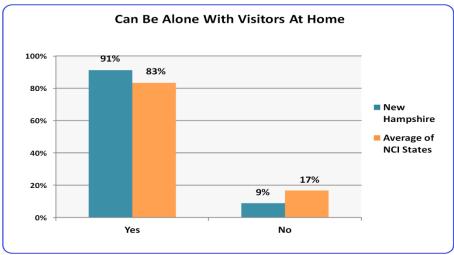
This graph illustrates 95% of respondents from New Hampshire and 91% of respondents across NCI States reported they have enough privacy at home.



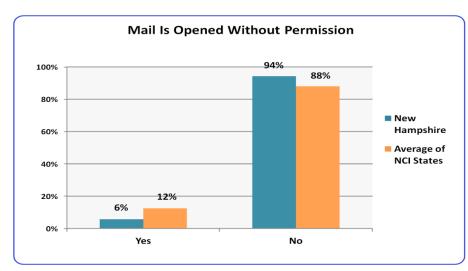
This graph illustrates 12% of respondents from New Hampshire and 15% of respondents across NCI States reported people enter their bedroom without asking permission.



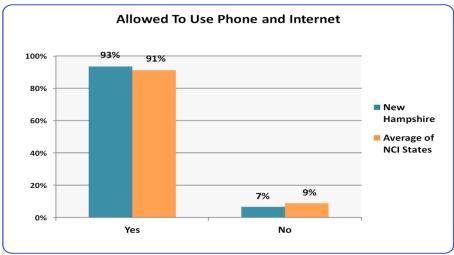
This graph illustrates 5% of respondents from New Hampshire and 10% of respondents across NCI States reported people enter their home without asking permission.



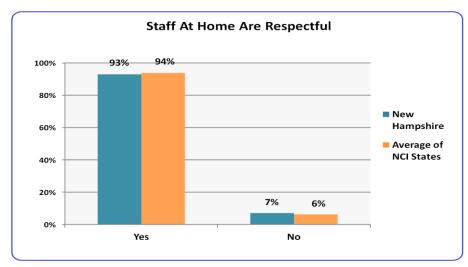
This graph illustrates 91% of respondents from New Hampshire and 83% of respondents across NCI States reported they can be alone at home with visitors.



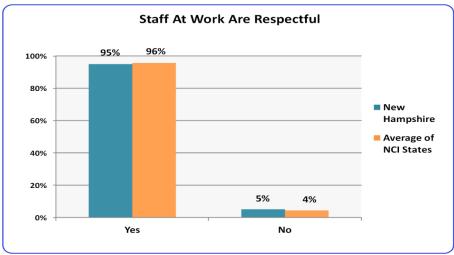
This graph illustrates 6% of respondents from New Hampshire and 12% of respondents across NCI States reported their mail or email is opened without permission.



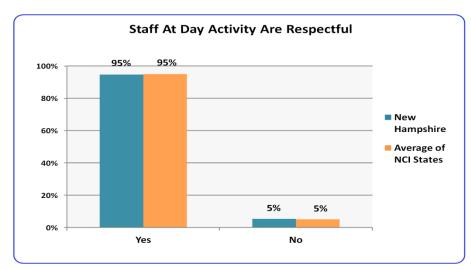
This graph illustrates 93% of respondents from New Hampshire and 91% of respondents across NCI States reported they can use the phone and internet without restrictions.



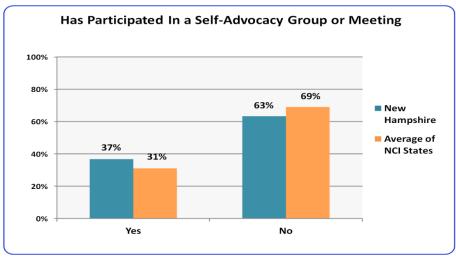
This graph illustrates 93% of respondents from New Hampshire and 94% of respondents across NCI States reported staff at home are nice and polite.



This graph illustrates 95% of respondents from New Hampshire and 96% of respondents across NCI States reported staff at their work are nice and polite.

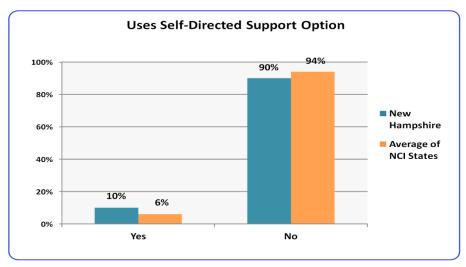


This graph illustrates 95% of respondents from New Hampshire and 95% of respondents across NCI States reported staff at their day activity are nice and polite.

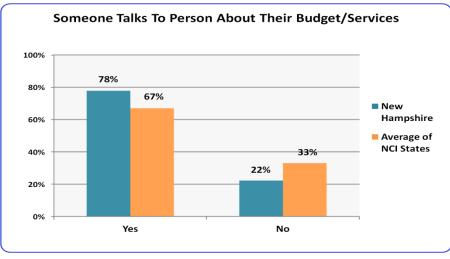


This graph illustrates 37% of respondents from New Hampshire and 31% of respondents across NCI States reported they participated in a self-advocacy event, or chose not to.

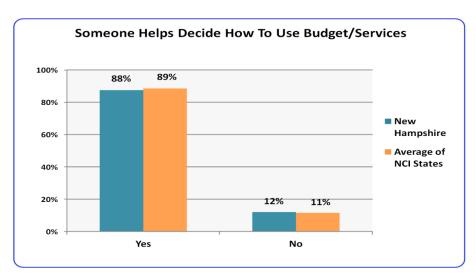
#### **Self Determination**



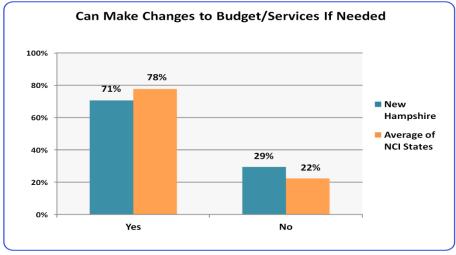
This graph illustrates 10% of respondents from New Hampshire and 6% of respondents across NCI States were using a self-directed supports option.



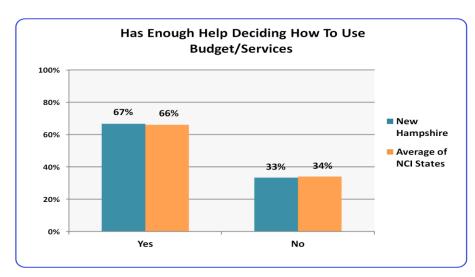
This graph illustrates of respondents using self-directed supports, 78% of respondents from New Hampshire and 67% of respondents across NCI States reported someone talks to them about their budget or services.



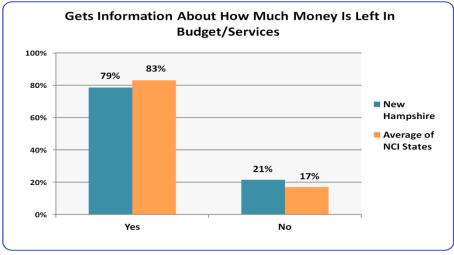
This graph illustrates of respondents using self-directed supports, 88% of respondents from New Hampshire and 89% of respondents across NCI States reported someone helps them decide how to use their budget or services.



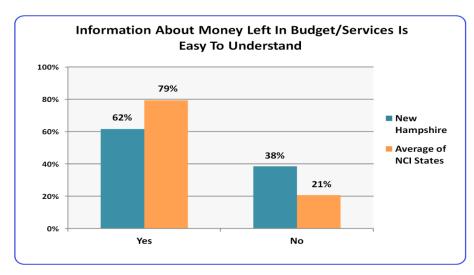
This graph illustrates of respondents using self-directed supports, 71% of respondents from New Hampshire and 78% of respondents across NCI States reported they could make changes to their budget or services if needed.



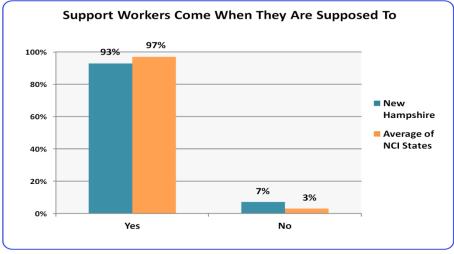
This graph illustrates of respondents using self-directed supports, 67% of respondents from New Hampshire and 66% of respondents across NCI States reported they have enough help decide how to use their budget or services.



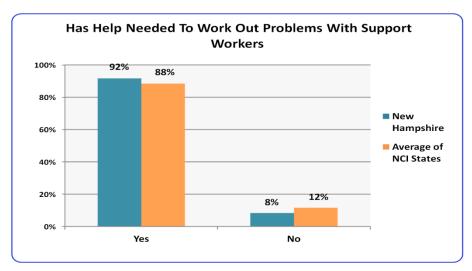
This graph illustrates of respondents using self-directed supports, 79% of respondents from New Hampshire and 83% of respondents across NCI States reported they get information about how much money is left of their budget or services.



This graph illustrates of respondents using self-directed supports and who receive information about how much money is left of budget and services, 62% of respondents from New Hampshire and 79% of respondents across NCI States reported the information they get is easy to understand.

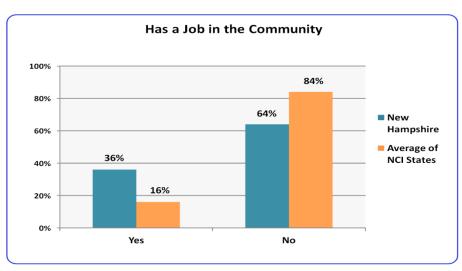


This graph illustrates of respondents using self-directed supports, 93% of respondents from New Hampshire and 97% of respondents across NCI States reported support workers come when they are supposed to.

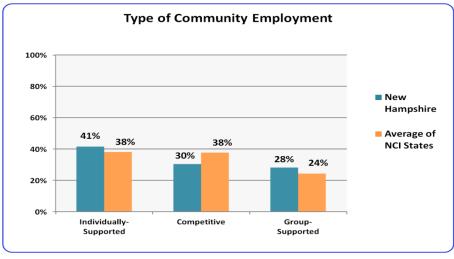


This graph illustrates of respondents using self-directed supports, 92% of respondents from New Hampshire and 88% of respondents across NCI States reported they have the help needed to work out problems they have with their support workers.

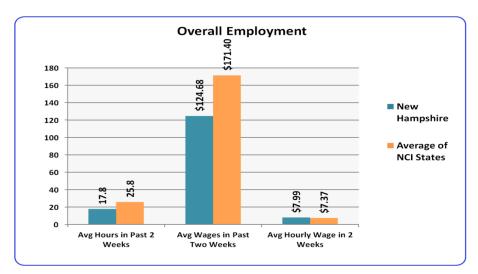
### Work



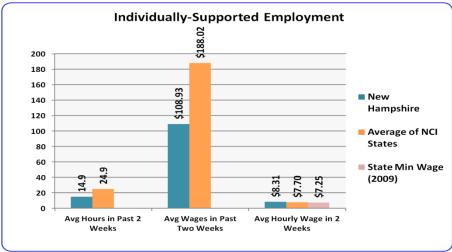
This graph illustrates 36% of respondents from New Hampshire and 16% of respondents across NCI States were working in community-based employment.



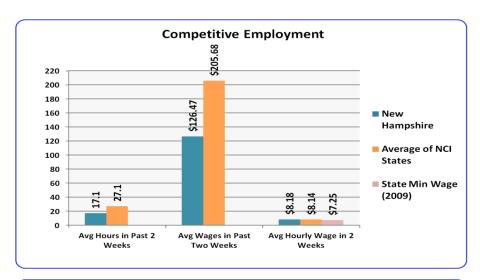
This graph illustrates the type of community-based employment respondents were in from New Hampshire and across NCI States, respectively: 41% and 38% individually-supported; 30% and 38% competitive; and 28% and 24% group-supported.



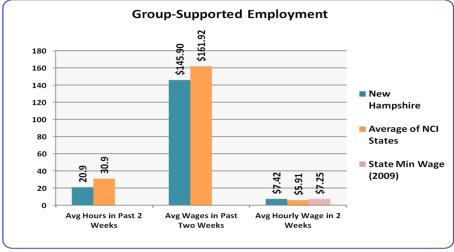
This graph illustrates all those employed, over a typical two-week period, in New Hampshire and across NCI States, respectively: work an average of 17.8 and 25.8 hours; earn an average wage of \$124.68 and \$171.40; and make an average hourly salary of \$7.99 and \$7.37.



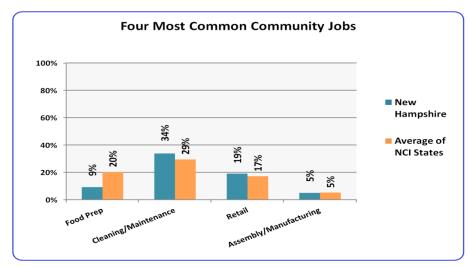
This graph illustrates those in individually-supported employment, over a typical two-week period, in New Hampshire and across NCI States, respectively: work an average of 14.9 and 24.9 hours; earn an average wage of \$108.93 and \$188.02; and make an average hourly salary of \$8.31 and \$7.70.



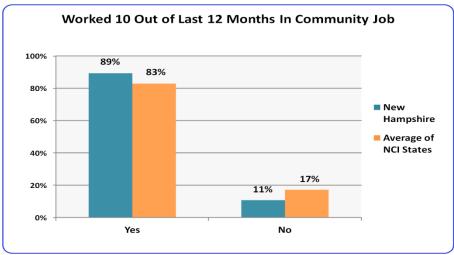
This graph illustrates those in competitive employment, over a typical two-week period, in New Hampshire and across NCI States, respectively: work an average of 17.1 and 27.1 hours; earn an average wage of \$126.47 and \$205.68; and make an average hourly salary of \$8.18 and \$8.14.



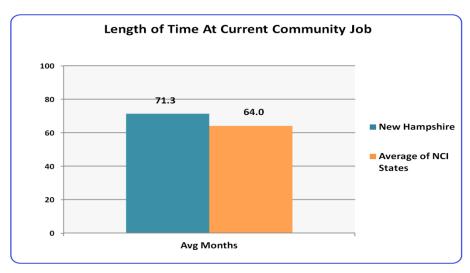
This graph illustrates those in group-supported employment, over a typical two-week period, in New Hampshire and across NCI States, respectively: work an average of 20.9 and 30.9 hours; earn an average wage of \$145.90 and \$161.92; and make an average hourly salary of \$7.42 and \$5.91.



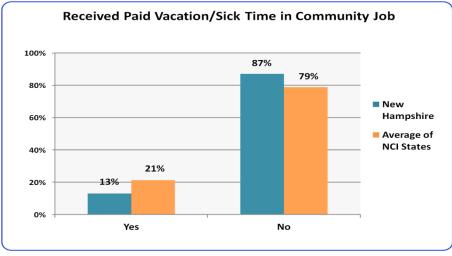
This graph illustrates of those employed the common jobs in New Hampshire and across NCI States, respectively: 9% and 20% food prep; 34% and 29% cleaning or maintenance; 19% and 17% retail; 5% and 5% assembly or manufacturing.



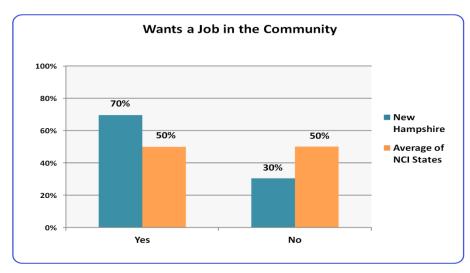
This graph illustrates 89% of respondents from New Hampshire and 83% of respondents across NCI States were working 10 out of the last 12 months in their community job.



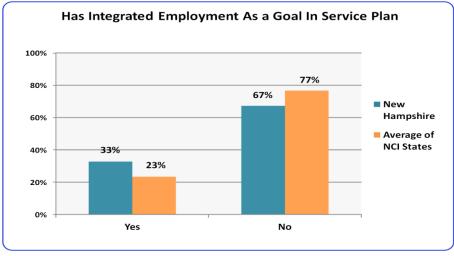
This graph illustrates, on average, respondents from New Hampshire were working in their current job for 71.3 months, and respondents across NCI States were working in their current job for 64.0 months.



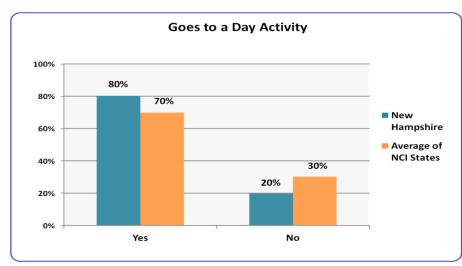
This graph illustrates 13% of respondents from New Hampshire and 21% of respondents across NCI States received paid vacation or sick time.



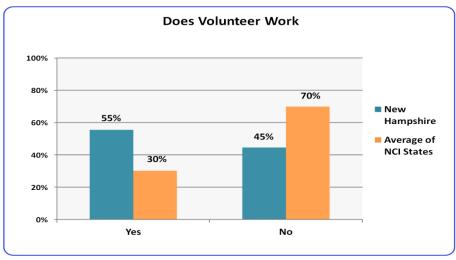
This graph illustrates of those not in community employment, 70% of respondents from New Hampshire and 50% of respondents across NCI States reported they would like a job.



This graph illustrates, 33% of respondents from New Hampshire and 23% of respondents across NCI States have integrated employment as a goals in their service plan.



This graph illustrates, 80% of respondents from New Hampshire and 70% of respondents across NCI States reported they have a day activity.



This graph illustrates, 55% of respondents from New Hampshire and 30% of respondents across NCI States reported they did volunteer work.

## **Summary**

Recommendations/best practices for interpreting results:

- The NCI State Report allows the state to compare its own results against the average across all NCI states reporting for that particular year.
- The NCI State Report will be generated on an annual basis, enabling states to track system-level changes in performance and outcomes over time as well as in relation to the average across all NCI states.

#### Cautions:

- All the data presented in this report are "raw" data, meaning no statistical testing was performed. For individual state-to-state comparisons, please refer to the 2010-10 NCI Consumer Survey Report, which is posted on the NCI website (<a href="http://www.nationalcoreindicators.org">http://www.nationalcoreindicators.org</a>).
- A few of these charts show results for questions that had a small number of survey responses (e.g., questions on self-directed supports). To locate the n's (number of responses) for each question, please review the aforementioned 2010-11 NCI Consumer Survey Report.

To review additional NCI reports, visit <a href="http://www.nationalcoreindicators.org">http://www.nationalcoreindicators.org</a>.

For further information regarding this State Report, please contact Josh Engler at <a href="mailto:jengler@hsri.org">jengler@hsri.org</a>.